SugoSure is a complete programme which supports and guides you to achieve better self-management of your diabetes while at the same time assists your doctor with timely remote data for better clinical decisionmaking.

SugoSure includes use of the Patient App, coaching by your nursing-registered health coach and remote monitoring by your doctor.

Following an initial 2-week assessment, your health coach will develop a Lifestyle Plan to complement your doctor's Clinical Plan.

The system then gives your reminders, feedback and alerts which, together with advice and support from your health coach, help you stick to your plans and achieve your targets. All for around a \$ a day, paid in 3-monthly subscription terms.

Beta Testing of SugoSure has so far shown highly promising results, with an average reduction in HbA1c of 0.8% after 3 months for patients starting with HbA1c >7.0%.





## SIMPLY A BETTER WAY TO MANAGE DIABETES

All patient data is kept strictly confidential and is managed in accordance with ConnectedHealth's published Privacy Policy and requirements of the Personal Data Protection Act 2012.

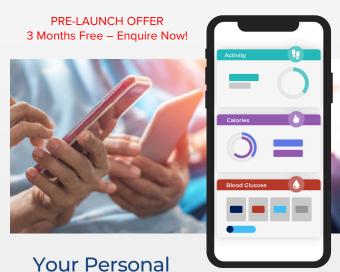
SugoSure is brought to you by



81 Ayer Rajah Crescent #03-59 Singapore 139967 Tel +65 6931 1522

connhealth.com | sugosure.com





SugoSure is an innovative, comprehensive and evidence-based digital health system for patients with Type 2 Diabetes.

**Diabetes Companion** 

Benefit from the programme that is set to define the future of diabetes care.

## Ask your doctor about SugoSure

Then register with us through this QR code to access videos and full patient resources.





## Take Control of your Diabetes!

Diabetes is a complex condition which requires patients to take an active role in self-management to achieve the best outcomes.

SugoSure gives you the support and guidance you need to take control of your diabetes, built around best-practice clinical protocols which have been shown to result in better long-term patient outcomes.

"Previously, I didn't have tools like SugoSure and wasn't aware of the importance of managing my diabetes well – I was just 'going along in life'.

Now with SugoSure, I have the tools and support to get things under control. I am more conscious of what I need to do and make a concerted effort to try and reach my goals."

Beta Test Patient MF after 9th months of SugoSure use

## ConnectedHealth's cloud-based Clinical Data Platform provides:



...tracking for a full range of lifestyle and diabetes control indicators





...reminders, notifications and alerts to patients and physicians

...feedback and decision support based on clinical data patterns

