
Meet your Nurse Practitioner

Teresa McCartney

Teresa brings to the table a unique perspective, having first-hand knowledge of what it's like to personally care for a family member living at home and transitioning their care across settings to transitional care unit, long-term care, and finally, hospice. She knows that seniors and their families want someone on their team who listens with compassion, empathy, respect, and provides creative solutions across the health care delivery to keep people healthy and independent.

With more than 20 years of nursing experience, Teresa's spark comes from making a difference in the lives of her senior clients. She believes their smiles and conversations make her day better. But it's also her approach to 'care' that makes the difference as she holistically delivers the right support when people need it to achieve not only their health goals, but life ones as well.

Her biggest success in her nursing career was becoming a nurse practitioner. What sparks Teresa when she's not working with you? Traveling and being outdoors – ask her where her favorite spots to travel have been. She'd be open to swapping a few travel tips!

Teresa's Professional Experience:

Member, American Association of Nurse Practitioners

*Cardiac, Step Down and Transplant RN,
University of Minnesota Health*

Nurse Practitioner, North Memorial Total Care for Seniors



PERSONAL INTERESTS

Outdoor activities,
traveling

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