
Meet your Nurse Practitioner

Jill Titze

Jill has been a nurse for more than 17 years and she wants her clients to know that having a good experience is possible at every age, even amid challenging or difficult circumstances. It's creating those experiences for seniors, even at end-of-life, that she believes is the most rewarding part of her job.

Jill's wide range of nursing experience across the healthcare system from nursing homes to medical ICU to oncology has given her a deep knowledge of how to provide the best care for any situation a client is facing. What she loves most about her current nursing role is that her passion for geriatrics is shared among an entire team and that is something she's found to be unique in healthcare. Working along-side so many like-minded caregivers is exciting and why together, her team can put a spark in clients' eyes.

As people live longer and with more chronic and multiple medical conditions, the one thing Jill hopes to share with her clients is that there is more to life than living in a health system that focuses only on their disease or illness. It's why Jill's biggest priority is 'kicking' out the notion that living with a spark isn't possible. Ask her about it. Aside from being a nurse, Jill is also a kickboxing, strength, and nutritional coach – she can share tips with you on all aspects of living well!

Jill's Professional Experience:

*RN Acute Care for the Elderly Unit (ACE),
Mount Sinai Hospital, NYC*

*RN MICU and NP Oncology,
Rush University, Chicago*

*Nurse Practitioner, Geriatrics,
Rush Oak Park, Oak Park, IL*



PERSONAL INTERESTS

Health and wellness, spending time with her husband and two young daughters, biking, playing games, boating, hiking, and watching movies.

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