
Meet your Nurse Practitioner

Chelsie Seth, CNP

Chelsie learned early in her healthcare career that she enjoys spending time with and caring for seniors. Nearly two decades later, she has helped many people age with grace and dignity. Chelsie first encountered Lifesprk's innovative approach to healthcare while she was working for a more traditional system of hospitals and clinics. Before long, she came to understand that the Lifesprk team's passion for healthy aging, and for providing quality of life for all seniors, aligned so well with her own that she decided to become a part of it.

Today, Chelsie's goals as a Lifesprk Nurse Practitioner are to help clients better understand their personal health situation, identify their opportunities for aging magnificently, and then work together with them and their families to create a collaborative plan for living their best, most sparked life. She feels that every day she can positively impact someone's life is a successful one.

When she is not working with clients, Chelsie recharges by spending time in the great outdoors, hunting, fishing, and camping. And she spends time with her family, and often works alongside them on their Christmas tree farm, which also boasts strawberry and pumpkin patches.

Chelsie's Professional Experience:

Nurse Practitioner, Ridgeview Hospitals and Clinics
Nurse Practitioner, Allina Senior Care



PERSONAL INTERESTS

Spending time with family; working on their Christmas tree farm, strawberry and pumpkin patch; fishing, hunting, camping.

CONTACT INFO

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