

---

# Dr. Rahul Tamhane

## Physician

Improving care for seniors is Dr. Tamhane's most important goal. He believes that the best care for people in the second half of life is not only science- and evidence-based, but also is tailored to every individual based on their personal goals and wishes. This holistic approach takes a bit more time, he says, but it makes a huge difference in overall wellbeing, for seniors more than for any other age group.

Dr. Tamhane brings more than 20 years of healthcare experience to Lifesprk, most recently as a private practice hospitalist. He has held several leadership roles throughout his career, and was named a Top Doctor by Minnesota Monthly magazine in 2020. He appreciates that everyone at Lifesprk shares the same goals and passion for helping seniors live their very best "sparked" life.

Outside of work, he is a passionate golfer who also enjoys travel, and finds his spark by spending time with his wife and children.



### PERSONAL INTERESTS

Golf, travel, scuba diving

### CONTACT INFO

PH: 952-345-3213

