

# November 2021– Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1<sup>st</sup> Floor Locations</b>                      MDR = Main Dining Room                      BI = Bistro                      EK = Exhibition Kitchen                      KC = Kingsley Club                      CY = Courtyard</p> <p><b>2<sup>nd</sup> Floor Locations</b>                      EC = Events Center                      FC = Fitness Center                      LB = Library                      TH = Theater                      AS = Art Studio                      LP = Library Patio</p>	<p><b>1</b>                      9:30a Bus: Cub/Target                      10:00a Silver &amp; Fit Experience– FC                      11:00a Prize Bingo-EC                      1:00p Hooks &amp; Needles-AS                      1:00p Card Games– Bridge– GR                      2:00p Community Update Meeting &amp; Method Rehab Presentation– EC                      3:00p Netflix: Medal of Honor Episode 1-TH                      6:00p Men’s Poker– GR                      7:00p Movie- TH</p>	<p><b>2 Election Day</b>                      9-12 Open Woodshop                      10:00a Chair Yoga– FC                      9:45a Women’s Bible Study– AS                      10:30a Side by Side– EC                      11:00a Outing: Harry’s Kitchen                      1:00p Card Games– Bridge– BI                      1:00p Open Wii Bowling– AS                      1:00p Wii Bowling League– KC                      2:00p Wii Bowling League– KC                      4:00p Grab and Go Wine– EK                      6:00p Card Games– Hand and Foot– GR                      7:00p Movie– TH</p>	<p><b>3</b>                      9:30 &amp; 10:00a Circuit Balance – FC                      10:00a <b>NO</b> Bus: Walmart/Aldi                      10:30a Art w/ Life Enrichment– AS                      10:30a Parkinson’s Exercise w/ Nick– FC                      1:00p Open Wii Bowling– AS                      1:30p Chef Talk w/ Amber &amp; Joleen– MDR                      2:00p Catholic Mass w/ All Saints Church– EC                      3:00p Yahtzee- AS                      6:00p Card Games- Pinochle and Bridge- BI                      7:00p Movie- TH</p>	<p><b>4</b>                      9:30 &amp; 10:00a Circuit Strength– FC                      10:30a Bible Study w/Karl– EC                      1:00p How to Wii Bowl w/ Emily– AS                      1:00p Wii Bowling League– KC                      1:30p Wii Bowling League– KC                      2:00p Bunco– AS                      7:00p Dime Bingo-EC                      7:00p Movie- TH</p>	<p><b>5</b>                      10:00a Better Balance– FC                      10:30a Catholic Com &amp; Rosary – EC                      12:30p Cribbage– BI                      1:00p Bean Bag Toss– AS                      2:00p Happy Hour– KC                      3:00p Cards (players choice)- BI                      6:00p Card Games: Pinochle– BI                      6:00p Women’s Poker– GR                      7:00p Movie- TH</p>	<p><b>6</b>                      1:00p Movie– TH                      1:30p Dime Bingo– EC                      2:30p Group Coloring– AS                      7:00p Movie- TH</p>
<p><b>7 Daylight Savings</b>                      8-11a Bus: Church Service Rides                      1:00p Movie– Th                      1:00p Card Games– 500– BI                      2:00p Mexican Train Dominoes– GR                      7:00p Movie- TH</p>	<p><b>8</b>                      9:30a Bus: Cub/Target                      10:00a Silver &amp; Fit Experience– FC                      11:00a Prize Bingo-EC                      1:00p Hooks &amp; Needles-AS                      1:00p Card Games– Bridge– GR                      3:00p Netflix: Medal of Honor Episode 2-TH                      6:00p Men’s Poker– GR                      7:00p Movie- TH</p>	<p><b>9</b>                      9-12 Open Woodshop                      10:00a Chair Yoga– FC                      10:00a Zoom Art &amp; Coffee: Dance– AS or Your Apartment                      10:30a Side by Side– EC                      1:00p Card Games– Bridge– BI                      1:00p Open Wii Bowling– AS                      1:00p Wii Bowling League– KC                      2:00p Wii Bowling League– KC                      4:00p Grab and Go Wine– EK                      6:00p Card Games– Hand and Foot– GR                      7:00p Movie– TH</p>	<p><b>10</b> 9:30 &amp; 10:00a Circuit Balance– FC                      10:00a Ambassador Meeting– EC                      10:00a Bus: Walmart/Aldi                      10:30a Art w/ Life Enrichment– AS                      10:30a Parkinson’s Voice w/ Emily– TH                      1:00p Open Wii Bowling– AS                      2:00p Worship &amp; Holy Communion w/ Pastor Karl– EC                      3:00p Heslip’s 70th Wedding Anniversary Celebration– EC                      3:00p Yahtzee- AS                      6:00p Card Games- Pinochle and Bridge- BI                      7:00p Movie- TH</p>	<p><b>11 Veterans Day</b>                      9:30 &amp; 10:00a Circuit Strength– FC                      10:00a Veterans Day Program w/ Music from All Saints-EC                      1:00p Wii Bowling League– KC                      1:30p Wii Bowling League– KC                      2:00p Outing: Lakeville North High School Presents Annie                      2:00p Bunco– AS                      3:00p Sequence Card Game– GR                      7:00p Dime Bingo-EC                      7:00p Movie- TH</p>	<p><b>12</b>                      10:00a <b>NO</b> Chair Yoga– FC                      10:30a Catholic Com &amp; Rosary – EC                      12:30p Cribbage– BI                      1:00p Bean Bag Toss– AS                      2:00p Happy Hour– KC                      3:00p Cards (players choice)- BI                      6:00p Card Games: Pinochle– BI                      6:00p Women’s Poker– GR                      7:00p Movie- TH</p>	<p><b>13</b>                      1:00p Movie– TH                      1:30p Dime Bingo– EC                      2:30p Group Coloring– AS                      7:00p Movie- TH</p>
<p><b>14</b>                      8-11a Bus: Church Service Rides                      11-1p Brunch Buffet– MDR                      1:00p Movie– Th                      2:00p Mexican Train Dominoes– GR                      7:00p Movie- TH</p>	<p><b>15</b>                      9:30a Bus: Cub/Target                      10:00a <b>NO</b> Silver &amp; Fit Experience– FC                      11:00a Prize Bingo-EC                      11:00a Outing: Eagan Outlets* (weather permitting)                      1:00p Card Games– Bridge– GR                      1:00p Hooks &amp; Needles-AS                      3:00p Netflix: Medal of Honor Episode 3-TH                      6:00p Men’s Poker– GR                      7:00p Movie- TH</p>	<p><b>16</b>                      9-12 Open Woodshop                      10:00a <b>NO</b> Chair Yoga– FC                      10:30a Side by Side– EC                      1:00p Card Games– Bridge– BI                      1:00p Open Wii Bowling– AS                      1:00p Wii Bowling League– KC                      2:00p Wii Bowling League– KC                      4:00p Grab and Go Wine– EK                      6:00p Card Games– Hand and Foot– GR                      7:00p Movie– TH</p>	<p><b>17</b> 9:30a Women’s Breakfast– MDR                      9:30 &amp; 10:00a Circuit Balance– FC                      10:00a Bus: Walmart/Aldi                      10:30a Art w/ Life Enrichment– AS                      10:30a Parkinson’s Exercise w/ Nick– TH                      1:00p Open Wii Bowling– AS                      1:00-2:30p Heritage Library– EK                      1:30p Chef Talk w/ Amber &amp; Joleen– MDR                      2:00p Pastor Tom Olson from MN Valley Church-EC                      3:00p Yahtzee- AS                      6:00p Card Games- Pinochle and Bridge- BI                      7:00p Movie- TH</p>	<p><b>18</b>                      9:30 &amp; 10:00a Circuit Strength– FC                      10:30a Bible Study w/Karl– EC                      1:00p How to Wii Bowl w/ Emily– AS                      1:00p Wii Bowling League– KC                      1:30p Wii Bowling League– KC                      2:00p Sweets w/ Shelley– EK                      3:00p Scrabble– GR                      7:00p Dime Bingo-EC                      7:00p Movie- TH</p>	<p><b>19</b>                      10:00a Better Balance– FC                      10:30a Catholic Com &amp; Rosary – EC                      12:30p Cribbage– BI                      1:00p Bean Bag Toss– AS                      2:00p Thanksgiving Happy Hour– KC                      3:00p Cards (players choice)- BI                      6:00p Card Games: Pinochle– BI                      6:00p Women’s Poker– GR                      7:00p Movie- TH</p>	<p><b>20</b>                      10:00a Pastimes Café– BI                      1:00p Movie– TH                      1:30p Dime Bingo– EC                      2:30p Group Coloring– AS                      7:00p Movie- TH</p>

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<b>21</b> 8-11a Bus: Church Service Rides 1:00p Movie– Th 1:00p Card Games– 500– BI 2:00p Mexican Train Dominoes– GR 7:00p Movie- TH	<b>22</b> 9:30a Bus: Cub/Target 10:00a Silver & Fit Experience – FC 11:00a <b>Outing: The Misfits Collective</b> 11:00a Prize Bingo-EC 1:00p Hooks & Needles-AS 1:00p Card Games– Bridge– GR 3:00p Netflix: Medal of Honor Episode 4-TH 6:00p Men’s Poker– GR 7:00p Movie– TH	<b>23</b> 9-12 Open Woodshop 10:00a Chair Yoga– FC 10:30a <b>Side by Side– EC</b> 1:00p Card Games– Bridge– BI 1:00p Open Wii Bowling– AS 1:00p Wii Bowling League– KC 2:00p Wii Bowling League– KC 4:00p Grab and Go Wine– EK 6:00p Card Games– Hand and Foot– GR 7:00p Movie– TH	<b>24</b> 9:30 & 10:00a Circuit Balance– FC 10:00a Bus: Walmart/Aldi 10:30a <b>Worship w/ Pastor Karl– EC</b> 10:30a Parkinson’s Voice w/ Tiffany– TH 1:00p Open Wii Bowling– AS 2:00 <b>Happy Hour w/ Michael Riddle– EC</b> 3:00p <b>SafeCare Resident Advocacy Group w/ Sara– TH</b> 3:00p Yahtzee- AS 4:30p <b>Dementia Support Group– KC</b> 6:00p Card Games- Pinochle and Bridge- BI 7:00p Movie- TH	<b>25 Thanksgiving Day</b> 9:30 & 10:00a <b>NO</b> Circuit Strength– FC  7:00p Dime Bingo-EC 7:00p Movie- TH	<b>26</b> 10:00a <b>NO</b> Better Balance– FC 10:30a Catholic Com & Rosary – EC 12:30p Cribbage– BI 1:00p Bean Bag Toss– AS 3:00p Cards (players choice)- BI 6:00p Card Games: Pinochle– BI 6:00p Women’s Poker– GR 7:00p Movie- TH	<b>27</b> 1:00p Movie– TH 1:30p Dime Bingo– EC 2:30p Group Coloring– AS 7:00p Movie- TH
<b>28 Hanukkah Begins</b> 8-11a Bus: Church Service Rides 11-1p Brunch Buffet– MDR 1:00p Movie– Th 2:00p Mexican Train Dominoes– GR 7:00p Movie- TH	<b>29</b> 9:30a Bus: Cub/Target 10:00a Silver & Fit Experience – FC 11:00a Prize Bingo-EC 11:00a <b>Outing: Mystic Lake</b> 1:00p Hooks & Needles-AS 1:00p Card Games– Bridge– GR 2:00p <b>Christmas Moments to Remember by Mike Henry-EC</b> 3:00p Netflix: Medal of Honor Episode 5-TH 6:00p Men’s Poker– GR 7:00p Movie– TH	<b>30 Birthday Dinner</b> 9-12 Open Woodshop 10:00a Chair Yoga– FC 10:30a <b>NO Side by Side– EC</b> 11:00a <b>Outing: Mini Nutcracker</b> 1:00p <b>Book Club Book Discussion– GR</b> 1:00p Card Games- Bridge– BI 1:00p Open Wii Bowling– AS 1:00p Wii Bowling League– KC 2:00p Wii Bowling League– KC 4:00p Grab and Go Wine– EK 6:00p Card Games– Hand and Foot– GR 7:00p Movie– TH	<b>December 1</b> 9:30 & 10:00a Circuit Balance – FC 10:00a Bus: Walmart/Aldi 10:30a <b>Art w/ Life Enrichment– AS</b> 10:30a Parkinson’s Exercise w/ Nick– FC 1:00p Open Wii Bowling– AS 2:00p <b>Catholic Mass w/ All Saints Church– EC</b> 3:00p Yahtzee- AS 6:00p Card Games- Pinochle and Bridge- BI 7:00p Movie- TH	<b>December 2</b> 9:30 & 10:00a Circuit Strength– FC 1:00p <b>How to Wii Bowl w/ Emily– AS</b> 1:00p Wii Bowling League– KC 1:30p Wii Bowling League– KC 2:00p Bunco– AS 3:00p Sequence Card Game– GR 7:00p Dime Bingo-EC 7:00p Movie- TH	<b>December 3</b> 10:00a Better Balance– FC 10:30a Catholic Com & Rosary – EC 12:30p Cribbage– BI 1:00p Bean Bag Toss– AS 2:00p <b>Happy Hour w/ Tim Patrick– EC</b> 3:00p Cards (players choice)- BI 6:00p Card Games: Pinochle– BI 6:00p Women’s Poker– GR 7:00p Movie- TH	<b>December 4</b> 1:00p Movie– TH 1:30p Dime Bingo– EC 2:30p Group Coloring– AS 7:00p Movie- TH

**Be Sure to Sign up for:**  
**(Sign up book located on counter in mail room)**  
 Church Bus– Every Sunday  
 Cub & Target Bus– Every Monday  
 Walmart & Aldi Bus– Every Wednesday  
 11.2 Harry’s Kitchen  
 11.11 Annie at Lakeville High School  
 11. 15 Eagan Outlets (weather permitting)  
 11.22 The Misfits Collective  
 11.29 Mystic Lake  
 11.20 Mini Nutcracker

**Veteran’s Day Program**  
 Thursday, November 11th  
 10am Event Center  
 Join us for a special program honoring our Veterans at Highview Hills with patriotic music from All Saints Catholic Church

**Jack and Lucy Celebrate 70 years Together!**  
 Wednesday, November 10th  
 3 pm Event Center  
 Stop by the Event Center to wish Jack and Lucy Heslip happy 70th wedding anniversary! Family will be providing cake to celebrate!

**Women’s Breakfast**  
 Wednesday,  
 November 17<sup>th</sup>  
 9:30 a.m.  
 Main Dining Room  
 Sign Up In Mail Room  
 Free to HVH Residents

Heritage Library has returned!  
 Book returns, check-outs or acquiring a library card can happen during this visit.  
 Wednesday, Nov. 17  
 1-2:3pm Exhibition Kitchen  
