

November 2021– Care Suites



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1st Floor Locations MDR = Main Dining Room BI = Bistro EK = Exhibition Kitchen KC = Kingsley Club CY = Courtyard</p> <p>2nd Floor Locations EC = Events Center FC = Fitness Center LB = Library TH = Theater AS = Art Studio LP = Library Patio</p>	<p>1</p> <p>10:00a Silver & Fit Experience– FC 11:00a Prize Bingo-EC 1:00p Hooks & Needles-AS 1:00p Card Games– Bridge– GR 2:00p Community Update Meeting & Method Rehab Presentation– EC 3:00p Netflix: Medal of Honor Episode 1-TH 6:00p Men’s Poker– GR 7:00p Movie- TH</p>	<p>2 Election Day</p> <p>10:00a Chair Yoga– FC 9:45a Women’s Bible Study– AS 10:30a Side by Side– EC 1:00p Card Games– Bridge– BI 1:00p Open Wii Bowling– AS 1:00p Wii Bowling League– KC 2:00p Wii Bowling League– KC 4:00p Grab and Go Wine– EK 6:00p Card Games– Hand and Foot– GR 7:00p Movie– TH</p>	<p>3</p> <p>9:30 & 10:00a Circuit Balance – FC 10:30a Art w/ Life Enrichment– AS 10:30a Parkinson’s Exercise w/ Nick– FC 1:00p Open Wii Bowling– AS 1:30p Chef Talk w/ Amber & Joleen– MDR 2:00p Catholic Mass w/ All Saints Church– EC 3:00p Yahtzee- AS 6:00p Card Games- Pinochle and Bridge- BI 7:00p Movie- TH</p>	<p>4</p> <p>9:30 & 10:00a Circuit Strength– FC 10:30a Bible Study w/Karl– EC 1:00p How to Wii Bowl w/ Emily– AS 1:00p Wii Bowling League– KC 1:30p Wii Bowling League– KC 2:00p Bunco– AS 7:00p Dime Bingo-EC 7:00p Movie- TH</p>	<p>5</p> <p>10:00a Better Balance– FC 10:00a Book Reading by Sue – This Tender Land 10:30a Catholic Com & Rosary – EC 12:30p Cribbage– BI 1:00p Bean Bag Toss– AS 2:00p Happy Hour– KC 3:00p Cards (players choice)- BI 6:00p Card Games: Pinochle– BI 6:00p Women’s Poker– GR 7:00p Movie- TH</p>	<p>6</p> <p>1:00p Movie– TH 1:30p Dime Bingo– EC 2:30p Group Coloring– AS 7:00p Movie- TH</p>
<p>7 Daylight Savings</p> <p>1:00p Movie– Th 1:00p Card Games– 500– BI 2:00p Mexican Train Dominoes– GR 7:00p Movie- TH</p>	<p>8</p> <p>10:00a Silver & Fit Experience– FC 11:00a Prize Bingo-EC 1:00p Hooks & Needles-AS 1:00p Card Games– Bridge– GR 3:00p Netflix: Medal of Honor Episode 2-TH 6:00p Men’s Poker– GR 7:00p Movie- TH</p>	<p>9</p> <p>10:00a Chair Yoga– FC 10:00a Zoom Art & Coffee: Dance– AS or Your Apartment 10:30a Side by Side– EC 1:00p Card Games– Bridge– BI 1:00p Open Wii Bowling– AS 1:00p Wii Bowling League– KC 2:00p Wii Bowling League– KC 4:00p Grab and Go Wine– EK 6:00p Card Games– Hand and Foot– GR 7:00p Movie– TH</p>	<p>10 9:30 & 10:00a Circuit Balance– FC 10:00a Ambassador Meeting– EC 10:30a Art w/ Life Enrichment– AS 10:30a Parkinson’s Voice w/ Emily– TH 1:00p Open Wii Bowling– AS 2:00p Worship & Holy Communion w/ Pastor Karl- EC 3:00p Heslip’s 70th Wedding Anniversary Celebration– EC 3:00p Yahtzee- AS 6:00p Card Games- Pinochle and Bridge- BI 7:00p Movie- TH</p>	<p>11 Veterans Day</p> <p>9:30 & 10:00a Circuit Strength– FC 10:00a Veterans Day Program w/ Music from All Saints-EC 1:00p Wii Bowling League– KC 1:30p Wii Bowling League– KC 2:00p Outing: Lakeville North High School Presents Annie 2:00p Bunco– AS 3:00p Sequence Card Game– GR 7:00p Dime Bingo-EC 7:00p Movie- TH</p>	<p>12</p> <p>10:00a NO Chair Yoga– FC 10:00a Book Reading by Sue – This Tender Land 10:30a Catholic Com & Rosary – EC 12:30p Cribbage– BI 1:00p Bean Bag Toss– AS 2:00p Happy Hour– KC 3:00p Cards (players choice)- BI 6:00p Card Games: Pinochle– BI 6:00p Women’s Poker– GR 7:00p Movie- TH</p>	<p>13</p> <p>1:00p Movie– TH 1:30p Dime Bingo– EC 2:30p Group Coloring– AS 7:00p Movie- TH</p>
<p>14</p> <p>11-1p Brunch Buffet– MDR 1:00p Movie– Th 2:00p Mexican Train Dominoes– GR 7:00p Movie- TH</p>	<p>15</p> <p>10:00a NO Silver & Fit Experience– FC 11:00a Prize Bingo-EC 1:00p Card Games– Bridge– GR 1:00p Hooks & Needles-AS 3:00p Netflix: Medal of Honor Episode 3-TH 6:00p Men’s Poker– GR 7:00p Movie- TH</p>	<p>16</p> <p>10:00a NO Chair Yoga– FC 10:30a Side by Side– EC 1:00p Card Games– Bridge– BI 1:00p Open Wii Bowling– AS 1:00p Wii Bowling League– KC 2:00p Wii Bowling League– KC 4:00p Grab and Go Wine– EK 6:00p Card Games– Hand and Foot– GR 7:00p Movie– TH</p>	<p>17</p> <p>9:30a Women’s Breakfast– MDR 9:30 & 10:00a Circuit Balance– FC 10:30a Art w/ Life Enrichment– AS 10:30a Parkinson’s Exercise w/ Nick– TH 1:00p Open Wii Bowling– AS 1:00-2:30p Heritage Library– EK 1:30p Chef Talk w/ Amber & Joleen– MDR 2:00p Pastor Tom Olson from MN Valley Church-EC 3:00p Yahtzee- AS 6:00p Card Games- Pinochle and Bridge- BI 7:00p Movie- TH</p>	<p>18</p> <p>9:30 & 10:00a Circuit Strength– FC 10:30a Bible Study w/Karl– EC 11:30 Outing: Patricks Cafe 1:00p How to Wii Bowl w/ Emily– AS 1:00p Wii Bowling League– KC 1:30p Wii Bowling League– KC 2:00p Sweets w/ Shelley– EK 3:00p Scrabble– GR 7:00p Dime Bingo-EC 7:00p Movie- TH</p>	<p>19</p> <p>10:00a Better Balance– FC 10:00a Book Reading by Sue – This Tender Land 10:30a Catholic Com & Rosary – EC 12:30p Cribbage– BI 1:00p Bean Bag Toss– AS 2:00p Thanksgiving Happy Hour– KC 3:00p Cards (players choice)- BI 6:00p Card Games: Pinochle– BI 6:00p Women’s Poker– GR 7:00p Movie- TH</p>	<p>20</p> <p>10:00a Pastimes Café– BI 1:00p Movie– TH 1:30p Dime Bingo– EC 2:30p Group Coloring– AS 7:00p Movie– TH</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 1:00p Movie– Th 1:00p Card Games– 500– BI 2:00p Mexican Train Dominoes– GR 7:00p Movie– TH	22 10:00a Silver & Fit Experience – FC 11:00a Prize Bingo–EC 1:00p Hooks & Needles–AS 1:00p Card Games– Bridge– GR 3:00p Netflix: Medal of Honor Episode 4–TH 6:00p Men’s Poker– GR 7:00p Movie– TH	23 10:00a Chair Yoga– FC 10:30a Side by Side– EC 1:00p Card Games– Bridge– BI 1:00p Open Wii Bowling– AS 1:00p Wii Bowling League– KC 2:00p Wii Bowling League– KC 4:00p Grab and Go Wine– EK 6:00p Card Games– Hand and Foot– GR 7:00p Movie– TH	24 9:30 & 10:00a Circuit Balance– FC 10:30a Worship w/ Pastor Karl– EC 10:30a Parkinson’s Voice w/ Tiffany– TH 1:00p Open Wii Bowling– AS 2:00 Happy Hour w/ Michael Riddle– EC 3:00p SafeCare Resident Advocacy Group w/ Sara– TH 3:00p Yahtzee– AS 4:30p Dementia Support Group– KC 6:00p Card Games– Pinochle and Bridge– BI 7:00p Movie– TH	25 Thanksgiving Day 9:30 & 10:00a NO Circuit Strength– FC  7:00p Dime Bingo–EC 7:00p Movie– TH	26 10:00a NO Better Balance– FC 10:00a Book Reading by Sue – This Tender Land 10:30a Catholic Com & Rosary – EC 12:30p Cribbage– BI 1:00p Bean Bag Toss– AS 3:00p Cards (players choice)– BI 6:00p Card Games: Pinochle– BI 6:00p Women’s Poker– GR 7:00p Movie– TH	27 1:00p Movie– TH 1:30p Dime Bingo– EC 2:30p Group Coloring– AS 7:00p Movie– TH
28 Hanukkah Begins 11-1p Brunch Buffet– MDR 1:00p Movie– Th 2:00p Mexican Train Dominoes– GR 7:00p Movie– TH	29 10:00a Silver & Fit Experience – FC 11:00a Prize Bingo–EC 11:00a Outing: Mystic Lake 1:00p Hooks & Needles–AS 1:00p Card Games– Bridge– GR 2:00p Christmas Moments to Remember by Mike Henry–EC 3:00p Netflix: Medal of Honor Episode 5–TH 6:00p Men’s Poker– GR 7:00p Movie– TH	30 Birthday Dinner 10:00a Chair Yoga– FC 10:30a NO Side by Side– EC 11:00a Outing: Mini Nutcracker 1:00p Book Club Book Discussion– GR 1:00p Card Games– Bridge– BI 1:00p Open Wii Bowling– AS 1:00p Wii Bowling League– KC 2:00p Wii Bowling League– KC 4:00p Grab and Go Wine– EK 6:00p Card Games– Hand and Foot– GR 7:00p Movie– TH	December 1 9:30 & 10:00a Circuit Balance – FC 10:30a Art w/ Life Enrichment– AS 10:30a Parkinson’s Exercise w/ Nick– FC 1:00p Open Wii Bowling– AS 2:00p Catholic Mass w/ All Saints Church– EC 3:00p Yahtzee– AS 6:00p Card Games– Pinochle and Bridge– BI 7:00p Movie– TH	December 2 9:30 & 10:00a Circuit Strength– FC 1:00p How to Wii Bowl w/ Emily– AS 1:00p Wii Bowling League– KC 1:30p Wii Bowling League– KC 2:00p Bunco– AS 3:00p Sequence Card Game– GR 7:00p Dime Bingo–EC 7:00p Movie– TH	December 3 10:00a Better Balance– FC 10:00a Book Reading by Sue – This Tender Land 10:30a Catholic Com & Rosary – EC 12:30p Cribbage– BI 1:00p Bean Bag Toss– AS 2:00p Happy Hour w/ Tim Patrick– EC 3:00p Cards (players choice)– BI 6:00p Card Games: Pinochle– BI 6:00p Women’s Poker– GR 7:00p Movie– TH	December 4 1:00p Movie– TH 1:30p Dime Bingo– EC 2:30p Group Coloring– AS 7:00p Movie– TH

Veteran’s Day Program

Thursday, November 11th
10am Event Center

Join us for a special program honoring our Veterans at Highview Hills with patriotic music from All Saints Catholic Church

Jack and Lucy Celebrate 70 years Together!

Wednesday, November 10th
3 pm Event Center

Stop by the Event Center to wish Jack and Lucy Heslip happy 70th wedding anniversary! Family will be providing cake to celebrate!

Women’s Breakfast

Wednesday,
November 17th
9:30 a.m.

Main Dining Room
Sign Up In Mail Room
Free to HVH Residents

Heritage Library has returned!
Book returns, check-outs or acquiring a library card can happen during this visit.
Wednesday, Nov. 17
1-2:3pm Exhibition Kitchen

