

Life Enrichment M.C. – November 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Locations: AS-Art Studio (2nd Floor) CR-Cambridge Room (2nd Floor) GR Game Room (3rd Floor) MC-Memory Care (1st Floor) MD-Main Dining Room (1st Floor)</p>	<p>1 9:15 Daily Chronicle Coffee & Chat *10:00 Reminisce Book 11:00 Fitness w/Kim 1:30 Country Drive 2:30 Snack & Social *4:00 Toss & Talk Ball *7:00 Snack & Social</p>	<p>2 *9:15 Daily Chronicle/Coffee & Chat 10:00 Cardio Drumming (MC) 11:15 Stories to Live By w/ Chaplain Erin (CR) 1:15 Manicures 2:30 Snack & Social *4:00 Parachute Game *7:00 Snack & Social</p>	<p>3 9:15 Daily Chronicle/Coffee & Chat 9:30 Morning Music & Stretches w/ Olivia *10:00 Bean Bag Bullseye *11:00 Reminisce Book 1:30 Watercolor Painting w/Anne (AS) 3:00 Snack & Social 3:30 BINGO *4:00 Blurt Game *7:00 Snack & Social</p>	<p>4 9:15 Daily Chronicle/Coffee & Chat 10:00 Country Drive 11:15 Eagle Brook Service (CR) *1:00 Bean Bag Bullseye *2:30 Snack & Social 3:15 BINGO *4:00 Toss & Talk Ball *7:00 Snack & Social</p>	<p>5 9:15 Daily Chronicle/Coffee & Chat *9:45 Reminisce Book 11:15 Parachute Game 1:00 BINGO 2:30 Snack & Social *3:00 Bean Bag Bullseye *4:00 Trivia Game *7:00 Snack & Social</p>	<p>6 9:15 Daily Chronicle/Coffee & Chat 10:15 Reminisce Book *11:00 Parachute Game 1:15 BINGO *2:30 Snack & Social *3:30 Blurt Game *7:00 Snack & Social</p>
<p>7 9:15 Daily Chronicle/Coffee & Chat 10:00 Blurt Game 11:00 Live Church Broadcast on Channel 1-2 1:15 BINGO *2:30 Snack & Social *3:00 Trivia Game *4:00 Bean Bag Bullseye *7:00 Snack & Social</p>	<p>8 9:15 Daily Chronicle Coffee & Chat *10:00 Reminisce Book 11:00 Fitness w/Kim 1:30 Country Drive 2:30 Snack & Social *4:00 Toss & Talk Ball *7:00 Snack & Social</p>	<p>9 9:15 Daily Chronicle/Coffee & Chat 10:00 Cardio Drumming (MC) 11:15 Stories to Live By w/ Chaplain Erin (CR) 1:15 Manicures 2:30 Snack & Social *4:00 Parachute Game *7:00 Snack & Social</p>	<p>10 9:15 Daily Chronicle/Coffee & Chat 9:30 Morning Music & Stretches w/ Olivia 10:00 BINGO *11:00 Bean Bag Bullseye 1:30 Watercolor Painting w/Anne (AS) *3:00 Snack & Social *3:30 Reminisce Book *4:00 Blurt Game *7:00 Snack & Social</p>	<p>11 Veterans Day 9:15 Daily Chronicle/Coffee & Chat 10:00 Country Drive 11:15 Faith Service w/Chaplain Erin (CR) *1:00 Bean Bag Bullseye 2:00 Veterans Day Pinning Ceremony (MD) *2:30 Snack & Social 3:15 BINGO *4:00 Toss & Talk Ball *7:00 Snack & Social</p>	<p>12 *9:15 Daily Chronicle/Coffee & Chat *9:45 Reminisce Book *11:15 Parachute Game 1:15 BINGO 2:30 Snack & Social 3:00 Bean Bag Bullseye *4:00 Trivia Game *7:00 Snack & Social</p>	<p>13 9:15 Daily Chronicle/Coffee & Chat 10:15 Country Drive *1:00 Blurt Game *2:30 Snack & Social *3:30 Trivia Game *7:00 Snack & Social</p>
<p>14 9:15 Daily Chronicle/Coffee & Chat 9:00 BINGO 11:00 Live Church Broadcast on Channel 1-2 *1:00 Toss & Talk Ball *2:30 Snack & Social *3:00 Trivia Game *4:00 Bean Bag Bullseye *7:00 Snack & Social</p>	<p>15 9:15 Daily Chronicle Coffee & Chat *10:00 Reminisce Book 11:00 Fitness w/ Kim 1:30 Country Drive 2:30 Snack & Social *4:00 Toss & Talk Ball *7:00 Snack & Social</p>	<p>16 *9:15 Daily Chronicle/Coffee & Chat 10:00 Cardio Drumming (MC) 11:15 Stories to Live By w/ Chaplain Erin (CR) 1:15 Manicures 2:30 Snack & Social *4:00 Parachute Game *7:00 Snack & Social</p>	<p>17 9:15 Daily Chronicle/Coffee & Chat 9:30 Morning Music & Stretches w/ Olivia 11:00 BINGO 1:00 Resident Birthday Party w/ Joanne Bolles (MD) 2:15 Watercolor Painting w/Anne (AS) *3:30 Snack & Social *7:00 Snack & Social</p>	<p>18 9:15 Daily Chronicle/Coffee & Chat 10:00 Country Drive 11:15 Faith Service w/ 1st Baptist Church (CR) *1:00 Bean Bag Bullseye *2:30 Snack & Social 3:15 BINGO *4:00 Toss & Talk Ball *7:00 Snack & Social *3:30 Snack & Social</p>	<p>19 9:15 Daily Chronicle/Coffee & Chat 9:45 Reminisce Book *11:15 Parachute Game 1:00 BINGO 2:30 Snack & Social *3:00 Toss & Talk Ball *4:00 Trivia Game *7:00 Snack & Social</p>	<p>20 9:15 Daily Chronicle/Coffee & Chat 10:15 Reminisce Book *11:00 Parachute Game 1:15 BINGO *2:30 Snack & Social *3:30 Blurt Game *7:00 Snack & Social</p>

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21 9:15 Daily Chronicle Coffee & Chat 10:00 Blurt Game 11:00 Live Church Broadcast on Channel 1-2 1:15 BINGO *2:30 Snack & Social *3:00 Trivia Game *4:00 Walks outside or Parachute Game *7:00 Snack & Social	22 9:15 Daily Chronicle Coffee & Chat *10:00 Reminisce Book 11:00 Fitness w/ Kim 1:30 Country Drive 2:30 Snack & Social *4:00 Toss & Talk Ball *7:00 Snack & Social	23 9:15 Daily Chronicle/Coffee & Chat 10:00 Cardio Drumming (MC) 11:15 Stories to Live By w/ Chaplain Erin (CR) 1:15 Manicures 2:30 Snack & Social *4:00 Parachute Game *7:00 Snack & Social	24 9:15 Daily Chronicle/Coffee & Chat 9:30 Morning Music & Stretches w/ Olivia 11:00 BINGO *1:00 Toss & Talk Ball *2:30 Snack & Social *4:00 Reminisce Book *7:00 Snack & Social	25 Thanksgiving Day  9:15 Daily Chronicle/Coffee & Chat 10:30 Thanksgiving Chapel Broadcast Ch. 1-2 (CR) *11:15 Bean Bag Bullseye 1:00 Guitar w/Olivia 1:30 BINGO 2:30 Snack & Social 3:15 BINGO *4:00 Toss & Talk Ball *7:00 Snack & Social	26 *9:15 Daily Chronicle/Coffee & Chat *9:45 Reminisce Book *11:15 Parachute Game 1:15 BINGO 2:30 Snack & Social 3:00 Bean Bag Bullseye *4:00 Trivia Game *7:00 Snack & Social	27 9:15 Daily Chronicle/Coffee & Chat 10:15 Country Drive 1:15 BINGO *2:30 Snack & Social *3:30 Trivia Game *7:00 Snack & Social
28 9:15 Daily Chronicle/Coffee & Chat 9:00 BINGO 11:00 Live Church Broadcast on Channel 1-2 *1:00 Toss & Talk Ball *2:30 Snack & Social *3:00 Trivia Game *4:00 Bean Bag Bullseye *7:00 Snack & Social	29 9:15 Daily Chronicle Coffee & Chat *10:00 Reminisce Book 11:00 Fitness w/ Kim 1:30 Country Drive 2:30 Snack & Social *4:00 Toss & Talk Ball *7:00 Snack & Social	30 *9:15 Daily Chronicle/Coffee & Chat 10:00 Cardio Drumming (MC) 11:15 Stories to Live By w/ Chaplain Erin (CR) 1:00 Hymns of Hope & Strength w/Malcolm (CR) 2:30 Snack & Social 3:15 Manicures *7:00 Snack & Social				



Special notes for November:

***=RA LED ACTIVITY**

- ❖ Be sure to watch your calendars for the highlighted **Country Drives!!**
- ❖ Come for Watercolor Painting class w/artist Anne McFaul Reid on Wednesday's, at 1:30 PM, in the Art Studio. **NO CLASS ON WEDNESDAY NOV. 24TH.**
- ❖ Come and honor our veterans on Thursday, November 11th at the Veterans Day Pinning Ceremony in the Main Dining Room at 2:00 PM, by St Croix Hospice.
- ❖ Celebrate the November Birthdays on Wednesday, November 17th at 1:00PM in the Main Dining Room with entertainment from Joanne Bolles.
- ❖ Listen to beautiful hymns by Malcolm on Tuesday, November 30th at 1:00PM in the Cambridge Room.

***=RA led Activity**

NOTE: The Live Church Broadcast will now start at 11:00 AM on Sunday Mornings on Channel 1-2