

# January 2022 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1 New Years Day</b> 2:00 *Scrabble-CR 6:30 *Table Games-D  <b>NO LIFE ENRICHMENT</b>
<b>2</b> 11:00 Yoga on video-COM 1:00 *Nickel Bingo-D 3:00 "Come & Go" Resident and Staff Popcorn-D 6:30 *Table Games-D 7:20 (FYI) MN Vikings vs. Green Bay Packers, NBC Channel	<b>3</b> 11:00 Exercise Video-COM 1:00 Quarter Bingo-D 2:30 Book Club Discussion Group-CR 4:00 Word Game-COM 6:30 *Scrabble-CR	<b>4</b> 10:00-10:45 *Fitness-COM 1:00-1:45 *Fitness-COM 2:00 Catholic Communion with Deacon Gregg-COM 2:30 Rosary-COM 4:00 Wii Bowling-COM 6:30 *Nickel Bingo-D	<b>5</b> 11:00 Tai Chi on Video- COM 1:00 Community Update Meeting-D 2:00 Talks with the Chef-D 2:45 Indoor Mini Golf-COM 4:00 *Crossword Game- COM 6:30 *Nickel Bingo-D	<b>6</b> 11:00 Exercise Video-COM 12:00 *Parkinson's Class- COM 1:00 Bean Bag Toss-COM 3:00 Spiritual Conversations with Chaplain Adam-COM 4:00 Chair Dance Fitness with Diane-COM 6:30 *Nickel Bingo-D	<b>7</b> 10:00-10:45 *Fitness-COM 1:45-2:30 *Fitness-COM 2:45 Craft Group with Danielle-COM 6:30 *Nickel Bingo-D	<b>8</b> 2:00 *Scrabble-CR 6:30 *Table Games-D  <b>NO LIFE ENRICHMENT</b>
<b>9</b> 11:00 Yoga on video-COM 12:00 MN Vikings vs. Chicago Bears, FOX Channel-COM 1:00 *Nickel Bingo-D 3:00 "Come & Go" Resident and Staff Popcorn-D 6:30 *Table Games-D	<b>10</b> 11:00 Exercise Video-COM 2:00 Entertainment by James Shaw-DR 3:00 "Come & Go" Cake & Ice Cream honoring January Birthdays-L 4:00 Brain Teasers-COM 6:30 *Scrabble-CR	<b>11</b> 10:00-10:45 *Fitness-COM 10:00 Art & Coffee Discussion Group-ZOOM 1:00-1:45 *Fitness-COM 2:00 Parkinson's Support Group-D 2:00 Catholic Communion with Deacon Gregg-COM 2:30 Rosary-COM 4:00 Wii Bowling-COM 6:30 *Nickel Bingo-D	<b>12</b> 11:00 Tai Chi on Video-COM 1:00 Indoor Mini Golf-COM 2:30 Living Your Best Life-COM 4:00 *Crossword Game- COM 6:30 *Nickel Bingo-D	<b>13</b> 11:00 Exercise Video-COM 12:00 *Parkinson's Class- COM 1:00 Bean Bag Toss-COM 3:00 Chapel Service with Chaplain Adam-COM 4:00 Chair Dance Fitness with Diane-COM 6:30 *Nickel Bingo-D	<b>14</b> 10:00-10:45 *Fitness-COM 1:45-2:30 *Fitness-COM 6:30 *Nickel Bingo-D	<b>15</b> 2:00 *Scrabble-CR 6:30 *Table Games-D  <b>NO LIFE ENRICHMENT</b>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>16</b> 11:00 Yoga on video-COM 1:00 *Nickel Bingo-D 3:00 "Come & Go" Resident and Staff Popcorn-D 6:30 *Table Games-D	<b>17 Martin Lutheran King Jr. Day</b> 11:00 Exercise Video-COM 1:00 Quarter Bingo-D 2:30 "Come & Go" Cocktail Hour-L 4:00 Word Game-COM 6:30 *Scrabble-CR	<b>18</b> 10:00-10:45 *Fitness-COM 1:00-1:45 *Fitness-COM 2:00 Catholic Communion with Deacon Gregg-COM 2:30 Rosary-COM 4:00 Wii Bowling-COM 6:30 *Nickel Bingo-D	<b>19</b> 11:00 Tai Chi on Video-COM 1:00 Indoor Mini Golf-COM 2:30 Living Your Best Life-COM 4:00 *Crossword Game-COM 6:30 *Nickel Bingo-D	<b>20</b> 11:00 Exercise Video-COM 12:00 *Parkinson's Class-COM 1:00 Bean Bag Toss-COM 3:00 Spiritual Conversations with Chaplain Adam-COM 4:00 Chair Dance Fitness with Diane-COM 6:30 *Nickel Bingo-D	<b>21</b> 10:00-10:45 *Fitness-COM 1:45-2:30 *Fitness-COM 3:00 Low Vision with Renee Waclaw-CR 6:30 *Nickel Bingo-D	<b>22</b> 2:00 *Scrabble-CR 6:30 *Table Games-D  <p style="text-align: center;"><b>NO LIFE ENRICHMENT</b></p>
<b>23</b> 11:00 Yoga on video-COM 1:00 *Nickel Bingo-D 3:00 "Come & Go" Resident and Staff Popcorn-D 6:30 *Table Games-D	<b>24</b> 11:00 Exercise Video-COM 2:00 Entertainment by Accordion Michael Larson-DR 4:00 Brain Teasers-COM 6:30 *Scrabble-CR	<b>25</b> 10:00-10:45 *Fitness-COM 1:00-1:45 *Fitness-COM 2:00 Catholic Communion with Deacon Gregg-COM 2:30 Rosary-COM 4:00 Wii Bowling-COM 6:30 *Nickel Bingo-D	<b>26</b> 11:00 Tai Chi on Video-COM 1:00 Indoor Mini Golf-COM 2:30 Living Your Best Life-COM 4:00 *Crossword Game-COM 6:30 *Nickel Bingo-D	<b>27</b> 11:00 Exercise Video-COM 12:00 *Parkinson's Class-COM 1:00 Bean Bag Toss-COM 3:00 Chaplain Service with Chaplain Adam-COM 4:00 Chair Dance Fitness with Diane-COM 6:30 *Nickel Bingo-D	<b>28</b> 10:00-10:45 *Fitness-COM 1:45-2:30 *Fitness-COM 3:00 Ambassador Meeting-D 6:30 *Nickel Bingo-D	<b>29</b> 2:00 *Scrabble-CR 6:30 *Table Games-D  <p style="text-align: center;"><b>NO LIFE ENRICHMENT</b></p>
<b>30</b> 11:00 Yoga on video-COM 1:00 *Nickel Bingo-D 3:00 "Come & Go" Resident and Staff Popcorn-D 6:30 *Table Games-D	<b>31</b> 11:00 Exercise Video-COM 1:00 Quarter Bingo-D 2:30 "Come & Go" Ice Cream Hour-L 4:00 Word Game-COM 6:30 *Scrabble-CR		<u><b>Happy Birthday!</b></u> 3 <sup>rd</sup> - Betty Wallace 3 <sup>rd</sup> - Nancy Inserra 7 <sup>th</sup> - Janice Glomski 7 <sup>th</sup> - Nancy Kastner 9 <sup>th</sup> - Clara Dagostino 9 <sup>th</sup> - VeDonna Feld 9 <sup>th</sup> - Carol Ann Olsen 12 <sup>th</sup> - Robert Lockwood 12 <sup>th</sup> - Frank Blankley 19 <sup>th</sup> - Astrid Serfin 25 <sup>th</sup> - Ann Wormley	<u><b>Happy Birthday!</b></u> 25 <sup>th</sup> - Jose Duran 28 <sup>th</sup> - Judy Hiber 30 <sup>th</sup> - Opel Kuehn	<u>Location Key</u> FE-Front Entrance L-Lobby FS-Fireside Room (1 <sup>st</sup> Floor) D-Den (1 <sup>st</sup> Floor) CR-Club Room (2 <sup>nd</sup> Floor) DR-Dining Room LIB-Library (3 <sup>rd</sup> Floor) COM-Community Room (2 <sup>nd</sup> Floor) G-Garage (*) Fee for Fitness (*) Resident lead Activity <u>Underline-Bus</u>	<p style="text-align: center;"><b>CALENDAR IS SUBJECT TO CHANGE</b></p>