

Event Photos



Community Highlights from Westwood Ridge



JANUARY 2022

A newsletter for the residents, family and friends of Westwood Ridge

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Deck the Doors Contest Winners!



Eunice Winger-Duffek

Ginny Weber

Joanne Plumeri



Thank you to everyone who made a nonperishable food or cash donation!!

WE RAISED...

- 2017 - 48 pounds
- 2018 - 82 pounds
- 2019 - 109 pounds
- 2020 - 208 pounds
- 2021 - **329 pounds, and \$50!**



Chaplain's Pen



The Chaplain's Pen Setting Goals for the New Year

January 2022

Setting goals for the new year is probably instinctual for many. We are quick to consider the various things we would like to see change; maybe it's financial, maybe it's relational, maybe it's spiritual. Whatever it is, we typically rush-off, form goals, then usually falter on them within a few weeks. If we want to avoid this pattern, we need to do something that's probably NOT instinctual for us. We need to pause and prayerfully consider what Jesus is doing, or wants to do in our lives, and then create our goals around that.

The truth is, we won't accomplish anything of significance unless Jesus is leading the venture. When talking about change, Jesus famously said, "... apart from me you can NOTHING" (John 15:5)." Really, nothing? Well, I would say anything of lasting significance.

It may be hard to set aside our goals for the New Year, but I promise you this, Jesus' plans are always better than ours. If you want to see your goals accomplished this year, let your good Shepherd lead you in setting them. Then, join with Jesus each day as He brings about their completion.

~ With love, **Chaplain Adam**

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Resident Profile

ASTRID MARION SERFIN "AUTI"

Given by nephews, Arnie & Carlie, who could not pronounce "Astrid"

Born: January 19, 1927. Finlayson (at home), Minnesota

Parents: John and Anny Ahlbom

Siblings: Claude, Roy, Alice, John

Education: Graduated from Willow River High School in 1944.

Faith: Christian

First Job: 1944-St. Paul Fire & Marine Insurance Company-Clerk

(5 months) January 1945-June 30, 1946-Dupont E.I. De Nemours & Co.- Personnel Dept. Transcribing information for each employee that worked at plant. Upon completion these documents went to FBI.

Dupont E.I. De Nemours & Co. Transcription went onto cards.

During the peak of WWII, 100 people were hired a day.

Favorite Job: Church Secretary for 16 years—United Methodist Church of Newport

Spouse: Married Basil Serfin on December 6, 1947. We met when he was discharged from serving in the U.S. Navy, June 30, 1947. His sister and I met him when he got off the train at the St. Paul Train Station, from there we took a cab to his mother's home in Newport, where she had prepared a "Welcome Home" party for Basil. He served for four years in the Pacific theater during WWII.

Children: Linda, Ronna, John (Jack), Mary Jo

Person who influenced your life the most:

Sister Alice. She was 9 years older and was always there for me.

Family Traditions: Family gatherings & reunions for all major holidays.

Favorite Food: Homemade Ice Cream, Favorite Dessert: Anything Chocolate

Favorite Beverage: Pomegranate-Cherry Juice; Favorite Restaurant: Olive Garden

Favorite Sport: Winter-ice skating, downhill skiing, sledding

Favorite Music: Harry James Band, Lawrence Welk Band

Favorite Song: How Great Thou Art, & Amazing Grace

Favorite T.V. Show: Wheel of Fortune; Favorite Movie: Shirley Temple Movies

Favorite Season: Summer & Winter; Favorite Holiday: Christmas

First trip: By Train, to Iowa; Favorite trip: California

Moment in history you remember most vividly: WWII

Something you are good at: Scrabble, playing Piano/Organ,

typing (100 words a minute), Making Maple & Cranberry Syrup

Favorite Pastime: Playing Piano or Organ & Singing

Best piece of advice: When in doubt, don't

Most proud of: Great-Grandkids

What do you most enjoy doing at Westwood Ridge:

Meeting all the Staff & Residents and finding all of them so kind and helpful.



Resident Birthdays

Westwood Ridge I

- 3rd- Betsy Wallace
- 3rd- Nancy Inserra
- 7th- Janice Glomski
- 7th- Nancy Kastner
- 9th- Clara Dagostino
- 9th- VeDonna Feld
- 9th- Carol Ann Olsen
- 12th- Robert Lockwood
- 12th- Frank Blankley
- 19th- Astrid Serfin
- 25th- Ann Wormley
- 28th- Judy Hiber
- 30th-Opal Kuehn



Westwood Ridge II

- 6th- Ruth Rudolph
- 7th- Cynthia Steinhauer
- 8th- Hank Rollins
- 8th- Geraldine Loverich
- 29th- Elaine Kessler



Westwood Ridge I

- Anthony & Nancy Inserra
- Irene Anderson
- Dwayne Strandberg
- Vince & Edrie Zweber

Westwood Ridge II

- Winifred Dutke



Leslie Scott Smith, RDH
Director of OHP



**Start the New Year with
Laughter and a Smile!**



Susan Sarapa, RDH

January is the month of new beginnings. Let's start it out with an entertaining "Tooth toon" and a healthy habit!



Remember to Brush, Floss, Rinse and visit your favorite dental provider!

Effort is just like toothpaste, you can always squeeze out a little more!

Happy New Year!

Anonymous

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