

August 2021– Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8-11a Bus: Church Service Rides 11-1p Brunch Buffet– MDR 1:00p Movie– Th 2:00p Mexican Train Dominoes– GR 7:00p Movie- TH	2 10:00a Bus: Cub 10:00a Silver & Fit Experience– FC 11:00a Prize Bingo-EC 1:00p 2020 Olympics: Swimming– AS 1:00p Card Games– Bridge– GR 2:00p Resident Association Meeting– EC 3:00p Hooks & Needles-AS 6:00p Men’s Poker– GR 7:00p Movie- TH	3 10:00a Chair Yoga– FC 10:00a Women’s Bible Study – AS 1:00p Card Games– Bridge– BI 1:00p Open Wii Bowling– AS 1:00p Wii Bowling League– KC 2:00p Wii Bowling League– KC 3:00p Netflix: The Movies that Made Us: Back to The Future-TH 4:00p Grab and Go Wine– EK 6:00p Card Games– Hand and Foot– GR 7:00p Movie– TH	4 10:00a Bus: Target/Walmart 9:30 & 10:00a Circuit Better Balance– FC 10:30a Parkinson’s w/ Tiffany– TH 10:30a Chef Talk w/ Amber & Karen– MDR 1:00p Open Wii Bowling– AS 1:00p 2020 Olympics: Basketball– EC 2:00p Catholic Mass w/ All Saints Church– TH 3:00p Yahtzee- AS 6:00p Card Games- Pinochle and Bridge- BI 7:00p Movie- TH	5 10:00a Strength Training Circuit– FC 10:30a Alpha: Why and How Should I Tell Others- EC 10:30a Music by All Saints– CY 1:00p COMPAS presents: Puppet Making w/ Bart– AS 2:00p 2020 Olympics: Volleyball– EC 1:00p Wii Bowling League– KC 1:30p Wii Bowling League– KC 3:00p Sequence Card Game– GR 7:00p Dime Bingo-EC 7:00p Movie- TH	6 10:00a Better Balance– FC 10:30a Catholic Com & Rosary – EC 12:30p Cribbage– BI 1:00p Bean Bag Toss– AS 2:00p Olympic Closing Ceremony Happy Hour– EC 3:00p Cards (players choice)- BI 6:00p Card Games: Pinochle– BI 6:00p Women’s Poker– GR 7:00p Movie- TH	7 1:00p Movie– TH 1:30p Dime Bingo– EC 7:00p Movie- TH
8 8-11a Bus: Church Service Rides 11-1p Brunch Buffet– MDR 1:00p Movie– Th 1:00p Card Games– 500– BI 2:00p Mexican Train Dominoes– GR 7:00p Movie- TH	9 10:00a Bus: Cub 10:00a Silver & Fit Experience– FC 11:00a Prize Bingo-EC 1:00p Hooks & Needles-AS 1:00p Card Games– Bridge– GR 3:00p Netflix: The Movies that Made Us: Pretty Woman-TH 6:00p Men’s Poker– GR 7:00p Movie- TH	10 10:00a Chair Yoga– FC 1:00p Card Games– Bridge– BI *10:00a Zoom Art & Coffee: Articles about Art– Your Apartment 10:30a Ambassador Meeting– AS 1:00p Open Wii Bowling– AS 1:00p Wii Bowling League– KC 2:00p Wii Bowling League– KC 2:00-3:00p SMARTfit open hours w/ Nick– FC 4:00p Grab and Go Wine– EK 6:00p Card Games– Hand and Foot– GR 7:00p Movie– TH	11 9:30a Men’s Breakfast– MDR 10:00a Bus: Target/Walmart 9:30 & 10:00a Circuit Better Balance– FC 10:30a Parkinson’s Exercise w/ Nick– FC 1:00p Outing: Farmers Market 1:00p Open Wii Bowling– AS 2:00p Special Sing-Along of Beloved Hymns & Scripture-EC 3:00p Yahtzee- AS 6:00p Card Games- Pinochle and Bridge- BI 7:00p Movie- TH	12 9:30 & 10:00a Strength Training Circuit– FC 10:30a Alpha Course: Does God Heal Today?- EC 10:30a Music by All Saints– CY 1:00p Wii Bowling League– KC 1:30p Wii Bowling League– KC 3:00p Sequence Card Game– GR 7:00p Dime Bingo-EC 7:00p Movie- TH	13 10:00a Better Balance– FC 10:30a Catholic Com & Rosary – EC 12:30p Cribbage– BI 1:00p Bean Bag Toss– AS 2:00p Happy Hour With Mike Henry– EC 3:00p Cards (players choice)- BI 6:00p Card Games: Pinochle– BI 6:00p Women’s Poker– GR 7:00p Movie- TH	14 1:00p Movie– TH 1:30p Dime Bingo– EC 7:00p Movie- TH
15 8-11a Bus: Church Service Rides 11-1p Brunch Buffet– MDR 1:00p Movie– Th 2:00p Mexican Train Dominoes– GR 7:00p Movie- TH	16 10:00a Bus: Cub 10:00a Silver & Fit Experience– FC 11:00a Prize Bingo-EC 11:30a Outing: Chart House Restaurant 1:00p Card Games– Bridge– GR 1:00p Hooks & Needles-AS 3:00p Netflix: The Movies that Made Us: Jurassic Park-TH 6:00p Men’s Poker– GR 7:00p Movie- TH	17 10:00a Chair Yoga– FC 10:00a Craft Club/Card Making-AS 1:00p Card Games– Bridge– BI 1:00p Open Wii Bowling– AS 1:00p Wii Bowling League– KC 2:00p Wii Bowling League– KC 4:00p Grab and Go Wine– EK 6:00p Card Games– Hand and Foot– GR 7:00p Movie– TH	18 9:30 & 10:00a Circuit Better Balance– FC 10:30a Parkinson’s w/ Tiffany– TH 1:00p Open Wii Bowling– AS 1:00p Chef Talk w/ Amber & Karen– MDR 1:00-3:00p Heritage Library– EK 2:00p Pastor Karl Kruse— Holy Communion & Deadly Sins: Grudges - EC 3:00p Yahtzee- AS 6:00p Card Games- Pinochle and Bridge- BI 7:00p Movie- TH	19 9:30 & 10:00a Strength Training Circuit– FC 10:30a Alpha Course: What About the Church?- EC 10:30a Music by All Saints– CY 1:00p Wii Bowling League– KC 1:30p Wii Bowling League– KC 3:00p Sequence Card Game– GR 7:00p Dime Bingo-EC 7:00p Movie- TH	20 10:00a Better Balance– FC 10:30a Catholic Com & Rosary – EC 12:30p Cribbage– BI 1:00p Bean Bag Toss– AS 2:00p Happy Hour– KC 3:00p Cards (players choice)- BI 6:00p Card Games: Pinochle– BI 6:00p Women’s Poker– GR 7:00p Movie- TH	21 1:00p Movie– TH 1:30p Dime Bingo– EC 7:00p Movie– TH

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22 8-11a Bus: Church Service Rides 11-1p Brunch Buffet– MDR 1:00p Movie– Th 1:00p Card Games– 500– BI 2:00p Mexican Train Dominoes– GR 7:00p Movie- TH	23 10:00a Bus: Cub 10:00a Silver & Fit Experience – FC 11:00a Prize Bingo-EC 11:30a Outing: Red Fox Tavern* 1:00p Hooks & Needles-AS 1:00p Card Games– Bridge– GR 3:00p Netflix: The Movies that Made Us: Forrest Gump -TH 6:00p Men’s Poker– GR 7:00p Movie– TH	24 10:00a Outdoor Chair Yoga– CY 1:00p Card Games– Bridge– BI 1:00p Open Wii Bowling– AS 1:00p Wii Bowling League– KC 2:00p Wii Bowling League– KC 2:00-3:00p SMARTfit open hours w/ Nick– FC 4:00p Grab and Go Wine– EK 6:00p Card Games– Hand and Foot– GR 7:00p Movie– TH	25 10:00a Bus: Target/Walmart 10:00a Better Balance– FC 10:30a Parkinson’s Exercise w/ Nick– FC 1:00p Open Wii Bowling– AS 2:00p Pastor Karl Kruse– Deadly Sins: Greed - EC 3:00p Yahtzee- AS 4:00p Chef Demo w/ Amber– EK* (Limited spots available must sign-up) 6:00p Card Games- Pinochle and Bridge- BI 7:00p Movie- TH	26 9:30 & 10:00a Strength Training Circuit– FC 9:30a Outing: Lets Go Fishing* 10:30a Alpha Course: How Can I make the Most of the Rest of My Life?-EC 10:30a Music by All Saints– CY 1:00p COMPAS presents: Puppet Making w/ Bart– AS 1:00p Wii Bowling League– KC 1:30p Wii Bowling League– KC 3:00p Sequence Card Game– GR 7:00p Dime Bingo-EC 7:00p Movie- TH	27 10:00a Better Balance– FC 10:30a Catholic Com & Rosary – EC 12:30p Cribbage– BI 1:00p Bean Bag Toss– AS 2:00p Happy Hour– KC 3:00p Cards (players choice)- BI 6:00p Card Games: Pinochle– BI 6:00p Women’s Poker– GR 7:00p Movie- TH	28 1:00p Movie– TH 1:30p Dime Bingo– EC 7:00p Movie- TH
29 8-11a Bus: Church Service Rides 11-1p Brunch Buffet– MDR 1:00p Movie– Th 2:00p Mexican Train Dominoes– GR 7:00p Movie- TH	30 10:00a Bus: Cub 10:00a Silver & Fit Experience – FC 11:00a Prize Bingo-EC 11:30a Outing: Mystic Lake* 1:00p Hooks & Needles-AS 1:00p Card Games– Bridge– GR 3:00p Netflix: The Movies that Made Us: Home Alone -TH 6:00p Men’s Poker– GR 7:00p Movie– TH	31 Birthday Dinner 10:00a Chair Yoga– FC 10:00a Craft Club/Card Making-AS 1:00p Book Club Book Discussion– AS 1:00p Card Games– Bridge– BI 1:00p Wii Bowling League– KC 2:00p Wii Bowling League– KC 2:30p Open Wii Bowling– AS 4:00p Grab and Go Wine– EK 6:00p Card Games– Hand and Foot– GR 7:00p Movie– TH		Bingo Callers Wanted! Please help your friends at Highview Hills by calling Bingo at least once a month! Contact Emily Kjelstad, 952-985-9006, if interested.	August Men’s Breakfast Wednesday, August 11th 9:30a Main Dining Room Sign-up will be located in mailroom.	1st Floor Locations MDR = Main Dining Room BI = Bistro EK = Exhibition Kitchen KC = Kingsley Club CY = Courtyard 2nd Floor Locations EC = Events Center FC = Fitness Center LB = Library TH = Theater AS = Art Studio LP = Library Patio

Art and Coffee Gathering (Virtual)
 Tuesday, August 10th 10-11am
 For Zoom link to attend or need an iPad to attend contact Emily, 952-985-9006.
 August’s Theme: Discussing articles about art. Bring an article you find in a magazine, newspaper, or online to read to the group and discuss together!

Happy Hour and Summer Olympic Closing Ceremony
 Friday, August 6th
 2pm Event Center
 Join us for Highview Hills Summer Olympic closing ceremony and Happy Hour!

Van Runs and Outings:
 Van runs and outings are back! Please sign up for church rides, Cub rides, Target/Walmart rides and outings I the book located in the mailroom.
 These outings are subject to change if Dakota County positivity rate is over 5%. We will notify those signed up in advance if they will be canceled.
 Mask guidance will remain the same on outings. If all are vaccinated no social distancing or masks needed. If resident who are not vaccinated are on outing, masks must be worn by all at all times except when eating.

If you have Dakota County Heritage Library books to be returned, please contact Emily, Director of Life Enrichment at 952-985-9006.

