

Event Photos



Community Highlights from Westwood Ridge



AUGUST 2021

A newsletter for the residents, family and friends of Westwood Ridge

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Dear Westwood Ridge Family,

Happy August! I cannot believe we are already in the last days of summer! 2021 has certainly seemed to go a lot more quickly than 2020 did. I wanted to share a couple things with you that are going on at Westwood Ridge and in the greater Twin Cities' community.

I always prefer the not-so-good news first, so here goes: The Delta variant of COVID is in Minnesota and is spreading quickly. I was on a MDH call today and they have made the determination to reinstate weekly calls as they monitor the situation and make plans. What does this mean for us? At this moment, nothing is changing – and that could change at any moment. And there is good news! We are so much better prepared than we were last year. We have a vaccination rate of 98% for residents and almost 70% for staff – and this number grows with every clinic we have. More good news is that the vaccine remains the best way in which to combat COVID, even this new variant. I share this with you not out of fear, but so that we are aware and as prepared as possible. More to come on this in the coming days and weeks as we learn more.

On a more positive and fun note, I wanted to make you aware we are instituting a Team Member of the Month program to provide recognition of the great team we have at Westwood Ridge. Anyone can nominate a team member for Team Member of the Month; other team members, families, and YOU! More to come on this plan as we finalize the forms and process. We plan to recognize our first team member of the month in September so be on the lookout for the nomination forms in the coming days!

I hope you continue to feel and accept our appreciation of all your patience and all you have done to make these last many months livable and workable.

With appreciation,

Joseph Amend-Marshall, Campus Administrator

...until next year!

Resident Profile

JACQUALINE FLOY SCZEPANSKI "JACKIE"

Born: Saturday, August 31st, 1940 at Miller Hospital in St. Paul, MN

Parents: Wesley and Norma Jump

Education: Graduated in 1958 from Henry Sibley (now Two Rivers)

Faith: Baptist

First Job: Dental Assistant

Favorite Job: Church Organist & Choir Director, Special Education Paraprofessional

Spouse: Married Otto Kurt on June 7th, 1958.

Children: Son Todd; Grandchildren Annie, Nicole & Isaac, Great Grandchildren Sadie & David

Current Pet(s): Fish Goldie & Whitey and too many babies

Family Traditions: Christmas Eve family gatherings

Favorite Food: Anything Italian

Favorite Dessert: Dove Ice Cream Bars

Favorite Beverage: Diet Coke

Favorite Restaurant:

Favorite Sport: Baseball

Favorite Season: Spring

Favorite Holiday: Christmas

Favorite Book: All Creatures Great & Small

Favorite TV Show: Masterpiece Mysteries

Favorite Movie: National Lampoons Christmas Vacation

Favorite Music: Big Band

Favorite Song: His Eye is on the Sparrow

First trip: Washington, D.C.

Favorite trip: My yearly trip with my mother.

Just being together was always special wherever we went.

Most proud of: My son

Really good at: Being organized

Moment in history you remember most vividly:

John F. Kennedy Assassination

Person who influenced your life the most: My parents:

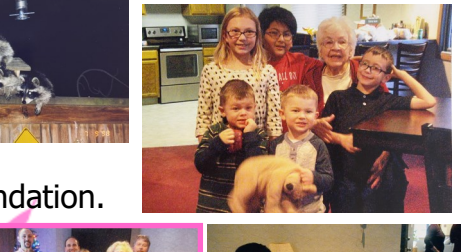
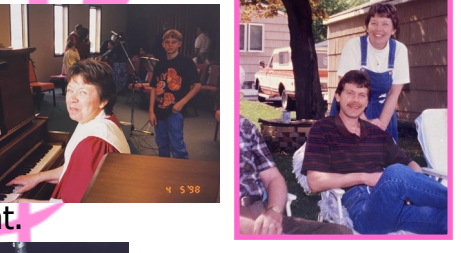
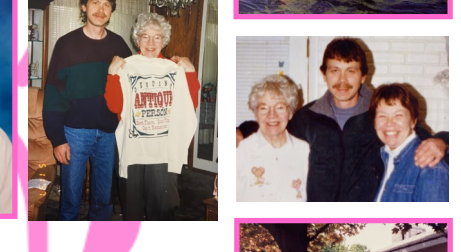
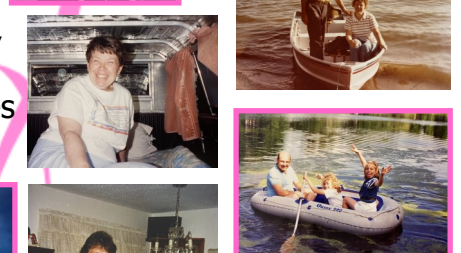
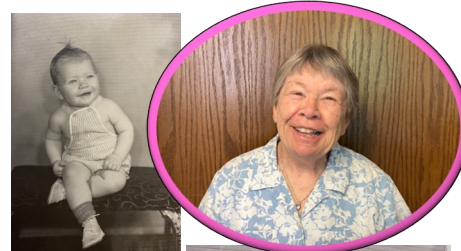
They were respectful, patient & loving with a church foundation.

Best piece of advice: Always be honest

Favorite Pastime: Being with my family, painting porcelain, crocheting, embroidery, making cards.

What do you most enjoy doing at Westwood Ridge:

Making new friends



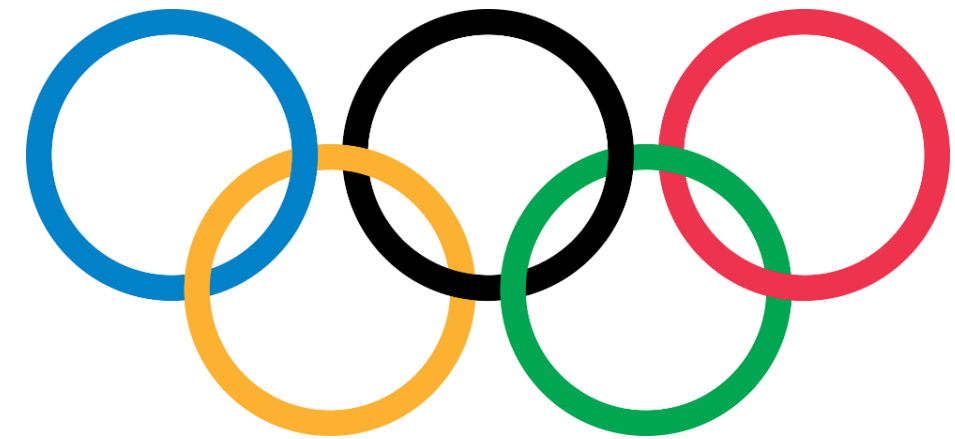
Event Photos



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Chaplain's Pen



The Chaplain's Pen Lessons from the Olympians

August 2021

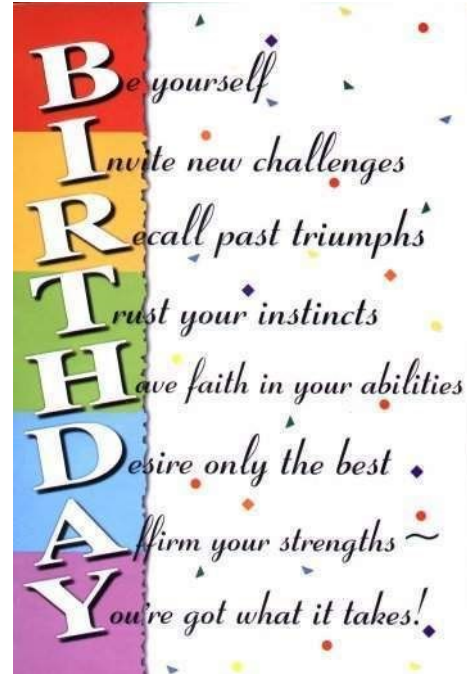
Daniel Gould, one of the world's imminent sports psychologist from Michigan State University says the personality traits and habits associated with Olympians may be applicable for achieving goals for common folk like you and me (Live Science, 2012). I couldn't agree more especially as it relates to success in our spiritual lives. Below are Gould's seven secrets of success gleaned from Olympic athletes:

- ◆ Knowing how hard to push ◆ Optimism ◆ Self-awareness ◆
- ◆ Intrinsically motivated ◆ The healthy type of perfectionism ◆
- ◆ Plans to deal with distractions ◆ Routine ◆

It turns out "optimism" is a key trademark of Olympians. Being optimistic, as opposed to pessimistic, generates motivation to achieve a perceived positive outcome. I wonder, as you look at the various challenges ahead, are you able to be optimistic? Are you able to believe good outcomes are attainable? If not, ask God to help you be optimistic about the challenges ahead. I'm confident your loving Heavenly Father will help you every step of the way.

~ With love, **Chaplain Adam**

Resident Birthdays

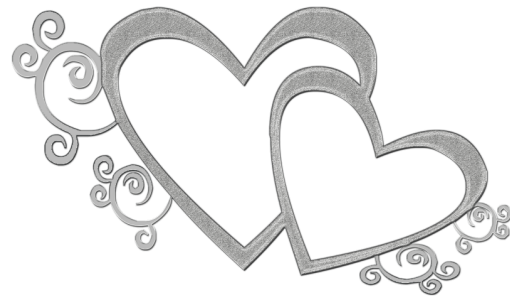


Westwood Ridge I

9th– Rick Adams
11th– Jim Wormley
13th– Donna Vogstrom
23rd– Dwight Hammer
24th– Sally Hickman
29th– Debra Griffin
30th– Carol Wendel
31st– Jackie Szczepanski

Westwood Ridge II

1st– Dorothy Landgren
8th– Richard Topritzhofer
25th– Joann Armstrong
26th– Ken Richards
28th– Marie Wadell



*Happy
Anniversary*

8th– Bob & Arlene Nicklay
29th– Keith & Yavonne Sando

Welcome

Westwood Ridge I

Joleen Endres
Terrance & Kathleen
Zielinski

Event Photos

