

10:00 - 10:15	Welcome to the ThriveFest	
10:15 - 10:30	ThriveFest Platform Orientation	
10:30 - 10:50	Building Thriving Networks To Supercharge Your Career Kelly Hoey, Community Builder @ Build Your Network	
11:00 - 11:20	Virtual Meet Up: Setting Objectives For ThriveFest	
11:30 - 11:50	The Power of Resilience Christina Toufexis, Senior Gloabl SAP Manager, @ Interpublic Group	
12:00 - 12:20	How To Step Up As A Female Leader In A Male Dominated Sector Katrin Sturm, Founder & CEO @ The Best Possible You	
13:00 - 13:20	The Great Return: Prep Your Mind & Body For 'Back To Work' Melinda Nici, Founder & CEO @ Baby2Body	
13:30 - 14:00	LIVE Lunch & Learn: Defend Your Body Defend Your Mind Helen Harper, Head Coach @ HH Defence	
14:30 - 14:50	Managing Burnout in The Hybrid Office Marteka Swaby, Founder & Mental Health Expert @ Benevolent Health	
15:00 - 15:20	Gen Z And Wealth: The Foreign Language of Financial Literacy Chione Hardy, Head of Community @ Rare Seed	
15:30 - 15:50	How To Fail Caroline Mitten, Founder @ Failure Network	Virtual Meet Up: Lifestyle & Wellbeing
16:00 - 16:20	Post Maternity: Navigating Your Way Back To Work In The Covid Era Siobhan Thatcher, ICT Project Manager @ Project Isizwe	
16:30 - 16:50	Virtual Meet Up: Parenthood	
17:00 - 17:20	Thriving in Your Life and Career: Why Embracing Every Dimension of Yourself Drives Success Sofia Hernandez, Head of US Business Marketing @ TikTok	
17:30 - 17:50	Navigating Through A Crisis Merilee Karr, Founder & CEO @ UnderTheDoormat	
18:00 - 18:20	Imposter Syndrome Isn't The Problem Burju Erdem, Executive Coach & Strategic Advisor	
18:30 - 18:50	Taking Up Space-No Literally Gosia Syta, Owner & Founder @ Walk Your Talk	Virtual Meet Up: Worklife Balance
19:00 - 19:20	Creating Social Impact With Your Financial Choices Nuray Ozbay, Investment Associate @ Self-Help Federal Credit Union	We Need To Talk About It: The BIG Moments Of Work/Life Integration Beth Superfin, SVP Client Experience @ Known

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11:30 - 11:50	The Magic Goggles: How To Spot Team Success Sally Foote, Ecommerce Director @ GoCompare	How To Build A Product From Scratch Archita Mandal, Writer, Director & Producer @ Tapping Wand Productions
12:00 - 12:20	Digital Products Era: Three Elements For Impact Solange Sobral, EVP Partner Operations @ Cl&T	
13:00 - 13:20	Taking The Plunge: How Do You Know You're Ready To Be An Entrepreneur Shafali Shown-Keen, Franchisee in Training @ McDonalds	Building A More Inclusive Work Environment Becky Kekula, Director, Disability Equality Index @ Disability:IN
13:30 - 14:00	Lunch & Learn: From Side Hustle To Global Business Kim Palmer, Founder @ Clementine App	
14:30 - 14:50	Overcoming Remote Collaboration Challenges Jay-Allen Morries & Kristen Clacey Remotes Coaches @ eyeo	
15:00 - 15:20	Career Change Or Career Consolidation Sharon Miles @ Chip	Virtual Meet Up
15:30 - 15:50	Demystifying Executive Life As A Women & Mother Jennnifer Roebuck, Chief Customer Officer @ Tedbaker	
16:00 - 16:20	How To Build Your Dream Career Without Leaving Your Company Rachel Moncton VP, Global Marketing @ ClassPass	
16:30 - 16:50	The Next Generation Of Founders, Brands & Tech Startups Kajsa Lundborg, CMO @ Froda	Virtual Meet Up
17:00 - 17:20	LIVE: Navigating through Covid with your Company Culture Louise Stonier, Chief People & Culture Officer @ Pets at Home	
17:30 - 17:50	LIVE: How Insights From Data & Devices Point To The Future Beyond Covid-19 Judith Bitterli, VP Consumer Markerting @ McAfee	Product Strategy By Making...Puzzles Explored As Mysteries Mel McVeigh, VP of Commerce Product @ Conde Nast
18:00 - 18:20	Beyond Reskilling: Why Public-Private Partnerships Are Key To An Equitable Economic Recovery Liz Simon, COO @ General Assembly	
18:30 - 18:50	Problem Solving For Product Managers Richa Sood, Product Manager @ Instagram	
19:00 - 19:20	Taking The Leap of Faith to a Leadership Role Jazmin Furtado, Acquisitions Officer, AI/Data Science, @ United States Air Force	

ON-DEMAND CONTENT	
11:00 - 11:20	The Silent Killer: Is Your Past Trauma Holding You Back From a Life And Career You Love Amy Walker, Nutritionist, Life and Health Strategist @ The Dietista
11:30 - 11:50	From Syria To Belgium With Ambition Laila Deeb, Founder, Software Engineer @ SWIT
12:00 - 12:20	What Do Disability Inclusive Structures Look Like? Esi Hardy, Disability Inclusion Expert & Trainer, @ Celebrating Disability
13:00 - 13:20	How To Build A Winning Product In Challenging Times With Minimal Resources Kristina Philip, Product Owner @ Sustainably Jenny Björkman, UX Designer @ Sustainably
13:30 - 13:50	How Marketing Your Brand And Delivering Your Message Has Evolved Since Covid Francesca Manca, Owner @ Underwing
14:00 - 14:20	Walking the Talk Of Sustainability In A Post-Pandemic World Carrie George, VP & Head of Sustainability Solutions @ Everledger
14:30 - 14:50	Mentorship: The Top 10 List Fariha Chaudry, Senior Director, Global Platform Lead @ Eli Lily

PLUS 10 EXTRA ON-DEMAND SESSIONS