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Dear Parent or Legal Guardian:

Re: Safer Holiday Planning During COVID-19

With religious holidays and Thanksgiving approaching, here are some reminders to keep everyone as safe as possible. Remember to:

- Wash your hands often and stay home when you are sick.
- Keep two metres distancing from others not part of your household.
- Wear a mask or face covering, in indoor public places.
- Wear a mask or face covering when physical distancing is difficult with others that are not part of your household.
- Avoid touching your face. Cover your cough or sneeze with inner elbow or a tissue.
- Clean and disinfect high touch surfaces.
- Download the [COVID Alert app](#).

Avoid non-essential travel

There has been an increase in COVID-19 among people who recently travelled in Canada and abroad. Restrictions on non-essential travel between the U.S. and Canada are still in place. All travellers returning from outside of Canada need to self-isolate for 14 days.

Have guests from out of town?

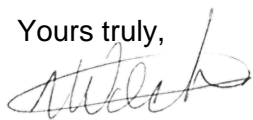
If you have relatives or friends travelling to Canada to celebrate the holidays with you, please remember that they are required to quarantine for 14 days. See Government of Canada website on [travellers entering Canada](#).

Keep gathering sizes small

Smaller, outdoor gatherings are safer than indoors. Reserve close contact to members of your household and essential supports, and keep a physical distance and wear a mask from everyone else. Add a virtual event to include family and friends from out-of-town and anyone who is feeling unwell. This year, avoid buffet style food service. Instead, serve food on individual plates to avoid passing and touching items.

For more information, please visit toronto.ca/covid19 or call us at 416-338-7600.

Yours truly,



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Toronto Public Health Director