UFIT @UBS APP GUIDE

>>UFIT

STEP 1

Download the UFIT @ UBS app from the **<u>App Store</u>** or **Google Play Store**

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	6:00 am GMT+8	Open Gym		>			
	6:30 am GMT+8	Open Gym		>			
and the star	7:00 am GMT+8	Burn Class		>			
	7:00 am GMT+8	Open Gym		>	-		
	7:30 am GMT+8	Open Gym		>		Book	
	7:45 am GMT+8	Abs & Stretch Clas	15	>		Book Multiple	
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STEP 2

Log in using your existing Mindbody credentials (new clients to create a profile)



Already have an account? Sign in

STEP 3

Click on the drop-down menu and select login

< Create Account
Email mils64@msn.com
Password
Confirm password
First name
Last name
Country >
IGNITING BREATNESS





STEP 4

Select Create Account,

add your details, and verify your email.

Log In	
Create Account	

STEP 5

To buy UFIT services or a membership, go to "**Buy"**

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Buy	
Drop-In	>
Membership	>
Nutrition	>
Personal Training	>
Physical Rehab/Massage	>
Autopay	>

STEP 6

To book sessions, go to "Book" and choose from the list

		Book	ŧ
	07:00 GMT+8	Virtual Core Conditioning Remi Nashir	>
	07:45 GMT+8	Virtual HIIT Circuit Remi Nashir	>
	11:00 GMT+8	Virtual Talks ^{Virtual Class}	>
	12:00 GMT+8	Virtual HIIT Circuit Remi Nashir	>
	12:00 GMT+8	Stretch & Flow (Outdoors) Michelle Lim	>
	12:45 GMT+8	Virtual Core Conditioning Remi Nashir	>
FRIDAY / MAY 21			
	07:00 GMT+8	Virtual HIIT Circuit Eunice Chu	>
	07:45 GMT+8	Virtual Strength Circuit Remi Nashir	>
	12:00 GMT+8	Virtual Core Conditioning Remi Nashir	>

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