



Indoor Fitness is now available at the following Sacramento County California Family Fitness locations:

Based on today's updated mandates for Sacramento County, 10 additional California Family Fitness locations are NOW OPEN!

Arden – 6314 Fair Oaks Blvd.
Elk Grove – 8569 Bond Road
Folsom – 700 Oak Avenue Parkway
Greenhaven – 62 Valine Court
Laguna – 3443 Laguna Blvd.
Midtown – 1671 Alhambra Blvd.
Natomas – 3880 Innovator Drive
Orangevale – 8680 Greenback Lane
Sunrise – 1975 Zinfandel Drive
Watt – 3350 Arden Way

At Cal Fit, the health and safety of our members and staff are our highest priorities. We appreciate the support and flexibility of all of our members as we adjust to doing things a little differently to protect one another.

Not quite ready to head inside? Outdoor Fitness will still be available at all of the locations listed above.

For more details on modified services, club opening guidelines, and other important information, please visit the California Family Fitness website.

If your membership is currently on freeze and you would like to reactivate your account early, please visit any available location and a team member will be available to assist you.

We can't wait to see you back in our clubs living a happy, healthy and balanced life!

[VISIT OUR WEBSITE](#)