

Dear Valued Member,

At California Family Fitness, we are striving to find a balance between meeting the needs of our members, and helping the greater community slow the spread of COVID-19. We have missed you during this past month, but we have been moved by your overwhelming support. Studies have shown that fitness is essential in the fight against the coronavirus. The longer the pandemic lasts, the more crucial fitness is to our physical and mental health.

While State mandates have required us to close for indoor workouts, all California Family Fitness memberships have been inactive. Membership dues have been in a frozen status since July 14, 2020.

Since indoor fitness has been temporary halted, (5) Cal Fit locations have taken workouts outside with Outdoor Fitness punch cards, allowing members to continue to workout in the gym atmosphere they enjoy. These punch cards have provided access to free weights, functional/selectorized equipment, cardio, Group Fitness classes, lap swimming and family swim.

Based on feedback from our members, we are thrilled to share the news that Outdoor Fitness will soon be offered at (11) California Family Fitness locations!

Elk Grove, Folsom, Natomas, Orangevale and Rocklin have been significantly expanded to provide a more comprehensive fitness experience.

Roseville and Sunrise/Hwy50 are planned to open on Wednesday, August 19, 2020.

Arden, Laguna, Midtown and Greenhaven are next on the list and will be ready for outdoor workouts by the end of next week!

Under tents that are up to 20,000 square feet, you'll have access to powered cardio, selectorized and functional equipment, free weights, pools, group fitness classes and more.

Effective *[Date varied depending on your home club]* your California Family Fitness memberships will be reactivated.

If you were drafted prior to our most recent closure, your account will be credited the appropriate amount of membership time based on your billing date.

Our Member Care team will be available to answer any questions or concerns you may have regarding your membership. We are delighted that reopening our clubs and activating your membership will allow us to bring back some of our staff, all of whom are eager to greet and serve you once again. Please visit our COVID-19 page for additional information regarding hours of operation, pool reservations, Outdoor Fitness guidelines, safety protocols, and more. Please note that these guidelines are subject to change to create as safe an environment as possible.

Our goal is to provide you a fitness home and haven, where you can work towards a healthy, happy, and balanced life. Our team is eager and committed to helping you get back into your fitness routine in a responsible way. Once again, from the bottom of our hearts, thank you for being part of our family and for all of your support! We can't wait to see you back at our clubs.