



SUPPLEMENTAL SNACK GUIDELINES

In order to provide flexibility while still ensuring the safety of our students with life-threatening food allergies, the following list of recommended snack items may be brought to school:

- Any fruit (fresh or dried)
- Any vegetable (fresh or dried)
- Any cheese
- Any jerky
- Any meat (sliced turkey, ham, etc.)
- Yogurt (dairy, soy or coconut-based; no granola-type toppings)
- *Smartfood*, *SkinnyPop* and *Herr's* Popcorn
- *Wheat Thins* or *Triscuit* crackers
- *Pepperidge Farms Goldfish* (any flavor)
- *Nature's Bakery* Bars
- *Enjoy Life* Bars, Protein Bites, Seeds/Fruit
- *Made Good* Granola Bars/minis

Please read ALL labels prior to bringing in any snacks. All snacks must be **Nut free** and can not be **processed in a facility that also processes nuts**.

Reminder items from bakeries and stores such as Dunkin' Donuts, although the item may be nut free, they are NOT a nut free facility and not allowed on campus.

Please contact teachers and the health office to find out about class allergies before you send in birthday treats. All ingredients need to be written on baked goods.