What is a ToolBox Talk?

A toolbox talk, sometimes called a safety meeting or safety brief, is an informal, onsite meeting where all workers meet at the beginning or at the end of the workday or shift. These meetings, usually 10-20 minutes long, cover a variety of different topics but are often centered around safety at the worksite. Toolbox talks give workers a heads up on any particular safety protocol that needs to be followed on-site as well as tips for working under specific weather conditions, with specialized equipment, or with other variables of their work.

Most organizations conduct these safety meetings once a month. The data however show that an increased frequency of toolbox talks from a monthly meeting to a daily meeting has the potential to decrease total recordable incident rates (TRIR) by up to 85%. If you happen to perform Toolbox Talks weekly, then the increase to daily has the potential to decrease TRIR by up to 72.8%. This simple switch is not just an exercise in administration. It sets a safety first mentality and highlights how your company is dedicated to education and safety.

How to successfully deliver a ToolBox Talk

A successful toolbox talk meeting should have workers walking away feeling like they’ve learned something valuable. It’s important that Toolbox Talks be engaging. If you want your Toolbox Talks to have any effect, they should be interactive, interesting, and give useful information. Stay away from monologues and lots of slides - instead, ask questions, interact with workers, and be clear and to the point.

Topics to cover at your next Toolbox Talk

You always want to pick a topic that is useful, relevant and timely. A good way to start thinking about what to cover is asking yourself what safety information needs to be reinforced? What issues have been occurring lately? What are some of the injuries or near-misses taking place? Whatever the topic maybe, consistency is important. The information you share really does go a long way in supplementing prior training efforts to keep your worksite safe.
Toolbox Talk Ideas for Everyday of the Year

Toolbox Talks on Weather Conditions
Toolbox Talks on Safety Outfitting
Toolbox Talks on Physical Conditions
Toolbox Talks on the Environment
ToolBox Talks on Processes and Prevention
ToolBox Talks on Safety Tips
ToolBox Talks on Being Aware
Toolbox Talks on Equipment
Toolbox Talks on General Topics

Toolbox Talks on Weather Conditions

Preparing for Snow
While snow does make everything look beautiful for a few days, if we're not properly prepared for it, it can easily lead to a disaster. In this toolbox talk, you can cover the precautions that should be taken when it begins to snow, including proper clothing, driving safely, and making sure that you have a snow shovel on hand.

Ice Storm Preparation
When sidewalks, roads, and power lines are covered in a thick coat of ice, transportation is dangerous and electricity often goes out. It’s important to have a plan for worksites so that when a storm comes, workers aren’t caught off guard. In this toolbox talk, you can cover the proper preparations workers should take if an ice storm is coming.
Clearing Snow
Clearing snow is an inevitability in winter weather. If workers aren’t careful, it’s easy to slip and fall, leading to cuts or worse, and get too cold, leading to hypothermia. In this toolbox talk, you can talk about the measures that workers should take to avoid severe injury or worse, including using the right equipment, situational awareness, and proper clothing.

Frost Safety
Cold weather can bring snowy and icy conditions, which lead to an increased risk of slips and falls. In this toolbox talk, you can cover how workers can stay safe in frosty weather by wearing appropriate gear as well as tips to operate machinery and work with basic tools in frosty conditions.

Frigid Weather Safety
Extremely cold weather can be dangerous, so it’s important to know what precautions to take ahead of time. Low temperatures, harsh winds, snow, ice, and dampness can lead to serious physical injury. In this toolbox talk, you can highlight serious risk factors such as stress, and mobility, as well as how to dress for very frigid weather.

Protection from the Winter Sun
Even if it’s very cold outside, the winter sun can be brutally bright. Sunburn can happen in any season, including the winter, when sunlight reflected off the snow can be especially harmful to eyes and skin. In this toolbox talk, you can cover precautions workers can take to make sure that they don’t end up getting burnt in the middle of winter, including dressing properly and wearing sunglasses.

Working in Icy Conditions
Icy conditions can be very dangerous. Slippery ice and extreme cold can be a nasty combination that makes the possibility of cuts, bruises, and hypothermia even greater. In this toolbox talk, you can cover necessary precautions, including wearing waterproof and warm clothing, making sure that workers are using the right equipment, and remaining situationally aware.

Winter Driving
Winter driving can become dangerous quickly. Snow, ice, and road obstructions are all possible, and it’s important to plan ahead so that workers can drive heavy equipment
safely on the road if necessary. In this toolbox talk, you can cover maintenance, the items that workers should always have available, what to do if they get stuck, and planning routes ahead of time.

**Windchill Safety**
A strong and cold gust of air can come out of nowhere and lead to sudden hypothermia and other injuries. To avoid suffering the effects of a windchill, there are several things that workers can do. In this toolbox talk, you can talk about necessary precautions, including understanding the windchill index, wearing warm clothing in layers, and taking breaks in warm areas.

**Cold Stress**
Cold stress happens when people work in cold weather for prolonged periods of time. It can be very painful and eventually leads to injury, so it’s important to avoid it at all costs. In this toolbox talk, you can discuss the essential preventative measures that everyone should take, including wearing proper clothing, not working in extreme conditions, and having a warm place to break when necessary.

**Working in Wind**
Lots of wind can make a dangerous scenario. Flying objects can strike people, eye injuries can result from flying dust, equipment can be damaged, and loads can fall to the ground. To prevent the sometimes disastrous effects of wind, you can discuss how to make sure that objects are secure, avoid working in extremely windy environments, and make sure that workers are properly dressed.

**Construction and Rain**
Rain doesn’t need to stop construction work for the day, but it does present challenges and dangers that require more attention to safety than dry conditions do. In this toolbox talk, talk about ways to keep workers working safely and efficiently even when surfaces, roads, and tools are a little slick.

**Heavy Rain Safety**
When it rains heavily, workers can face additional hazards like flooding, poor visibility, and slippery surfaces! It’s important to move slowly and use the right equipment when it’s raining hard. In this safety talk, you can discuss good practices to keep your employees safe when faced with heavy rain.
Flood Safety
At certain times of year, some areas of the country can see torrential rainfall and, consequently, dangerous flooding. In this toolbox talk, you can cover how to avoid being caught in a perilous flood situation and how to stay safe if workers are driving or on a jobsite when a flood occurs.

Hail Safety
Severe weather like high winds and thunderstorms can halt a day’s work, but hail is a weather condition that presents serious danger to anyone caught outside. In this toolbox talk, you can cover what to do in the case of a hailstorm and how to protect equipment and property from damaging hailstones.

Tornado Warning Safety
Tornadoes can hit with very minimal warning. The destruction that they bring can quickly lead to the loss of life. To ensure that workers are not injured or worse if a tornado strikes, there are several preventative measures that should be taken. In this toolbox talk, you can cover safe shelter locations, direct paths to the shelter from various worksite locations, and ample warning systems.

Safety After a Tornado
Tornadoes are dangerous and unpredictable weather events. It is fortunate that they usually last a short time and cause damage to a concentrated area only. In this toolbox talk, you can cover steps to keep workers safe after the tornado has passed including safe gathering points and avoiding electrical lines and debris.

Storm Preparation
Extreme weather can cause dangerous conditions, power outages and limited access to supplies. Preparing supplies and safety plans ahead of time can prevent disaster when bad weather does hit. In this toolbox talk, you can discuss steps you can take to prepare for storms including what to have on hand and what not to do.

Hurricane Safety
Hurricanes are one of the most powerfully destructive forces in nature, causing widespread flooding and damage. Thankfully, hurricanes can be tracked before they hit land and advanced warnings sent out. In this toolbox talk, you can cover what to do
if your worksite is in the path of a hurricane, supplies to have on hand, and driving safety in the storm.

**Thunderstorm Safety**
Where there’s thunder, lightning is closer than you think. This can be especially dangerous on a construction site where tall metal objects like cranes or scaffolding are nearby. In this toolbox talk, you can talk about thunderstorm safety precautions and when to call it a day on the jobsite due to lightning threats.

**Lightning Safety**
Every year, lightning causes 80 deaths and hundreds of injuries. The weather does not have to be stormy for lightning to strike, lightning may occur up to 10 miles away from rainfall. In this toolbox talk, you can cover what to do to avoid serious lightning-related injury, including paying attention to the daily forecast, staying off of tall objects, and seeking shelter.

**UV Safety**
UV (ultraviolet) radiation can cause a spectrum of issues, from something as common as a sunburn to as serious as skin cancer. In this toolbox talk, you can cover necessary precautions to take to avoid the detrimental effects of UV radiation, including wearing long-sleeved shirts, pants, a broad-brimmed hat, sunscreen, and sunglasses, in addition to checking skin regularly for new or changing colorations.

**Heat Precautions**
Those who work outdoors in hot weather or in hotter work environments should be especially aware of the symptoms of heat related illness and the measures they can take to prevent them. In this toolbox talk, you can talk about precautions to reduce risk like drinking water, sun protection, proper clothing and rest.

**Heat stress**
Working in extreme heat can cause occupational injuries and accidents. Heat stress can cause medical conditions like heat stroke, exhaustion and cramps, and accidents can result from dizziness, sweaty palms, and falls. In this toolbox talk, highlight measures to prevent heat stress and symptoms to look out for while working in hot environments.
Working in Fog
Fog can create dangerous driving and working conditions. Fog is actually made up of tiny water droplets that are suspended in the air that reflect light, so it’s important NOT to use high beams. The biggest risk associated with working in fog is decreased visibility. In this toolbox talk, you can cover dangers related to working in foggy weather and how to properly handle them.

Inclement Weather Protocol
Extreme weather such as storms, lightning, flooding and tornados can significantly increase the risk of injury and accidents for workers. Failure to follow the inclement weather protocol can put lives, projects and property at risk. In this toolbox talk, you can cover how workers will be notified of bad weather, where shelters are located, and any actions they should take.

Toolbox Talks on Safety Outfitting

Appropriate Attire for Construction
Construction requires that workers dress the part. Wearing proper attire protects them from a variety of dangers and potential accidents. In this toolbox talk, you can cover the parts of an appropriate construction outfit from head to foot, including a hardhat, vest, gloves, proper shirts and pants, and boots.

Protective Outerwear
Protective outerwear includes coats, pants, shoes, and more that help guard against fire, electrocution, or keep you visible to car and heavy machinery drivers. In this toolbox talk, you can cover which pieces of protective outerwear are necessary to keep workers safe in a variety of potentially harmful situations.

Hard Hats
Hard hats are an essential part of a safety wardrobe because they protect workers’ heads. No worker should ever enter a jobsite without one. However, it’s important to know how to maintain hard hats and wear them properly so that they do their job
correctly. In this toolbox talk, you can talk about how to make sure that a hard hat fits just right, proper storage, and when it’s time to replace it.

**Eye protection**
From chemical burns to splinters to lasers and more, there are many potential dangers to eyes on worksites. Because of this, it’s essential to make sure that eyes are always protected. In this toolbox talk, you can cover different types of eye protection, including face shields, goggles, glasses, and when workers should use each type.

**Gloves**
There are many ways that hands can be injured in a work environment, causing pain, lost work, and even long term disability. One of the best and easiest preventative measures is wearing the proper gloves for the job. In this toolbox talk, you can discuss glove safety, including which gloves to wear when and specific job-related use.

**Hearing Protection**
Most workers are over-exposed to noise and in just a short amount of time, hearing loss could occur. By protecting your ears, you can decrease the amount of exposure they have thus preserving your hearing in both the short and long-term. In this toolbox talk, you can discuss the importance of wearing hearing protection and the options available, including earmuffs and earplugs.

**Proper Earplugs**
From saws to powertools to lots of other equipment, a worksite is often very loud. Prolonged exposure to loud noises can lead to hearing loss, so it’s very important that workers wear proper earplugs anytime they will be around loud sounds. In this toolbox talk, you can cover why earplugs are important and how to wear them properly.

**Face protection**
Certain workplaces have hazards that require eye and face protection. Wearing protective face equipment can prevent eye damage, facial scarring, and even brain injuries. In this toolbox talk, you can cover wearing proper face protection for the job, finding the correct fit, and where to get it.
Dust masks
The dust mask is an important piece of personal protective equipment (PPE) that should be worn anytime a worker is carrying out an activity involving dust generation. If not, workers are more susceptible to respiratory illnesses. In this toolbox talk, you can cover why dust masks are essential and how to properly wear a dust mask.

Respirators
Respirators protect workers against hazardous environments, preventing the immediate and serious long-term effects of breathing in harmful substances. In this toolbox talk, you can discuss pre-planning and evaluating the environment, choosing the correct respirator for the job, fitting, checking and cleaning.

Knee pads
The knees take a significant amount of stress in a workday. Since debilitating workplace injuries involving knees often take place over long periods of time, little by little, they are overlooked. In this toolbox talk, you can cover the importance of wearing knee pads, a simple personal protective equipment that can increase comfort and prevent injury.

Appropriate footwear
Whether a job requires walking through rocky, muddy, or oily surfaces, it's important to protect feet with the appropriate footwear for the specific job. In this toolbox talk, you can cover how to protect feet from injuries like sprains, slips and falls, falling objects, lacerations, and punctures by simply choosing the right footwear for your job.

Work Boots
Foot injuries don’t mean only lost days at work, they can also have long term consequences for your livelihood. That’s why wearing the proper foot protection is so vital. In this toolbox talk, you can discuss what makes a good work boot including features, sizing, and when and where to purchase.

Radiation Protection
Millions of workers globally are exposed to natural and artificial radiation every day. It’s important for employers, managers, and workers to take overexposure seriously in order to prevent injuries like burns as well as some cancers and hereditary diseases.
In this toolbox talk, you can discuss safety tips when working around radiation and special clothing for protection.

**Required Safety Clothing**
Each role on a worksite has required clothing for safety. In addition, ensuring that workers pick proper clothing to protect them from the elements is important. Additionally, making sure your clothing fits properly, watch for loose hoods or strings and it's a good idea to bring an additional pair of clothes to work every day. In this toolbox talk, you can cover required safety clothing and other essential aspects of clothing as they related to safety.

**Construction Vests**
High visibility reflective clothing like construction vests is crucial on a job site. If a worker can’t be seen when walking around, they are at a high risk for any number of dangerous accidents. In this toolbox talk, you can cover which types of vests are appropriate for which jobs and how often they should be replaced.

**High Visibility Clothing**
High visibility clothing is a worker’s first form of protection when heavy machinery and moving vehicles are present, especially if the work area is poorly lit or in low-visibility weather conditions. In this toolbox talk, you can discuss the importance of high visibility clothing and what specifically must be worn at all times on job sites.

**Reflective Clothing**
Working in and around traffic or outside at night greatly increases the risk of accidents. Wearing high-visibility reflective clothing helps workers stand out from their environment and keeps them safe. In this toolbox talk, you can cover when reflective clothing is required and which class of garment is right for which job.

**How to Layer Clothing**
The clothing you wear can greatly affect your safety and wellbeing while on a job site. If workers are too hot or cold, it can distract them from the task at hand and even cause problems like heat stroke or hypothermia. In this toolbox talk, you can cover ways to layer clothing to ensure both comfort and safety on the job.
Dangers of Loose Clothing
Loose clothing doesn’t seem like a health hazard when you put it on, but, over the years, it has caused many tragic accidents involving heavy machinery and moving equipment. In this toolbox talk, you can cover which pieces of clothing must fit properly so you can work safely and efficiently around any equipment.

Dangers of Jewelry
Jewelry might look nice, but it can be extremely hazardous on worksites because of its tendency to get caught on and in machines and other worksite items. Even rings can have disastrous consequences. In this toolbox talk, you can talk about the specific dangers of different jewelry items and suggest potential solutions like using lockers or leaving them at home.

Safe Hairstyles
Some hairstyles are simply safer than others. Long hair can be dangerous because it can obscure your field of view, get caught in machines, and be a distraction during high-intensity work. In this toolbox talk, you can cover the dangers of longer hair, provide solutions, and suggest hairstyles that will help workers keep safety at the forefront.

Toolbox Talks on Physical Conditions

Hypothermia
When body temperature drops dangerously low, knowing how to get it back up can be a matter of life and death. In this toolbox talk, you can cover the different ways that workers can identify, treat, and even prevent hypothermia, including wearing the right type of clothing, avoiding falls, covering their heads, and remembering to keep their bodies moving in cold weather.

Frostbite
Frostbite, which is very painful and can even lead to the loss of limbs, happens when parts of a person’s body suffer from prolonged exposure to the cold, leading to a loss in circulation. This is a debilitating injury, but it is avoidable if the right precautions are
taken in the first place. In this toolbox talk, you can cover preventative measures, including having proper clothing, staying active, and drinking warm liquids.

**Overexertion**
Overexertion can lead to serious injury both over time and suddenly. Overexertion can injure muscles, bones, and contribute to significant amounts of fatigue. If workers do not take a break and time to heal from an injury, they are more prone to accidents that could ultimately lead to the loss of life. In this toolbox talk, you can talk about how to avoid overexerting and how to identify overexertion when it happens.

**Dehydration**
Dehydration occurs when the body loses fluid faster than it is replenished. When workers are working hard and sweating—especially in the heat—it can lead to a dry mouth, headache, and impairment of bodily and cognitive function. In this toolbox talk, you can discuss how to stay hydrated on the job to avoid the harmful effects of dehydration.

**Hydration**
Working hard in hot weather causes the body to sweat and lose water. Even losing a small percentage of your body fluids can cause tiredness and increase your risk of mistakes or injury. In this toolbox talk, you can cover proper hydration by explaining when to drink and how often, and what to drink and what not to drink.

**Humidity**
Working in the heat is uncomfortable, but add in high humidity and it can feel like working in an incinerator. In this toolbox talk, you can cover the health hazards that working in hot, humid settings presents and what workers should do to keep their bodies hydrated and healthy all day.

**Heat Stroke**
Working in the heat presents health hazards like dehydration, heat rash, and worst of all, heat stroke. A heat stroke occurs when the body can no longer cool off by sweating and is in crisis mode, which could end in death. In this toolbox talk, you can go over ways to avoid heat stroke and how to help a heat stroke victim.
Hazardous Energy
There are a variety of types of hazardous energy, including electrical, pneumatic, hydraulic, and mechanical. In this toolbox talk, you can cover the dangers associated with each one and explain necessary protocols associated with using them.

Respiratory Protection
Certain work environments require extra precautions and protection from smoke, dust, or hazardous substances. Inhaling these substances can cause long term damage to the lungs and death. In this toolbox talk, you can cover safety guidelines, respiratory protection equipment and reducing risk with work processes and procedures.

Serious Injuries
Serious injuries should be taken seriously. They will occur when safety protocol is ignored or improperly followed, and it's essential that workers recognize that they are a real possibility. In this safety talk, you can cover some of the serious injuries that occur when safety protocols are not followed and show how they can be avoided in the first place.

Foot Injuries
Foot injuries can be common on the job and can range in severity from a stubbed toe to an amputation from machinery. These types of injuries can negatively impact workers’ lives and prevent workers from working altogether. In this toolbox talk, you can cover proper footwear, hazard awareness, and what to do if workers experience a foot injury.

Hand Injuries
Hand injuries - ranging from cuts and scrapes to burns and broken bones - can have a severe impact on worker’s livelihoods. Because of this, it's important to take every necessary precaution to ensure that hands are not injured in any way while on the job. In this toolbox talk, you can cover necessary precautions, including wearing gloves, using guards on saws, maintaining situational awareness, and several others.

Head Injuries
Even a mild injury to the head can cause a debilitating, long-lasting impact. In this toolbox talk, you can talk about how to prevent head injuries, including wearing a proper safety helmet, being mindful of what you’re standing on, maintaining
situational awareness, wearing the proper footwear to maximize traction, and being mindful of the weather and lighting.

**Neck Injuries**
Whether it’s a pinched nerve or a more serious musculoskeletal issue, neck injuries can be painful and debilitating. In this toolbox talk, you can cover preventative measures that will help workers protect their necks from harm and review emergency plans like using a backboard to help a victim with a serious neck injury.

**Protecting Your Back**
Your back is working all day whether you are working in construction or sitting at a desk. It bends, twists, and lifts weight throughout the day, and, if hurting, it can keep workers from doing their jobs well. In this toolbox talk, you can cover some basic tips for workers to protect their backs in their line of work.

**Back injuries**
Back injuries are extremely common in manual labor jobs and can debilitate a worker for days, weeks, or even years. In this toolbox talk, you can cover the best ways to prevent back injuries on the job like always lifting with a partner, sticking to weight limits, and using mechanical lifting and personal protective equipment.

**Sprains**
A sprain is the overstretching or tearing of a ligament in a joint. Sprains are common injuries among construction workers and can be extremely painful, disabling, and take a long time to heal. In this toolbox talk, you can go over some basic stretching exercises and safe work practices to help workers avoid sustaining a sprain.

**Stretches**
Getting ready for work means not only preparing your tools but also physically preparing for the day ahead. Warming up your body and stretching will make workers more productive and protect against injuries. In this toolbox talk, you can go over basic stretches you can do before and during work to keep your body healthy.
Broken Bones
Broken bones can happen for a variety of reasons on worksites, including falls, slips, and other accidents. When workers have this kind of accident, it is essential that they receive proper care as soon as possible. In this toolbox talk, you can cover basic first aid workers can do as they wait for paramedics to arrive, including using tourniquets and splinting.

Vibration Injuries
Vibration can lead to serious injuries that affect blood supply and circulation. They usually occur from operating power tools for an extended period of time, and they can be disabling. To prevent vibration injuries in the first place, there are several preventative measures workers should take. In this toolbox talk, you can cover wearing anti-vibration gloves or wraps, using tools that reduce the effects of vibration, and taking regular breaks.

Computer Eye Strain
If you spend a good amount of time on your computer or similar screens, you will likely encounter eye strain. Many positions like data entry, etc. are susceptible to eye strain. In this toolbox talk, you can discuss ways to make sure that your eyes remain healthy and to reduce the effects of eye strain.

Burns
Burns can be serious and even fatal. They can be caused by heat, chemicals, or electricity. In this toolbox talk, you can go over ways to protect yourself from burns, including recognizing potential heat sources, personal protective equipment, and what to do if you do get a burn.

Sunburn
Even a short exposure to the sun’s ultraviolet rays can damage skin and cause painful sunburns, and workers who are out in the hot sun all day are likely to experience sunburn if proper protection isn’t ensured. In this toolbox talk, you can cover ways that workers can protect themselves from sunburn including sunscreen, proper clothing, hats, sunglasses and shade.
Chemical Burns
Chemical burns can result from the skin or eyes coming into contact with strong acids or other corrosive materials. Most of these burns are preventable if workers are trained properly and are careful. In this toolbox talk, you can discuss how to prevent chemical burns in the workplace and what to do if workers do come into contact with hazardous chemicals.

Industrial Electrical Injuries
Electrical injuries range from mild to potentially life-threatening, and to make sure that no workers suffer through the pain of an electrical injury, specific precautions must be made when working with electricity. In this toolbox talk, you can cover common electrical hazards, what an electrical shock does to the body, and how to prevent them from happening in the first place.

Tick bites
Some worksite environments will be near forests and other types of nature, making tick bites a serious concern for the workers that are there every day in the summer. If they become infected, tick bites can be serious. In this toolbox talk, you can cover what to do if workers suspect they have been bitten by a tick and when to seek medical help.

Mosquito bites
Mosquitos are dangerous insects, not because of their power or size, but because of diseases they carry and pass on to humans. When the worksite is located in a humid area in the summer, workers should take precautions to make sure that they avoid bites. In this toolbox talk, you can cover mosquito bite prevention and treatment.

Emergency Bleeding Safety
When a deep cut or laceration occurs, it’s essential that workers know how to stop the significant amount of bleeding that may result. In this toolbox talk, you can cover how to create a tourniquet, when to go to the hospital, and how to avoid deep cuts in the first place.
Minor scrapes
Minor cuts and scrapes can happen in any industry, but especially industries where machinery is used. If employees are careless or not trained properly, injuries like scratches and abrasions, needle sticks, puncture wounds, minor cuts, and deep lacerations can occur. In this toolbox talk, you can discuss ways to prevent minor cuts and scrapes.

Laceration
One of the most common workplace injuries is a skin laceration. These are often painful and can lead to dangerous infections if they are not properly treated. Lacerations tend to happen when workers get in a hurry or don’t follow the proper protocol when using sharp equipment. In this toolbox talk, you can talk about how they can be avoided by using proper machine guarding, increased situational awareness, proper tool use, and good housekeeping.

Machine Pinch Point Safety
Many machines have various pinch points throughout their mechanics. Because of this, it’s essential that workers stay aware from these areas to avoid painful injuries. In this toolbox talk, you can identify pinch points in common machinery in your worksite and explain what to do in case someone suffers a pinch from machinery.

Slips and falls
Slips and falls can happen anywhere, but many are easily prevented with some extra care and forethought. In this toolbox talk, you can go over the most prevalent causes of slips and falls on job sites, how to spot hazardous conditions that may lead to a fall, and the best safety practices to prevent slips and falls.

Fatigue
Fatigue is a serious hazard to a safe work environment. To work safely, workers must be properly rested so that their bodies are in prime condition to work efficiently and with little risk to themselves or others. In this toolbox talk, you can discuss how to identify fatigue, strategies for getting a good night’s rest, and what workers can do to help with fatigue if they do show up for the day already tired.
Long Work Hours
With many work positions offering long shifts, workers have to learn how to work with sustained stamina so that they can be on the top of their game even after working for many hours. In this toolbox talk, you can cover how to avoid fatigue and maintain stamina, including taking proper breaks, eating and drinking properly, and having a positive mental attitude.

Basic Hygiene
A good personal hygiene routine not only maintains one’s own health, it also projects a positive image in the workplace. In this toolbox talk, you can cover what it means to have a good personal hygiene routine, like washing with antibacterial soap, changing socks daily, and brushing and flossing teeth daily.

Infections
Infection control and prevention in the workplace is important. If not controlled, infections can spread throughout the workplace and impact safety and productivity. In this toolbox talk, you can cover some basic preventative measures like washing hands often as well as overall safety procedures to keep workers safe.

Flu Prevention
If workers contract the flu, they often will have to be out of work for several days and suffer from fatigue even after they have returned to work. Because of this, it’s essential to make sure that all possible preventative measures are taken. In this toolbox talk, you can cover hygiene, knowing when to stay home, and other essential measures to avoid the flu.

Legionella
At worksites involving man-made water systems, a bacteria called legionella can develop. Exposure to this bacteria can cause serious illness. In this toolbox talk, you can cover the conditions that cause this common worksite bacteria to grow, how to monitor for signs of legionella, and what to do if suspected exposure occurs.
Preventing Dermatitis
Dermatitis is a skin condition characterized by hot itchy patches, red, swollen and tender skin, and sometimes blisters. It can be caused by exposure to substances that irritate the skin or from allergic reactions. In this toolbox talk, you can go over the types of substances that can cause dermatitis that are common on your worksite and how you can protect yourself in the workplace.

Silica Dust Inhalation
Inhalation of silica dust can lead to a condition called silicosis, which leads to lung damage, as well as lung cancer and COPD, another lung illness. Silica is commonly found in a variety of common construction materials, including sand, concrete, brick, mortar, and rock. In this toolbox talk, you can go over preventative measures workers should take now, including using vacuum systems and respiratory protection in addition to never eating at site locations.

Wood Dust Safety
Wood dust is extremely common on most construction sites, but overexposure can lead to major health problems such as dermatitis, chronic bronchitis, and even cancer. In this toolbox talk, you can cover best practices for cleaning and ventilating work spaces along with ways to protect lungs, eyes, and skin from the harmful effects of wood dust.

Working at High Elevations
Human bodies function differently at high elevations due to differences in atmospheric pressure, which affects how the blood delivers oxygen to cells. If precautions are not taken, many dangerous physical conditions can result, some of which are life-threatening. In this toolbox talk, you can cover what preventative measures workers should take to avoid the dangerous physical effects of working at high elevations.

Working at Low Elevations
Working while changing elevations can be hard on your body. When going from low to high altitudes, or vice-versa, your heart has to work harder to provide oxygen to your body. In this toolbox talk, you can cover what to do if you are feeling any type of discomfort while changing altitudes.
Psychological Safety
Psychological safety refers to having an environment where people feel appreciated and that their work has value. It is very important to make sure that work environments are a safe place physically and mentally. If they are not, workers will be more prone to make mistakes and feel less confident as they do their work. In this toolbox talk, you can discuss how to create a psychologically safe work environment.

Mental Health Injuries
While mental health injuries aren’t visible on the outside like physical injuries, they can be just as painful and debilitating to one’s health and ability to work. In this toolbox talk, you can cover how to determine if a worker is suffering from a mental health illness and how they can receive help from an employer and other resources.

Controlling Work Stress
Stress can be a common feeling in a workday, but workers don’t often pause to think about how chronic stress can affect their work, performance, and health. There are things all workers can do to identify and relieve stress. In this toolbox talk, you can discuss common stress triggers, positive ways to cope, and helping each other.

When to Take a Sick Day
Almost everyone gets sick at some point, and one of the most important ways to get better is to spend some time resting. If workers don’t stay home from work when they’re ill, they are likely to make themselves worse in addition to spreading their cold. In this toolbox talk, you can cover how workers can know if they should take a sick day and why it’s so important to take a day off when they need it.

Toolbox Talks on the Environment

Environmental Compliance
All businesses must comply with governmental regulations concerning the environment, but it can be hard to keep up with the ever-changing and growing list of environmental rules. In this toolbox talk, you can talk about what environmental
compliance is and why it’s important to take the environment into account during day-to-day business operations.

**Outdoor Working**
Working outdoors presents its own set of challenges for workers. Safety hazards include stress from weather conditions, uneven terrain, and wild animals. In this toolbox talk, you can cover tips for staying safe while working outside, including proper clothing, weather protection, and awareness of terrain hazards.

**Mountain Safety**
Working in the mountains brings challenges like altitude sickness, colder temperatures, intense sun exposure, avalanches in the winter, and more. It’s important to know about potentially dangerous situations and how to keep yourself safe from harm in the mountains. In this tooltalk, you can cover fundamental mountain safety and protocol for avoiding and treating altitude sickness.

**Rocky Terrain Safety**
Working on uneven surfaces like rocky terrain presents unique challenges for workers, vehicles and equipment. The risk of accidents can be reduced with special precautions to keep workers safe. In this toolbox talk, you can go over safety tips like slowing down, using signs and delaying work when necessary.

**Desert Safety**
Working in the desert and desert-like conditions presents unique hazards on the job site, like scorching heat during the day, freezing temperatures at night, and high winds that can blow sand into eyes and equipment. In this toolbox talk, you can cover the necessary precautions to keep workers and equipment safe in the desert.

**Urban Safety**
In order to stay safe in urban areas, both workers and employers need to be trained to deal with nontraditional hazards, like homeless encampments, traffic, or hidden utility boxes or loose wiring. In this toolbox talk, you can discuss what to do when workers come across nontraditional hazards in urban environments.

**Residential Safety**
Working on a residential site, often in home construction, brings with it special challenges. In this toolbox talk, you can cover the potential dangers that could turn
into safety concerns if they are not addressed upfront. These include the proper use of hand tools, working with a crew, situational awareness, waste disposal, and more.

**Water Buoyancy Equipment**

If your worksite is near water, it’s essential to make sure that workers know how to use their lifejackets properly and know what to do in case a flood or other event occurs. In this toolbox talk, you can cover water procedures and protocol, including how to inspect a lifejacket, how to use it in case of an emergency, and what to do if a worker is in the water.

**Loading Dock Safety**

Loading docks can be very dangerous if workers are not mindful of their surroundings and using proper safety protocol. In this toolbox talk, you can cover necessary precautions including guardrails, situational awareness, never running, and more.

**Sinkhole Safety**

Sinkholes can develop unexpectedly and change quickly, creating danger for workers and damage to buildings and property. If you believe there may be a sinkhole, there are steps you can take to protect yourself and others. In this toolbox talk, you can cover what to do, who to contact and how to monitor for structural damage.

**Underground Safety**

Working underground can be dangerous for many reasons, especially when utilities are involved. If proper safety protocol isn’t followed in those situations, serious accidents can result. In this toolbox talk, you can go over some basic safety protocol that will help workers remain safe underground and get their jobs done well.

**Earthquake Safety**

Earthquakes happen without warning and can range from virtually harmless to devastating. To mitigate their effects, it is essential that workers have a plan for what to do if and when they strike. In this toolbox talk, you can talk about the necessary precautions that workers should take, including facility preparation, supply kits, and what to do in the case of aftershocks.
Stormwater Safety
Protecting stormwater and preventing stormwater pollution is not someone else’s job - it is the responsibility of every employee. Spills and contamination are not only devastating for the environment, but result in expensive fines and penalties for the companies responsible. In this toolbox talk, you can talk about your stormwater management program, safety considerations and the facility’s monitoring requirements.

Wildfire Safety
If you encounter a wildfire, it is important that workers have a plan for getting out of danger quickly. In this toolbox talk, you can cover protocol for keeping safe if you encounter a wildfire, including packing essentials in a vehicle to evacuate, tuning into the radio to local safety channels, and keeping your windows rolled up and air vents closed to avoid smoke inhalation.

Wildlife Safety
It’s important to watch for wildlife while on the job. There are a few common types of wildlife that are a major source of different injuries or illnesses. For example, deer, mosquitos, ticks and snakes can pose a threat to you on the job. In this toolbox talk, you can cover the dangers that wildlife can present and how to protect workers and wildlife.

Dangerous Fumes
When workers are in an environment that involves a lot of fumes or otherwise dangerous atmosphere, respirators ensure that they are able to breathe without causing damage to their lungs. In this toolbox talk, you can cover which types of respirators are appropriate to use in different environments and how to wear a respirator.

Staying Warm
When it’s cold outside, body temperatures can drop dangerously low, leading to hypothermia or frostbite. When workers know they’re in for a chilly day, there are specific precautions that they can take to make sure that their bodies stay warm even in freezing weather. In this toolbox talk, you can cover protocol for staying warm, including wearing proper clothing, staying active, and making sure to take breaks from the cold and drink hot liquids.
Winter Road Safety
Winter roads can be dangerous. Ice, snow, extreme cold, and reduced visibility can lead to an accident in a heartbeat. However, there are a number of precautions that drivers can take in order to prevent the worst from happening. In this toolbox talk, talk about checking the weather before driving, proper vehicle maintenance, driving slowly when necessary, and avoiding icy roads always.

Cleanliness
Maintaining a clean work area is a basic yet crucial way to keep workers safe during day-to-day operations. Cleanliness helps prevent a buildup of allergens and the spread of germs and helps diminish accidental slips, trips, and falls. In this toolbox talk, you can cover ways workers can help keep the jobsite clean and safe.

ToolBox Talks on Processes and Prevention

Safety For New Employees
New employees have less awareness of the work environment and knowledge of safety protocols, and so are more at risk and pose a greater risk to their fellow workers. In this toolbox talk, you can go over safety training and onboarding for new employees as well as reminding seasoned workers their role in helping the new worker acclimate.

Importance of Attention
Attention to detail and proper training can prevent most workplace accidents from occurring. When workers become lazy, careless, or distracted, injuries and damage to property can cost employers and employees thousands. In this toolbox talk, you can cover the importance of paying close attention while in the workplace.

Avoiding Human Error
Let’s face it - human error is real and all of us, at some point, make mistakes. However, human error has the potential to cause serious accidents. In this toolbox
talk, you can cover practical tips for avoiding human error, including situational awareness, following basic protocol, knowing when to ask for help, and others.

**Ask for Help**
When it comes to safety, it is always OK to ask for help. Workers should never take chances with safety because even the slightest thing going wrong can have drastic results. In this toolbox talk, you can talk about the importance of workers recognizing when they need a hand, being willing to help others in their tasks, and of the dangers of taking risks and doing a two-person job independently.

**Safety Protocol**
Clearly written steps on how to do a job can help everyone follow the safest and most effective way of completing a task. Creating safety protocol will reduce the risk of accidents and damage. In this toolbox talk, you can cover the importance of consistently following safety protocols while on the job.

**CPR Protocol**
When a worker stops breathing, it’s essential to know what to do to avoid the loss of valuable time and possible brain damage. In this toolbox talk, you can cover the proper CPR procedures so that all workers know how to help each other in this situation.

**Check-in Procedures**
When checking in your tools after use, it is important to keep proper check-in procedures in mind to prevent accidents for the next users. Checking and disassembling tools before turning them in can prevent people from getting hurt while cleaning. In this toolbox talk, you can go over following check-in procedures for tools and equipment.

**Hazard Assessments**
Before beginning work on a project, workers must do hazard assessments to determine the types of dangers present and whether they will need specific Personal Protective Equipment (PPE) to complete the job. In this toolbox talk, you can cover how to complete a hazard assessment and whether the PPE selected is sufficient.
Tunnel Risk Assessment
Tunnels can be dangerous because they offer limited light, bad air, and the danger of caving in. To avoid accidents in the first place, it’s important to properly assess the risk of each. In this toolbox talk, you can cover how to properly assess dangers associated with tunnels.

Emergency Preparedness
When an emergency presents itself, it’s incredibly important to be prepared with training and skills to override the fear and stress that will inevitably arise. In this toolbox talk, you can cover different types of emergencies that may happen on the job along with the basics of how to be prepared for emergency situations.

Reporting Injuries or Illness
An important practice to keep a workplace consistently safe is to report all work-related injuries or illnesses, regardless of how small or inconsequential they may seem. In this toolbox talk, you can cover why this reporting is so critical and what the consequences could be if work-related injuries and illnesses are left undocumented.

Electrical Emergencies
Electrical emergencies can pose life-threatening risks to employees, and it’s essential that there are procedures in place so that workers can act quickly to stop situations from escalating further. In this toolbox talk, you can cover how to prepare in case of an electrical emergency and what to do if one occurs.

Fire Extinguisher Protocol
A fire extinguisher can prevent a devastating fire from happening on a job site, but using one requires adequate training and discernment when a fire starts. In this toolbox talk, you can cover the different types of fire extinguishers, what kinds of fires to use them on, and how to operate one in an emergency situation.

Machine Guarding
Machines that have a lot of moving parts that can lead to severe injuries if proper precautions are not taken. However, there are a number of machine guarding techniques that work to prevent accidents from occurring. In this toolbox talk, you can
cover machine guarding protocol workers should follow when using with machines that involve mechanical motion.

**Dangerous Chemicals**

It’s important to know proper procedures and safety practices when working around dangerous chemicals. Mishandling can cause fires, explosions, burns to skin or eyes, and poisoning. In this toolbox talk, you can cover personal protective equipment for working with chemicals and how to guard against exposure.

**Drum Containers**

Drum containers usually hold hazardous materials. It is important that they are handled properly so that spills and injuries can be avoided. In this toolbox talk, you can talk about handling procedures for drum containers.

**Working with Chemicals**

Chemicals are common in the workplace and at home, some more hazardous than others. With proper handling, chemicals can be safe. In this toolbox talk, you can cover chemical safety including Personal Protective Equipment, safety showers and eyewash stations, hand washing and what to do with contaminated clothing.

**Chemical Spills**

Chemical spills can lead to slips, burns, and other injuries, especially to the eyes. Without proper training on chemical spill protocol, employees leave themselves vulnerable to injury as well as worksite damage. In this toolbox talk, you can cover what to do to avoid a chemical spill and how to clean different types of chemical spills up.

**Hazardous Container Labeling**

All containers with hazardous materials MUST be labeled properly. It’s crucial that all employees working around hazardous materials understand container labels and follow instructions to prevent injuries and illnesses. In this toolbox talk, you can go over the correct way to label hazardous containers to minimize injuries on the job.

**Waste Management**

When materials are no longer useful, they’re considered waste. They should be removed as soon as possible to maintain an uncluttered worksite. When waste piles
up, things like sharp hidden nails and other hazards are more likely to cause injuries or accidents. In this toolbox talk, you can cover different options for managing waste.

**Hazardous Chemicals Disposal**

Some chemicals are too hazardous to be placed with the rest of the waste. In those situations, it’s important that workers know what to do with leftover hazardous chemicals. In this toolbox talk, you can cover hazardous chemicals disposal, including where to put the chemical, which chemicals are considered hazardous, and more.

**Working on Scaffolds**

Many workers are injured every year on scaffolds, but the good news is that most of these accidents can be prevented with proper training. In this toolbox talk, you can go over basic scaffold safety and train workers to see hazards ahead of time like falls or collapses when working on scaffolds.

**Construction Equipment Maintenance**

It is important that construction equipment is properly maintained. If it is not, it can lead to severe accidents, injuries, and even death. In this toolbox talk, you can cover maintenance procedures for construction equipment at your worksite.

**Group Lockout Protection**

When multiple workers have access to heavy machinery or equipment, it can complicate the lockout procedure for an energy isolation device. However, there are several methods for avoiding this problem, including using a group lockout box or multi-lock hasp. In this toolbox talk, you can go over the protocol for group lockout protection.

**Preparing for Heavy Rain**

No one can control the weather, but workers can have a plan on the jobsite to mitigate injuries and worksite damage when heavy rain comes. In this toolbox talk, you can cover protocol for avoiding heavy rain-related accidents, including covering all equipment, wearing rain coats and hats, and sweeping water out of low areas.
Falling Protection
Anyone who is working at height is at risk for falls and should use caution and some form of fall protection. Even falls from a lower height can be fatal. In this toolbox talk, you can cover the types of fall protection equipment including fall arrests, travel restraints, and guardrails.

Working Around Cranes
Working on and around cranes is always dangerous, whether the crane is operating or not. If workers are not aware of the protocols and their surroundings, disasters can occur. In this toolbox talk you can cover situational awareness around cranes, taking extra care, and knowing where and where not to walk.

Suspended Loads
Suspended loads are very dangerous when they fall. They can lead to severe injury or even death, so it’s absolutely essential to be careful when workers are operating them. In this toolbox talk, you can cover the essential safety measures that everyone should take when working with suspended loads, including “common sense” measures and planning beforehand.

Concrete Safety
Working with concrete involves a number of hazards, but these hazards do not inevitably lead to injuries if proper precautions are taken. In this toolbox talk, you can cover common preventative measures, including skin protection to avoid burns, wearing proper footwear to avoid slips and falls, proper tool handling techniques to avoid associated injuries, and situational awareness.

Preventing Trespassers
Trespassers can inflict thousands of dollars of damage on a worksite as well as injure themselves and workers who come after them. To prevent trespassers from the opening of a worksite, it’s important to take the appropriate precautions. In this toolbox talk, you can cover barriers around the worksite, security cameras, and having a workers-only policy during the day.

Preventing Simple Mistakes
Simple mistakes can be disastrous, and that’s why it’s important that workers do everything possible to prevent them. In this toolbox talk, you can cover simple
solutions to simple mistakes. These include making sure that workers have had a good night’s sleep before coming into work, dressing properly, eating well, avoiding phone usage on the job, and more.

**Emergency Preparedness**
When an emergency presents itself, it’s incredibly important to be prepared with training and skills to override the fear and stress that will inevitably arise. In this toolbox talk, you can cover different types of emergencies that may happen on the job along with the basics of how to be prepared for emergency situations.

**Emergency Eyewash**
Eyes are made of very sensitive, delicate tissue that can be permanently damaged if they come in contact with abrasive or toxic substances. In this toolbox talk, you can cover the critical importance of having emergency eyewash stations nearby and how to use one and assist someone else in the case of an eye emergency.

**Fire Prevention**
Fire can have a drastic negative impact, leading to severe personal injury and worksite damage. However, there are many safety measures that can be implemented to ensure that even if fires occur, the damage is minimal and workers are safe. In this toolbox talk, you can cover fire prevention, fire safety equipment, and what to do after a fire.

**Driving and Pulling Nails**
Driving and pulling nails happens on almost every worksite, and it is often more dangerous than workers initially realize. To avoid accidents, it’s a good idea to take several precautions. In this toolbox talk, you can cover necessary protocol, which includes making sure that the hammer is in good condition and the right size for the job, paying close attention to the position of the nail in relation to the hammer, and watching out for sharp nails.

**The Fire Triangle**
The fire triangle has three sides - oxygen, fuel, and heat. This is the formula for a fire, and it should be avoided at all costs because fire can be extremely dangerous to humans in addition to causing severe damage to a worksite. In this toolbox talk, you can talk about the most effective fire prevention methods.
First Aid
Sometimes, even if the best safety procedures are followed to a tee, accidents happen. When they do, it’s important to know what to do in the case of various injuries or wounds. In this toolbox talk, you can go over cleaning open wounds and other basic first aid procedures so that even if an accident happens, workers are prepared.

Grounding Containers
When static electricity occurs near a flammable liquid, it can start a dangerous fire in no time. In this situation, it’s important to make sure that workers have properly grounded the container using a copper wire. This procedure can be a bit tricky if workers are doing it for the first time, and you can cover it step-by-step in today’s toolbox talk.

Load Stability
When you’re operating a forklift, it’s important to make sure that the load is completely stable, not leaning from side to side. If the load is unstable, it has the potential to fall over, leading to injury and damaged worksite materials. In this safety talk, you can cover how to load forklifts properly so that they are stable and remain secure.

Handling Gas Cylinders
Compressed gas cylinders are used for many purposes around a job site. It’s important to store, transport, and handle their containers with care. In this toolbox talk, you can go over the basics of how to handle compressed gas cylinders to avoid damage or leaks, especially when dealing with toxic or highly flammable gases.

Emergency Exit Routes
When an emergency happens, it is essential that workers know how to get to safety as fast as possible. If they don’t, their lives are at risk and chaos ensues. In this toolbox talk, you can go over the safe places and emergency exit routes in each of them so that workers know exactly what to do when an emergency happens.

Housekeeping
Good housekeeping is every worker’s responsibility. When a jobsite is in good order, it helps keep all crew members and equipment safe and working efficiently. In this toolbox talk, you can talk about why housekeeping should be prioritized and some rules of thumb to ensure workers are doing their part in keeping things tidy.
Forklift Safety
Using a forklift can save lots of time and manpower when heavy lifting or material transportation is needed. However, forklifts can be dangerous pieces of equipment if not operated correctly. In this toolbox talk, you can go over some basic forklift safety practices and the importance of proper training before using one.

Basic Scaffold Safety
Scaffolding helps workers reach high places on a jobsite and can be constructed in many different ways. No matter what scaffolding system is used, though, there are basic safety practices that should be followed. In this toolbox talk, you can cover how to assess the safety of scaffolding and how to recognize hazards before working.

Minor Injury Protocol
Minor injuries are injuries that aren’t serious enough to lead to death, paralysis, or a permanently diminished quality of life. Examples are minor cuts, bruises, small burns, and muscle strains. In this toolbox talk, you can cover the protocols for discerning if an injury is minor, how to treat it, and how to report it.

Identify Potential Threats
To avoid accidents in the workplace, a great first step is identifying potential threats before they become serious hazards. In this toolbox talk, you can go over how to identify potential threats, including inspecting the workplace, reviewing recent incidents, and identifying possible hazards in emergency situations.

Safety signage
Safety signage is a very important part of public safety because they communicate potential risks without words, avoiding language barriers. In this toolbox talk, you can discuss different common safety signs and what they mean.

Complying with Fall Protection
Falls make up the biggest category of workplace injuries. In this toolbox talk, you can go over fall protection protocols, including using guardrails, personal fall protection systems, and fall protection training specific to your workplace.
Pallet Jack Safety
Some potential concerns for pallet jacks are dropping pallets on feet, shoulder injuries, and tripping over the “forks.” In this toolbox talk, you can cover ways to keep the workplace safe, including reporting any damage on a pallet jack, never overloading a jack, and never pulling a pallet jack.

How to Lift Something Properly
Improper technique when lifting a heavy object can cause painful back and neck injuries. Developing good habits and safe lifting techniques can reduce that risk. In this toolbox talk, you can cover the correct way to lift a heavy object, what to do, what not to do, and when to ask for help.

After a Fire Safety
Once a fire has been put out, the danger is not always over. There are still hazards that workers need to be wary of, including burning embers, toxic gasses, and slippery surfaces. In this toolbox talk, you can cover steps you can take to stay safe after a fire.

Job Training
Having the proper training for a job is critical to workers’ safety. Mistakes from poor training can be costly and cause avoidable accidents. In this toolbox talk you can cover to whom workers should go to for more help and training and emphasize that questions are always welcome.

Refueling Processes
Refueling vehicles and equipment is a common task in the workplace, so workers do not often think of it as dangerous. However, improper technique can cause serious accidents and property damage. In this toolbox talk, you can cover safe fueling processes like grounding, proper fuel containers, keeping away from flames or cigarettes, and turning off the engine while refueling.

Ladder Inspections Pre-use
Ladders are inspected periodically by a designated person, but they should also be thoroughly inspected prior to each use. Failure to do so may result in serious falls, injuries and property damage. In this toolbox talk, you can go over how to check
ladders for signs of wear, corrosion and structural issues and what to do if issues are found.

Avoiding Near Misses
A near miss is an accident on a jobsite that did not result in injury or property damage, but definitely could have. In this toolbox talk, you can cover how to prevent and report near misses to avoid serious injury, property damage, or a fatality in the future.

What to do After a Near Miss
An accident or safety violation that doesn’t cause injury, illness or damage is called a near miss. These potential disasters are just as important as major incidents because if not addressed, they will build up towards a major accident. In this toolbox talk, you can cover what to do after a near miss, including reporting.

Recent Near Misses
Even if no one was hurt in a recent near miss, it doesn’t mean that the next person involved in the same kind of accident will be so lucky. In this toolbox talk, you can cover why reporting near misses is so important for the sake of potentially saving a life in the future.

Accident Reporting
It can be hard for workers to report an accident that they may have caused, but reporting an accident isn’t meant to shame those involved—it’s to keep everyone else safe from something similar happening in the future. In this toolbox talk, you can go over why and how to report a workplace accident.

Handling Combustible Materials
Combustible, flammable materials are a dime a dozen on most worksites, and they require extreme caution when handling them. In this toolbox talk, you can cover the most common combustible materials like fuel and preservatives and go over how to handle them with care to avoid fires or explosions on the job.

Electrical Box Safety
An electrical box performs the vital function of serving as a hub for electricity nearby, but it can be a dangerous piece of equipment if it is not properly handled or
maintained. In this toolbox talk, you can cover protocol including avoiding letting debris, rodents, and moisture enter it, and more.

**Vehicle Operations**
The majority of fatalities and major incidents in the workplace involve vehicles. Although there are many factors that contribute to the risk of operating a vehicle, there are steps workers can all take to protect themselves and others. In this toolbox talk, you can cover how to operate and drive large machinery and avoiding distractions when behind the wheel.

**Quick-fix Safety Errors**
When time is tight on a project, it may seem like the best course of action would be to use a quick-fix and move on. However, when workers cut corners or don’t follow guidelines, they open up themselves and their fellow workers up to accidents and injuries. In this toolbox talk, you can cover the pitfalls of quick-fix safety errors.

**Manual Handling**
Many times lifting or moving something by hand is just not going to work. Many workplace sprains and strains happen because a worker risks completing a lift on their own. In this toolbox talk, you can cover how workers can know their limits and other options to manual handling in the workplace.

**Safety Reporting**
Workplace accidents are caused by unsafe actions or conditions. Workers can identify these causes, learn from them, and make changes by reporting every single workplace accident and near miss. In this toolbox talk, you can cover reporting procedures and the responsibility to protect each other and the workplace.

**Rigging**
There are many risks associated with rigging and lifting. Injuries and property damage can be caused by dropped loads, stuck-by incidents, and electrocutions. In this toolbox talk, you can cover safe work practices for rigging including lift plans, inspections, and storing rigging after use.

**Overhead Load Safety**
If it’s in the air, it’s dangerous. This is a good rule to keep in mind while on a worksite; otherwise, an accident involving an overhead load can happen. In this toolbox talk, you
can give workers basic guidelines to follow when working on a team moving overhead loads.

**Responding to Electrical Emergency**
Electrical emergencies can occur anywhere, and being able to respond quickly can save lives and keep you safe from future injury. In this toolbox talk, you can discuss possible emergency situations involving electricity like downed power lines and how to assist a victim of electrocution.

**The Hazards of Reversed Polarity**
Equipment with reversed polarity can present many hazards, including electrocution and other severe injuries resulting from an inability to shut off equipment quickly. In this toolbox talk, you can cover the importance of making sure that only a qualified electrician works on electrical circuitry.

**Demolition Work**
Demolition work poses unique safety risks that need to be considered to protect workers. Falls, collapsed structures and debris can cause dangerous accidents. In this toolbox talk, you can cover pre-planning before demolition, proper communication throughout the project, and protecting against fire hazards.

**Masonry Construction**
It’s important to pre-plan all masonry and concrete work to avoid accidents. General safety requirements should always be followed on construction, demolition, alteration or repair worksites. In this toolbox talk, you can cover the common hazards when performing concrete and masonry operations and ways to prevent them.

**Welding Safety**
Welding can quickly turn into a very dangerous activity if proper precautions are not taken. Damages to the eyes, burns, and more can result. In this toolbox talk, you can cover welding safety protocol, including eye and hand protection, preventing fume inhalation, and more.
Avoid Fires in the first place
Every company needs a fire safety plan that includes not only how to put out a fire or escape when a fire occurs, but also protocols on how to avoid starting a fire in the first place. In this toolbox talk, you can cover steps you can take to avoid fires in the workplace.

Two-Person Lifting Process
Sometimes workers just can’t lift or move an object by themselves, so a two-person lifting technique is in order! In this toolbox talk, you can cover the correct way to do a two-person lift, including communicating effectively, bending the knees, and working in sync to get the job done.

Driving on Site
It’s important to keep safety in mind when driving around a worksite. The signs and driving paths might be changing often depending on the progress of the project. In this toolbox talk, you can cover how crucial it is to pay attention, avoid distractions, slow down, and not drive under the influence while driving on a worksite.

Confined Space Entry
A confined space entry is an entrance that is not commonly used for human entry, including silos, manholes, utility vaults and access shafts. There are many potential dangers that workers should be aware of, including toxic gasses, poor air quality, loose materials, low visibility, and other dangers. In this toolbox talk, you can cover how to mitigate the risk of these while also getting the job done.

Cave-in Protection
When trenches are being built, it’s essential to use cave-in protection so that in case the ground begins to shift or cave in, it will not fall on workers, leading to serious injuries and even death. There are a variety of cave-in protection techniques, and in this toolbox talk, you can cover when to use each one and how to make sure it’s complying to safety protocol.

Recycling Procedures
Recycling is an important way of making sure that nothing goes to waste that can be reused or remade into something helpful. In this toolbox talk, you can cover the
importance of recycling and several measures that can be implemented on worksites to ensure that recyclable materials make it to the right place at the right time.

**Office Safety Processes**
Employee safety should be the top priority of any business, large or small. A safe workplace is required by the government and is a major contributing factor to the overall satisfaction and productivity of employees. In this toolbox talk, you can cover the elements and procedures needed to carry out office safety processes.

**Protecting the Public**
If a construction site is in an area frequented by the public, extra precautions must be taken to avoid accidental and potentially costly injuries sustained by passersby. In this toolbox talk, you can cover ways to protect the public from harm, including setting up secure barriers and providing a safe walking route around a worksite.

**ToolBox Talks on Safety Tips**

**General Safety Tips**
Plain old common sense can prevent many accidents and injuries. If you think something looks unsafe, it probably is. In this toolbox talk, you can cover general safety practices and common sense tips workers can all follow to protect themselves and their fellow workers.

**Common Sense Tips**
Safety isn't rocket science! A lot of safety protocols and rules are obvious once workers step back to think about them. In fact, a number of common-sense tips come down to situational awareness. In this toolbox talk, you can discuss the simple, everyday things that make a big difference in the safety of workers.

**Basic Behavior Review**
Safety is the top priority on a job site, so certain behavioral standards must be met by all workers to maintain a safe work environment. In this toolbox talk, you can cover the
basic behavioral standards and best practices expected of everyone who enters the job site.

Creating a Healthy Workplace
We can all contribute to the health of a workplace with choices and actions. Adhering to safety protocols, treating one another with respect, taking care of their bodies, and speaking up when you see something wrong are just some of the ways workers can create healthy workplaces, which you can cover in this toolbox talk.

Creating a Positive Environment
Harsh words, toxic mindsets, unsafe practices and bad habits contribute to negative work environments. It is the responsibility of employees and employers to foster a positive work environment for everyone. In this toolbox talk you can discuss how you can create a more positive work environment.

Avoid Horseplay
Horseplay in the workplace can quickly get out of hand and cause injuries or even death. After getting injured, an employer is not even required to pay for an injury to a person who was engaging in horseplay. In this toolbox talk, you can discuss the importance of avoiding horseplay.

Safety When Working Alone
Although it is not ideal, certain professions or situations necessitate working alone. The same job performed by solo poses a greater risk than when others are around. In this toolbox talk, you can cover tips for keeping yourself safe while working on your own including check-in systems, equipment to keep with you, and what to watch out for.

Preventable Accidents
Workplace accidents are not an inevitability. There are things workers can do to keep themselves and those around them safe. In this toolbox talk, you can cover knowing and following the safety protocol, maintaining safe working conditions, and reporting all accidents and near misses.
Emergency Action Plan
Having an emergency action plan will save lives when an emergency hits. It should include information about what to do in a variety of possible situations. In this toolbox talk, you can cover the emergency action plans for a variety of situations on your jobsite, including weather, security, and accident-related emergencies.

Evacuation Safety
Fires, tornados, a toxic chemical release, a dangerous gunman on the premises—these are just a few of many reasons why a workplace may need to be evacuated someday. In this toolbox talk, you can go over some realistic evacuation scenarios and the procedures that must be followed to keep everyone safe.

Hazard Communication
Hazard communication, also known as “HAZCOM” or “The Employee Right to Know Act” exists to make sure that employees are made aware of safety information for chemicals in their workplace. Employers use container labeling and Safety Data Sheets to communicate hazards. In this toolbox talk, you can cover reading container labels and proper handling of workplace chemicals.

Proper Handwashing
Washing hands properly and frequently can help prevent workers from getting sick or spreading viruses and bacteria to other people. In this toolbox talk, you can cover the best handwashing practices that will kill germs after touching a surface that has been touched by many others.

Proper Cell Phone Use
Cell phones can be a major distraction on a worksite, but almost everyone carries them on their person at all times. Cell phones are an essential tool, but workers have to learn how to use them wisely. In this toolbox talk, you can cover when it’s okay to use a cell phone and when it should remain in workers’ pockets.

Distracted Driving
Distracted driving not only puts a worker’s life at risk—it endangers all other drivers and pedestrians around them as well. In this toolbox talk, you can cover some
prominent driving distractions like texting and eating and why it’s so important to avoid these behaviors.

**Listen for Danger**

When workers are on the field, their ears are an important way to stay alert to the world around them. When their eyes are focused on a task, their ears “stand guard” and let them know what’s happening around them. In this toolbox talk, you can cover how workers can establish a habit of listening so that they can make sure to take every safety precaution.

**Watching Your Surroundings**

Tragedy can strike anywhere at any time, but being observant and thoughtfully watching your surroundings can make all the difference in a potentially dangerous situation. In this toolbox talk, you can cover ways to develop better safety awareness and how to practice observation skills on the job.

**Working with Live Wires**

Electricity is extremely dangerous and can cause serious injuries and deadly accidents. Workers should always cover all electrical equipment to be energized and treat it with caution. In this toolbox talk, you can cover the proper handling of live wires, hazards to look out for, and the necessary equipment.

**Explosives Safety**

Explosives are essential in clearing out debris or rock, but mishandling can cause serious injuries and even death. The most common injuries occur in the hands and fingers, which can be devastating to one’s life and work. In this toolbox talk, you can provide tips on keeping workers safe when using explosives.

**Electrical Safety**

Electricity is used in almost all aspects of life today. However, this familiar power source can be extremely dangerous when accidental contact is made with an electrical current. In this toolbox talk, you can cover the basics of electrical safety and how to avoid deadly electrocution when working with power lines and electrical wires.
Handling Chemicals
Handling chemicals like bleach, paint, and fertilizer are a normal part of life for most of us. Construction jobs, however, often require much stronger—and more dangerous—chemicals. In this toolbox talk, you can cover how to safely work with chemicals to avoid accidental absorption into the body or property damage on a job site.

Avoiding Falls
Falls can lead to serious injury and even death among workers. Because of this, it’s absolutely essential to do everything possible to avoid falls from happening in the first place. In this toolbox talk, you can cover preventative measures such as netting, harnesses, blocking off steep drops, and situational awareness.

Vehicle Signaling Techniques
Whether someone’s job is driving a vehicle or a person is driving to and from the worksite, being aware of signaling techniques can reduce the risk of accidents and keep people safe on the road. Inspecting a vehicle prior to driving, signaling before a turn and being aware of the right of way rules in your workplace are some of the techniques you can cover in this toolbox talk.

Avoid Shortcuts
It can be tempting to look for shortcuts, especially when workers are up against strict deadlines and natural events that cause delays. It’s important to avoid shortcuts, however, because they can lead to accidents or injuries down the road for other professionals. In this toolbox talk, you can cover the most common situations where workers take short cuts.

Ergonomics
Ergonomics is all about combining efficiency and safety. There are a number of ways to ensure that workers are using ergonomics to their benefit. In this toolbox talk, you can cover different ergonomic tricks, including making sure that workers hold power tools correctly, lift and carry loads without injuring their backs, avoid the negative effects of vibration, and more.
ToolBox Talks on Being Aware

Situational Awareness
Simply paying attention could save your life and the lives of those around you. Situational awareness means being aware of where you are, what’s going on around you, and whether there are any hazards to your health or safety. In this toolbox talk, you can cover ways to improve your situational awareness and why it’s important.

Being Alert at all Times
Having a job that is boring or mundane can make it tough to stay alert. However, it is imperative that workers pay attention and stay alert because a simple lapse in judgement can cause an accident or injury quickly. In this toolbox talk, you can discuss ways workers can be motivated to stay alert at all times on the job.

Accidents that Almost Happened
We’ve all been there. The team sighs heavily knowing that an accident ALMOST happened. For every one injury, there are countless injuries that almost occurred. In this toolbox talk, you can cover real life situations that could have led to an accident or injury but didn’t and suggest ways that workers can look out for each other.

Daylight Savings Time Safety
When the clock changes, human bodies take a few days to adjust. The morning it happens, workers are usually tired and not exactly eager to face the day ahead. Working on less than enough sleep is very dangerous because it can make workers easily distracted and not fully situationally aware. In this toolbox talk, you can discuss possible solutions to this issue.

Daylight Savings Time Ending Safety
When it gets dark an hour early, it’s important to make sure that proper precautions have been taken, especially on worksites. In this toolbox talk, you can cover using overhead lights, or hardhats with lights, being properly fed and awake during this time, and other tips for adjusting to the end of daylight savings time.
Watch out for Stairways
Stairways are meant to help workers get to the ground safely and slowly, but if they aren’t careful, it can be easy to fall down. However, there are precautions that can minimize this possibility. In this toolbox talk, you can cover essential stairway protocol, including stairways being properly marked and avoiding alcohol, distractions, and horseplay.

Confined Space
A confined space is a work area with limited entry or exit points that is not meant for long-term human occupancy. Examples are manholes, tunnels, and vaults. In this toolbox talk, you can cover the hazards of confined spaces, how to determine if a space requires a permit or not, and safety protocols for working in confined spaces.

Be Aware of Moving Equipment
Moving equipment can be extremely dangerous if it isn’t operated carefully and with precision. To avoid accidents, workers should be aware of their environments at all times. In this toolbox talk, you can cover the behaviors that foster awareness, including avoiding cell phone distractions, paying attention to surroundings when walking, and verbal cues that equipment is in operation.

Potentially Dangerous Chemicals
Dangerous chemicals can cause a variety of types of destruction to a worksite, including fires, chemical damage, and slips and falls. If they are not properly labeled, stored, and used, an accident is very likely to happen. In this toolbox talk, you can cover the different ways to make sure that potentially dangerous chemicals are safely stored at all times.

Flammable Liquids
If liquids catch fire, things can escalate quickly into a very dangerous situation. This could lead to serious injury, loss of life, and severe worksite damages. In this toolbox talk, you can cover preventative measures, including liquids being stored properly, used only when necessary, and carefully cleaned up in case of a spill.
Hydrogen Sulfide
Hydrogen sulfide, or H2S, is both a naturally occurring and industrially-produced gas easily recognized by its “rotten egg” smell. This gas is flammable, colorless, and poses major health threats with overexposure. In this toolbox talk, you can cover how to recognize the presence of H2S on a jobsite and how to protect yourself against exposure.

Corrosive Chemicals
Corrosive chemicals present many safety hazards, including damaging skin. They can also cut through or even explore metal containers. In this toolbox talk, you can cover how to identify corrosive chemicals, proper storage, when to use them, and what to do if there is a spill.

Lead-based Paint
Lead overexposure is one of the most common workplace injuries. To prevent exposure, if workers suspect they are working on a project that has lead paint, they should use proper personal protective equipment. In this toolbox talk, you can cover procedures for avoiding the dangers of lead-based paint.

Chemical Labels
Working with chemicals of any kind requires paying attention to the container’s labeling, which is the primary way to avoid misuse of a chemical that could lead to injury or property damage. In this toolbox talk, you can cover what to look for on chemical labels as well as how to correctly label a chemical's container for future use.

Carbon Monoxide
Carbon monoxide (CO) is known as the “silent killer.” It’s a colorless, odorless gas produced whenever a fossil fuel is burned. CO poisoning can happen anywhere from an office building to a family home, causing sudden illness often leading to death. In this toolbox talk, you can cover how to stay safe from carbon monoxide poisoning.

Dangers of Asbestos
Asbestos is a naturally occurring mineral, now banned, that can be found in older construction, fireproofing and insulation projects. When it is disturbed, the fibers enter the lungs where they can cause chronic and fatal lung disease. In this toolbox talk, you
cover how to protect yourself by being aware of any products containing asbestos prior to disturbing them.

**Risk of Electrical Danger**
It is important to know how to work safely around electrical hazards. Exposure to electricity can cause serious and fatal injuries, electrocution, electric shock, burns and falls. In this toolbox talk, you can cover how to spot electrical hazards and what to do if you suspect you are at risk.

**Power Line Contacts in Construction**
Power lines are a common sight in the construction industry, but with one wrong move on a metal ladder or a crane near a power line, workers could be fatally electrocuted. In this toolbox talk, you can cover some dangerous situations to be extra cautious of along with how to work safely around power lines.

**Watch the Weather**
Bad weather like lightning strikes, flooding, and blizzards create hazardous conditions for workers. Storms can come on quickly, so it is critical to watch the weather and take action if needed. In this toolbox talk, you can cover tips for monitoring the weather and steps to stay safe when the weather turns.

**Check Before You Move**
A few seconds can save someone’s life! Countless accidents happen on worksites because a driver didn’t take the time to physically walk around heavy equipment before they moved it. In this toolbox talk, you can cover safety surrounding heavy fast-moving equipment for drivers as well as others on the worksite.

**Blind Spots**
Both cars and heavy construction equipment have blind spots that can block a driver’s view of other vehicles or objects in their path. Blind spots are especially hazardous if a driver only uses their rearview mirrors to see what’s behind them. In this toolbox talk, you can go over ways to safely look past your blind spots to avoid an accident on a jobsite.
Hazard Control for Lasers
A laser is an intense, highly directional light beam used on jobsites for leveling, aligning, and other manual processes. A laser can cause serious damage to human skin or eye tissue, so it’s important to be aware of hazards and to wear protective equipment. In this toolbox talk, you can cover proper hazard control for laser use.

Security
There are many reasons why people come to a worksite after hours: burglary, vandalism, operating big machinery for the thrill of it, or some wander onto a worksite by accident. Whatever the reason, it’s important for companies to secure their worksites for the protection of the company as well as the community. In this toolbox talk, you can cover what it means to secure a worksite.

New Worksite Safety
Unfamiliar equipment, strange chemicals, and complicated tasks can feel daunting! When workers begin to work on a project in a new worksite, they need to be properly acclimated to their surroundings. In this toolbox talk, you can discuss the proper safety protocols and any particulars of a new worksite.

Floor Openings
Any floor opening that is not properly identified or protected can lead to serious falls and other injuries. In this toolbox talk, you can go over the floor opening hazards to watch out for at a jobsite along with necessary preventative measures to help avoid dangerous situations around floor openings.

Plywood covers on Floor Openings
Sometimes plywood is used to cover openings in the floor, which is a standard practice. However, this can quickly become a danger if it is not positioned or balanced correctly, identified properly, or placed in an unwise location. In this toolbox talk, you can cover the proper protocol for using plywood covers on floors and how to avoid accidents that might result from them.

Scaffolding
Scaffolding is commonly used at a variety of worksites, and if it’s not properly built and maintained, it can lead to serious accidents. In addition, if workers are not aware of their surroundings, there is a high potential for dangerous falls. In this toolbox talk,
you can cover the necessary precautions to make sure that scaffolding does its job without leading to any accidents.

Falling Objects
Falling objects are a frequent cause of injury among workers. Almost anything can fall, and almost anything can be dangerous - from steel beams and roof trusses to screwdrivers and bolts! In this toolbox talk, you can cover some of the essential safety measures that workers can take, both on the ground and on rafters, to minimize the potential risk of falling objects.

Getting Caught in Machines
Getting caught in machines can lead to the loss of limbs and even be deadly. It’s important to know the safety measures that will prevent this from happening. In this toolbox talk, you can cover the necessary safety protocol, including avoiding loose clothing and long hairstyles, using equipment properly, and embracing situational awareness.

Bad Habits
Some bad habits can be more than just annoying; they can create accepted and repeated unsafe behaviors. Walking somewhere workers shouldn’t, handling equipment in unsafe ways, or joking around on the job can put workers at risk for serious accidents. In this toolbox talk, you can cover workers’ responsibility to identify those potential bad habits in themselves and work to correct them.

Complacency
Doing a job over and over again can bring complacency, the feeling that workers know what they’re doing and don’t need to pay attention. When workers are not vigilant and following safety protocols, they open themselves and others up to avoidable accidents. In this toolbox talk, you can cover ways to overcome complacency and stay focused on safety.
Toolbox Talks on Equipment

Choosing the Right Tool for the Job
If workers don’t have the right tool for the job, they won’t be able to do the job safely or properly. Because of this, it’s important to know how to identify the right tool for each particular job and to never compromise by using a tool that wasn’t built for what they’re trying to do. In this toolbox talk, you can cover the tools workers should always have on hand and which ones work best in particular scenarios.

How to Move Equipment
Moving equipment on a jobsite can be just as dangerous as using it, so it’s important to know exactly how, when, and where to move a piece of equipment before doing so. In this toolbox talk, you can cover all the safety precautions to take before moving equipment on a job site.

Heavy Equipment Standard Use Safety
Heavy equipment is a staple at construction sites. Whether it’s a simple residential remodel or a multi-million dollar new construction project, it’s important to adhere to standard safety use of heavy equipment to avoid injuries and accidents. In this toolbox talk, you can cover common safety tips for heavy equipment.

Using Locks
Locks make sure that power sources are accessed only when they are needed. This prevents equipment from being accidentally turned on and causing injuries and damage. In this safety talk, you can cover why locks are so essential to creating a culture of safety, how to use them properly, and how they can help facilitate communication among workers.

Extension Cord Safety
Extension cords are a huge help when workers need a machine to go further away from a power source, but they can also lead to electrical and other types of accidents if they are not careful. In this safety talk, you can cover what workers can do to avoid extension cord-related accidents and what to do if they do occur.
Wheelbarrow safety
Wheelbarrows are very helpful at a variety of worksites, but if workers do not use them properly, they can lead to unfortunate accidents. They must be properly maintained and operated in order to prevent accidents from happening. In this toolbox talk, you can cover wheelbarrow protocol, how to inspect and maintain wheelbarrows, and how to navigate a wheelbarrow properly.

Compressed Air Safety
Compressed air can be very dangerous if it is not used properly. Improper use of compressed air includes all horseplay and any careless operation of equipment. In this toolbox talk, you can cover the proper clothing to use when utilizing compressed air, choosing the correct PSI, and inspecting the hose and other equipment to make sure that it is in perfect working condition.

General Saw Safety
Saws are meant for cutting, but if they cut or snag the wrong thing, a disaster is inevitable. When this happens, people can easily get hurt and project materials are often wasted. In this toolbox talk, you can cover the general safety protocol that applies to all saws, including using guards, gloves, and other safety equipment.

Radial Arm Saws
Radial arm saws are versatile tools that are beneficial in creating quality work. However, they can be very dangerous if they are not operated carefully. In this toolbox talk, you can go over radial arm saw protocol, including inspecting the equipment, using guards as necessary, and situational awareness.

Hand-held jigsaws
A hand-held jigsaw is for precise, detailed work. Even though it is smaller, it can still be dangerous to hands if workers are not careful. In this toolbox talk, you can cover hand-held jigsaw safety protocol, including situational awareness, inspecting the powersource and cutting blade, and securing the materials being cut.
Chop Saws Safety
Chop saws cut at right angles, and they are very useful on worksites for precision cuts. However, they can be very dangerous if not operated correctly. In this toolbox talk, you can cover necessary chop saw protocol, including making sure the power cord is safe, using a guard, and applying situational awareness.

Hand Saw safety
A handsaw is a sharp blade with a handle on one side used to cut wood. It’s not a power tool, but a handsaw can still cause a serious injury. In this toolbox talk, you can cover the protective gear workers need to wear and how to inspect the handsaw and wood before cutting to avoid an accident.

Circular Saw Safety
There are numerous projects that require the use of a circular saw, and there are just as many ways to seriously injure yourself if you don’t know how to safely and properly use one. In this toolbox talk, you can cover the basics of circular saw safety and how to avoid accidents.

Chainsaw Safety
Working with chainsaws can be dangerous, with the worst accidents resulting in lost limbs. There are steps you can take to ensure you and those around you are safe when operating a chainsaw. In this toolbox talk, you can go over safety tips like fueling and inspecting the chainsaw prior to use, what protective equipment to wear, and where to stand to prevent falls.

Band Saw Safety
The bandsaw is a versatile tool with blades that either run vertical or horizontal. It’s important to wear safety gear like protective eyewear and gloves as well as avoiding loose or baggy clothing. In this toolbox talk, you can cover basic steps to avoid common hazards of working with band saws.

Miter Saw Safety
Miter saws are useful because they can be adjusted to cut at many different angles. However, failure to follow safety procedures can cause electrical shock, serious finger and limb injuries and damage to property. In this toolbox talk, you can cover tips for operating a miter saw, including inspection, cleaning and storage.
Table Saw Safety
Table saws are great for cutting wood, but if they are not operated with care and diligence, they can quickly lead to a disaster! Hands and eyes, in particular, can be wounded by a table saw. In this toolbox talk, you can cover the safety measures that table saw operators should take, including eye protection, guards, clothing that isn’t loose, and avoiding jewelry and long hair.

Utility Knife Safety
Utility knives are useful for everything from opening a package to cutting straps and cords. However, they can cut flesh deeply and quickly with one wrong move, so workers should not wield them carelessly. In this toolbox talk, you can cover how to avoid the main causes of utility knife injuries, including not cutting toward your body or using a dull blade.

Concrete Mixer Safety
Concrete is a necessary material for most building projects, but you should learn how to stay safe before doing concrete work or using a mixer. In this toolbox talk, you can cover the basics of concrete mixer safety and review main hazards to watch out for, including concrete dust exposure, chemical burns, and potential mixer operation injuries.

Power Jack Safety
A power jack is a basic forklift tool used in warehouses and construction sites to move pallets from one spot to another. Power jacks make the otherwise tedious and physically demanding job of transporting materials much easier and faster. In this toolbox talk, you can cover how to correctly and safely use a power jack to move pallets.

Fan Safety
A fan can make a worksite much more comfortable during hot summer days when the air is warm and stagnant. In this toolbox talk, you can cover fan safety and how to check for potential hazards, including checking fan cleanliness, inspecting the condition of the power plug, and ensuring that the guard that covers the fan blades is securely fastened.
Power Tool Safety
Power tools can help a project progress quickly and smoothly, but workers should always review hazards and maintenance needs before using them. In this toolbox talk, you can cover the most frequently used power tools, how to keep them in good working condition, and what safety precautions workers should always take before using one.

Powder Actuated Tools
A powder actuated tool is a type of nail gun used to fasten something to a hard material like concrete or steel. A powder actuated tool uses a controlled explosion, similar to how a gun fires off a bullet. In this toolbox talk, you can cover the necessary safety precautions for using powder actuated tools.

Sander Safety
A sander is a power tool that uses sandpaper to smooth down surfaces like wood. Different kinds of sanders move the sandpaper differently, but all sanders can lead to injury if not used properly. In this toolbox talk, you can cover how to keep hands and eyes safe when using a sander.

Wrenches Safety
A wrench is a hand tool that adds pressure and torque to turn something like a nut or bolt. Like all tools, wrenches need to be used safely to avoid injury to hands or other body parts. In this toolbox talk, you can go over how to correctly hold and use a wrench to avoid losing control and getting hurt.

Basic Electrical Toolbox
If you’re an electrician, you know how important having all the right tools on hand is. Having the basics in a toolbox helps workers be prepared for whatever the job at hand might demand. In this toolbox talk, you can cover the list of tools needed to assemble and maintain a basic electrical toolbox.

Ladder safety
When a person falls off a ladder or a ladder isn’t properly secured, severe injuries and even death can result. However, ladder accidents are not an inevitability. In this toolbox talk, you can cover safety guidelines, including using safety locks, making
sure the ground is level, and others.

**Portable Step Ladders**
Portable step ladders are great to have around when you need some extra height, but it’s important to make sure that workers know how to use them properly to avoid any injuries that may result. In this toolbox talk, you can cover how to inspect a portable step ladder, placing it properly on the ground, and maintaining balance.

**Step Ladder Safety**
Accidents can happen just as easily with a step ladder as with other types of ladders. Common accidents include the step ladder tipping over when the user tries to reach too far, tripping over the ladder, makeshift repairs gone wrong, or not folding the ladder out properly. In this toolbox talk, we’re going over how to avoid these accidents and use step ladders safely.

**Tool Belt Safety**
Workers need to be able to access the right tool at the right time, and the best way to do that is by having a tool belt that’s properly equipped and ordered. If sharp or heavy items fall out of a tool belt, it can lead to injury. In this toolbox talk, you can cover how to stock a toolbelt, secure it on, and make sure that everything stays in the right place.

**Paint Safety**
Paint vapors can be damaging to the lungs, eyes, and other parts of the human body. Over time, this damage can lead to severe illness or even death. In this toolbox talk, you can cover the warning signs of fume inhalation, including dizziness and feeling faint, and suggest the precautions that workers can take to avoid fume inhalation in the first place.

**Work Platform Safety**
Work platforms are helpful when workers need to reach high areas off the ground. However, there are a number of essential precautions that workers must take to make sure that they remain safe off the ground. In this toolbox talk, you can cover keeping platforms clear, avoiding ice and snow, using ladders on platforms, and other safety precautions.
Safety Nets
A safety net is a backup solution in case there is a fall. When multiple people are working from very high places, falls, even if many safety protocols are in place, are always possible. Because of this, safety nets play an essential role in maintaining the safety of workers. In this toolbox talk, you can talk about how to hang a net and why they are so important.

Guardrails
When working around heights, pits, or dangerous equipment, guardrails are an absolute necessity to protect both workers and pedestrians who may pass by a worksite. In this toolbox talk, you can cover the specifics of guardrail safety and why guardrails are essential for a secure and efficient work environment.

Ramps
Working on and around ramps can increase the risk of falls and accidents. Ramps that are slippery, not properly secured or braced, and loads that are too heavy can cause serious incidents. In this toolbox talk, you can cover the do’s and don’t of ramp safety.

Runways
Runway safety means making sure no harm occurs on an aircraft runway when a runway is near or within a jobsite. Accidents can happen when aircrafts land, take off, or taxiing on a runway in the opposite direction. In this toolbox talk, you can discuss possible runway dangers so that workers can stay out of harm’s way.

Ground Fault Circuit Interrupters
Ground fault circuit interrupters prevent electrocution in areas near water. This device will stop electricity from flowing if a problem is suspected. In this toolbox talk, you can talk about how to ensure that ground fault circuit interrupters are working and how to install them at new worksites.

Electrical Cord Safety
Electrical cords are very useful when you need a little extra slack, but they can easily cause electrical issues and even fires if they are not properly used and maintained. In this toolbox talk, you can cover the appropriate uses of an electrical cord, the different types of electrical cords, as well as how to know when it’s time to replace them.
Carbon Monoxide Detectors
Installing a carbon monoxide detector can save a life, especially in colder months when furnaces are turned back on to heat homes and buildings. In this toolbox talk, you can cover the importance of using reliable carbon monoxide detectors and how to make sure they continue to work properly.

Energy Isolation Devices
An energy isolation device is a safety measure that prevents machines from being accidentally turned on and causing accidents. Examples include a circuit breaker, switches, a line valve, and a block. In this safety talk, you can cover how to use energy isolation devices properly.

Electric Power Jack Safety
While a manual power jack uses a pump mechanism to lift pallets off the ground, an electric power jack uses the simple push of a button. In this toolbox talk, you can cover the basics of operating an electric power jack along with how to stay safe and avoid accidents and injuries while using one.

Power Take-off Safety
A power take-off shaft is used to transfer the power from a tractor to another tool. Because the shaft rotates so quickly, an accident can cause irreparable damage before anyone has a chance to stop it. In this toolbox talk, you can cover safe use of the power take-off and proper guarding.

Barricades and Warning devices
Protection for workers will be the most important part of your traffic control plan. In this toolbox talk, you can discuss barricades and warning devices, including how to set them up, follow state and federal regulations, and determine what you need in various situations.

Conveyor Belt Safety
Conveyor belts make work smoother and easier, but they do present safety risks and should always be treated with caution. In this toolbox talk, you can go over
precautions workers can take, including where to stand and walk, cleaning and maintenance, and wearing proper clothing around conveyor belts.

**Gas Safety**
Compressed gas is routinely used both in the workplace and in residential homes (think about your gas grill at home). It’s important to know what type of gas is stored in which containers and their proper uses. In this toolbox talk, you can cover tips to help you store, transport, and work with compressed gas safely in the workplace.

**Skip Loaders**
Skip loaders can lead to serious harm if they are not used properly. Dangers from other vehicles, equipment failure, and overhead power lines can result in serious accidents if proper precautions are not made. In this toolbox talk, you can cover the protocol for using skip loaders, including inspecting the vehicle, securing loads, and several others.

**Skid Steer Safety**
Skid steers are powerful tools that can become dangerous quickly if they are not operated properly. In this toolbox talk, you can cover the proper operational protocol, how to make sure that the skid steer is in working condition, wearing seatbelts and using safeties, never carrying anyone in the attachment, and more.

**Pressure Washer Safety**
Pressure washers are a great way to get something clean quickly! However, they can be a dangerous tool if not used them properly. In this toolbox talk, you can cover proper protocol when using a pressure washes, including making sure that it is in proper working order, that all hoses are secure, which materials to use it on, never pointing it at other people, and more.

**Snow Plow Safety**
Snow plus slick pavement and other elements is a recipe for hazardous conditions on a worksite. In this toolbox talk, you can discuss how to keep safe while plowing snow, including knowing the route, being empathetic towards other workers who might be intimidated by the large snow plow truck, and watching the speed.
**Dumpster Safety**
A dumpster is a common sight on the premise of almost any business, but dumpsters on construction sites often contain hazardous materials like chemicals, metal, wood, and other sharp objects. In this toolbox talk, you can cover how to keep yourself and others safe when disposing of materials in a worksite dumpster.

**Heavy Equipment**
Using heavy equipment is the best way to get a big job done, but it requires ample training and knowledge to avoid potentially disastrous situations. In this toolbox talk, you can cover ways to prevent dangerous accidents involving heavy equipment from happening and how to keep equipment in good working condition.

**Hand Tool Safety**
Hand tools are incredibly helpful, but issues arise when a tool is improperly used or there’s little regard for safety. As a result, hand tool accidents may cause cuts and bruises or more severe injuries like fractures and amputations. In this toolbox talk, you can cover basic hand tool safety and what workers should do if they’re not sure how to use one.

**Gas Salamander Heaters**
When working in the cold, a gas salamander heater can be a crew’s saving grace, keeping them warm and able to continue the job at hand. In this toolbox talk, you can cover the ins and outs of how to use gas salamander heaters, why they’re so practical for work sites, and how to avoid fires and burns.

**Tower Scaffolds**
Mobile tower scaffolds can be very dangerous, especially if they collapse. In this toolbox talk, you can cover tower scaffolding protocol, including that they should be erected only by trained personnel and inspected before use to make sure each component is in good condition.

**Flatbed Safety**
When driving on a highway, even large and heavy items can be blown out of the truck if they’re not secured properly. In this toolbox talk, you can cover what to do to make...
sure that flatbed loads are secure, including using ties or ropes that are in good condition and doing a walk-around to ensure everything is securely in place.

**Electric Generator Safety**
Portable generators are very convenient. However, they can be fatal if not used properly, causing electric shock or carbon monoxide fumes. In this toolbox talk, you can cover portable electric generators protocol, including never using a generator indoors or anywhere that is partially enclosed and inspecting it before use.

**Lawn Mower Safety**
Lawn mowers are tools used across the country, but they can be very dangerous, as lawn mowers blades whirl at 2,000 to 4,000 revolutions per minute. In this toolbox talk, you can discuss lawn mower safety, including reading and following the owner’s manual, wearing appropriate clothing, and moving debri from the lawn before mowing.

**Hammer Safety**
Hammers are one of the most common hand tools out there! However, they are also one of the most accident-ridden tools because of basic, simple mistakes. In this toolbox talk, you can cover how to avoid hammer accidents by talking about using the right size hammer, situational awareness, and how to correctly position the hammer over the nail to avoid injury.

**Trestles**
Trestles are useful for projects where you need to reach high areas, but there are risks associated with improper use. When not set up correctly, and on firm level surfaces, trestles can cause falls and serious injuries. In this toolbox talk, you can cover the safe use of trestles and how to avoid accidents.

**Fuel Truck Safety**
Accidents involving fuel trucks can be very dangerous, causing serious and fatal injuries from crashes, fires and explosions. In this toolbox talk, you can cover ways to stay safe, including never overfilling the truck, keeping open flames and cigarettes away from the truck, and going slowly around corners to avoid a tip over accident.

**Trash Compactor Safety**
If workers work around an industrial trash compactor, they need to know the specific safety guidelines for these large machines. There is a danger of being caught in
between or struck in the course of operating if precautions are not taken. In this toolbox talk, you can cover hazard awareness, proper protective equipment, inspection, and repairs.

**Crane Boom Safety**
If the lift capacity of a boom truck is exceeded, the crane can overturn and collapse, putting the operator and surrounding workers in danger. In this toolbox talk, you can cover checking the weight of the load and the wind speed before operating, proper blocking methods, and obeying warning signs when working around a boom truck.

**Cold Chisels Safety**
Using a cold chisel takes skill and can be dangerous when not used properly. There are several tips to keep in mind that you can go over in this toolbox talk, including using the correct type and size of chisel, keeping the cutting edge sharp and at the correct angle, holding the chisel correctly, and wearing safety goggles.

**Tire Safety**
The tires are possibly the most important component of a vehicle to inspect before use. Issues with tires can affect the handling and safety and cause dangerous accidents. In this toolbox talk, you can cover proper tire inflation, spare tires, and inspecting tires for wear and leaks.

**Tractor Safety**
Many agricultural workplace accidents involve tractors. Tractors don't pose a risk only for operators, but also fellow workers, visitors and family members could be injured as well. In this toolbox talk, you can go over proper tractor speed, areas to avoid including slopes, ditches, and slick surfaces, and issues with reduced visibility.

**Knife Safety**
Utility knives can be really useful on the job, but they can also be the cause of some serious injuries. It's important to use caution when working with knives and to ensure you're using the proper tools. In this toolbox talk, you can discuss knife safety including blade sharpness, how to hold and use the knife, and inspecting prior to use.
Bench Grinder Safety
There are many hazards associated with bench grinders. If the abrasive wheel is mounted incorrectly or if the grinder is not secured to the bench, it can cause a dangerous accident. In this toolbox talk, you can discuss safety precautions for bench grinders including proper clothing, operation, inspection and wheel mounting.

Vehicle Wheel Safety
Because driving is a common part of many jobs, vehicle issues can contribute to many workplace incidents. If a wheel comes off while driving, it can cause serious damage and injuries. In this toolbox talk, you can cover vehicle wheel inspection and identifying wheel or alignment issues while driving.

Using Man Lifts
Workers using aerial lifts are at risk for a number of accidents. Incidents occur if the hydraulic cylinder fails and drops the boom, the vehicle overturns, or the lift is hit by another vehicle and throws the worker. In this toolbox talk, you can cover how to operate man lifts safely, before, during, and after use.

Dump Truck Safety
Dump trucks are common on many types of work sites. These large, powerful vehicles bring certain risks to the workplace, but competent operators can keep everyone safe. In this toolbox talk, you can go over best practices for working on and around dump trucks to prevent tip overs and other incidents.

Portable Abrasive Wheels
Incorrect operation of portable abrasive wheels can cause serious injuries and damage. Accidents can be avoided with proper installation and safety precautions. In this toolbox talk, you can cover checking the wheels for damage prior to use, safe installation, and operation of portable abrasive wheels.

Portable Electric Tools
Portable electric tools are useful on the job in many different industries. With proper care and maintenance, the risks they pose can be greatly reduced. In this toolbox talk, you can cover choosing the right tool for the job, inspection prior to use, and safety tips while operating portable electric tools.
Nail Gun Safety
Nail guns can help workers get projects done quickly and efficiently, but they can also be the source of some serious accidents and lost work time. The firing mechanism in nail guns is the key to preventing incidents. In this toolbox talk, you can cover safety tips for using nail guns.

Excavator Safety
Excavators are used for many things, including trenches that range from a couple of feet to 20 feet deep! If not used properly by trained professionals, trench cave-ins can lead to injuries and accidents. In this toolbox talk, you can cover tips to operate excavators safely.

Crane Safety
Safe operation of crane and hoisting equipment requires efficient teamwork and a thorough knowledge of the skills involved. Accidents and injuries can happen when workers are careless. In this toolbox talk, you can cover safety rules that operators, signal persons, and hookup crews must follow to ensure everyone’s safety on the worksite.

Screwdriver safety
The screwdriver is a valuable hand tool, but it can be dangerous when it’s not used properly. In this toolbox talk, you can cover the proper uses of the screwdriver, like selecting the right length for the job and making sure the bit is the proper size for the screw. You can also cover some improper uses as well that could cause damage to property or injuries.

Battery Safety
Batteries have many uses on the worksite. They provide power to things like portable lights, power tools, forklifts, and communication devices. There are hazards, however, that can cause harm to workers and the environment. In this toolbox talk, you can cover safe ways to handle batteries responsibly while on the job.
Grader Safety
Worksites can be dangerous places, especially when heavy machinery like graders is in use. It’s important to inspect graders and to be fully alert and aware of other vehicles, people, surface conditions before starting a project. In this toolbox talk, you can cover important safety protocol for operating motor graders.

Pneumatic Nailers
Pneumatic nailers are extremely common in the construction industry, but it’s very important to follow safety guidelines or injuries to hands, feet, eyes, or even your brain can happen. In this toolbox talk, you can cover basic safety protocol on pneumatic nailers so you can increase productivity on the job!

Electricity and Breaker Panels
Electricity and breaker panels help control electricity levels and avoid potential electrical fires. However, if they are not properly maintained and managed, they can end up causing a fire. In this toolbox talk, you can cover how to operate electricity and breaker panels and how to make sure that they are working properly.

Backhoe Safety
Backhoes are large machines that must be operated with great care. If not, serious injury and even death can result. In this toolbox talk, you can cover backhoe protocol, including inspecting the machine before working, avoiding distractions while driving, and more.

Toolbox Talks on General Topics

Positive Work Culture
"Work culture” refers to the way things are done at your workplace. A positive work culture can impact both employers and employees and encourage higher productivity and efficiency. It takes a positive mindset and attitude. In this toolbox talk, you can discuss as a group ways that you can implement a positive work culture.
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**Proper Work Shifts**
Many industries require work to be done in shifts to keep projects on schedule, which means some workers will be assigned the night shift. In this toolbox talk, you can cover the health impacts and hazards of working the night shift and how workers can remain healthy when working on a shift schedule.

**New Years Safety**
Starting the year off right begins with reviewing successful safety programs from the previous year and setting new year's resolutions for the next one. In this toolbox talk, you can cover what worked last year and what your new safety goals will be for the year to come.

**Computer Ergonomics**
If you have a job sitting at a computer for multiple hours a day, you could be in just as much physical danger as someone with a demanding manual labor job. In this toolbox talk, you can cover the hazards to your neck, back, and wrists that come with prolonged computer work and how to improve your computer ergonomics.

**Cyber Safety**
The internet is a vast window of how-to's, information, and interaction. Cyber safety addresses how workers can access the internet while keeping personal information private. In this toolbox talk, you can cover some of the ways cyber crooks are after your information and ways to protect yourself against cyber crime.

**The Effects of Anger**
Anger is not just an emotion—it’s a weapon that can wreak havoc on your mental and physical health, your relationships, and your effectiveness at work. In this toolbox talk, you can cover some of the ways anger adversely affects health and productivity and how to combat consistent feelings of anger.

**Awareness on the Job**
Being aware and focused while at work is very important for workers to remain safe. Distractions like cell phone use, horseplay, and others can lead to a lack of situational
awareness that could lead to serious accidents. In this toolbox talk, you can discuss how to maintain situational awareness on the job.

**Hot Work Permit**

Any temporary operation on a work site that produces heat, flames or sparks will require a Hot Work Permit. Examples of hot work are welding, burning, and soldering. In this toolbox talk, you can cover how to obtain a Hot Work Permit and what it requires of workers before proceeding with a project.

**Good Safety Communication**

Safety in the workplace relies on good communication from owners and managers to workers. In this toolbox talk, you can cover the importance of communicating processes that are in place like specific training days, signage on the worksite, and communication on what to do in case of an accident or injury.

**Critical Thinking and Safety**

Thinking well on the spot is critical to making sure that accidents are avoided or mitigated as much as possible. Using situational awareness to gather information and then sifting through it to find quick solutions is key to critical thinking. In this toolbox talk, you can cover how to develop these skills so that you can deploy them on the spot.

**Most Common Causes of Accidents**

Most accidents are preventable, but workers won't know how to prevent them unless they know the safety protocol! In this toolbox talk, you can cover the most common causes of accidents and ways to prevent them in addition to the simple, easy things that workers can do that make a huge difference in terms of safety.

**Costs of Accidents**

While cost is never the primary concern when it comes to safety - saving lives is - it's a fact that accidents are expensive. Damaged materials, worksite delays, workers' compensation payments, and, perhaps most of all, a ruined reputation can set companies back financially, sometimes even bankrupting them. In this toolbox talk, you can highlight the cost of accidents to showcase the importance of safety.
The Positive Effects of Safety Practices

Safety practices have numerous positive effects on workers. In addition to making sure that workers arrive home in the same condition in which they left, they increase morale and efficiency. In this toolbox talk, you can cover the positive effects of safety, including that they save lives, show workers that they are cared about by their employers, and promote a great work culture.

Accident Prevention

Accidents on a work site can be extremely costly when they result in injury, death, and property damage or if they halt work progress. In this toolbox talk, you can cover the main causes of accidents on work sites, ways to prevent them, and what to do when an accident occurs.

Welfare Facilities

The safety and well-being of workers should always be top priority, and adequate welfare facilities like bathrooms, sinks, and rest areas on a jobsite are necessary components of that. In this toolbox talk, you can cover what welfare facilities are legally required on job sites, where workers can access them, and how they can all contribute to their continued cleanliness and efficiency.

Zero Harm

How amazing would it be if your entire crew sustained zero injuries over the course of a month? Over a year? Zero harm is the ultimate goal of implementing safety measures and it can happen when everyone is on board. In this toolbox talk, you can share statistics and how to make safe decisions on the job to reach that zero harm goal.

Why Safety Matters

Accidents can happen to anyone anywhere at any time, and some tragic accidents unfortunately happen in the workplace. However, many accidents can be avoided when workers put in the time and effort needed to do their jobs safely. In this toolbox talk, you can cover why safety matters and how you can contribute to a safe working environment.
Alcohol
The vast majority of Americans regularly consume alcohol, and many won’t experience issues with it. Some individuals, though, have negative reactions or become addicted to it. This unfortunately often leads to countless other problems in life and work. In this toolbox talk, you can cover ways to ensure you are responsibly drinking alcohol.

Dangers of Drugs at Work
Drugs are dangerous and can affect your ability to work safely. The user puts other employees and customers at risk. In this toolbox talk, you can cover the dangers that drugs in the workplace present, like slow reaction times and poor decision making, as well as what to say if a coworker offers you drugs at work.

Parking Lot Safety
Parking lots can be very stressful areas to drive through. With pedestrians walking behind your car and extra blind spots from parked cars, there are many ways to get into an accident. In this toolbox talk, you can cover parking lot safety tips and how to encourage others to stay alert in this hazardous area.

Easily Avoidable Mistakes
Most accidents - 80%! - result from human error. The top seven common causes of accidents are taking short cuts, being too confident, not having complete instructions, poor housekeeping, ignoring safety protocol, being distracted and not having a plan. In this toolbox talk, you can talk about each of these mistakes and how to fix them.

Being Positive
Having a positive attitude on the job can make a huge difference in terms of safety. Having a positive attitude begins with making the decision to work efficiently and productively in addition to keeping safety a priority. In this toolbox talk, you can cover the importance of being positive and how to keep a positive attitude even when doing tedious work.

Personal Protection
Personal protection equipment - PPE for short - is anything that the employee wears to keep them safe, including clothing, hard hats, special gloves, face shields, boots and more. For the PPE to work properly, it must fit well and it must be cleaned and
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maintained. In this toolbox talk, you can cover what personal protection is appropriate on your worksite and how to ensure it does its job right.

Safe Employment Practices
At the start of every project, each employee should feel like they are trained, have proper equipment, and know what to do in case of an emergency. These three points will help guide safer practices at the workplace. In this toolbox talk, you can cover safe employment practices like these to make sure that workers are equipped to do their job well.

10 Most Common Safety Mistakes
Many workplace accidents are caused by common sense errors that can be easily avoided. When everyone is aware of these errors, workers can all create a positive and secure work environment. In this toolbox talk, you can go over the 10 most common safety mistakes people make and how to avoid them.

Construction Site Rules
To protect yourself and others, it is critical to know and follow the rules of your construction site. In this toolbox talk, you can talk about some of the most important rules, including Personal Protective Equipment (PPE), cleaning, following signs, reporting issues, and using the right equipment.

Looking Out for Each Other
When it comes to preventing accidents in the workplace, the extra eyes and ears of fellow workers can be the difference between life and death. Looking out for each other is the best way to ensure that the work is done properly and safely. In this toolbox talk, you can discuss ways to watch out for each other while working.

Workplace Bullying
Each worker has a responsibility to create a positive and safe work environment by treating fellow workers with respect. All workers come with different backgrounds and personalities, but when they collaborate, they can all stay productive and safe. In this toolbox talk, you can discuss workplace bullying and what to do when it occurs.
Safety and Teamwork
Safety is the responsibility of everyone, not just one employee. When workers foster an environment of collaboration, they can prevent accidents. In this toolbox talk, you can cover ways that workers can create a safer work environment by working together, looking out for each other and speaking up about near misses.

Top 10 Risks of Working in Construction
There are many risks when working in the construction industry. Accidents happen when workers aren’t trained properly, rules are ignored, or equipment is faulty or not maintained properly. In this toolbox talk, you can cover the top risks of working in construction.

Permits to Work
Sometimes getting a permit can be time consuming, but it’s worth it. Processes are put in place for workers’ good, and it’s best to follow the rules laid out by the experts. In this toolbox talk, you can cover the different permits your worksite needs and how to fulfill the obligations of each.

Risk Assessment
Risk assessment involves identifying hazards in the workplace and talking through the likelihood that those hazards might cause harm. Many injuries can be avoided by taking the time to evaluate the risk. In this toolbox talk, you can go over the importance of asking the right questions to assess risky situations.

Always Ask Questions
Questions are important to ask whenever an unclear situation arises. Confusion, injuries, and accidents happen when questions go unasked. In this toolbox talk, you can emphasize the importance of always asking questions when they arise to avoid uncomfortable or dangerous situations.

Invisible Dangers
Dangers are everywhere in the workplace, and some are hidden. They can cause costly accidents or injuries to employees. In today’s toolbox talk, you can cover some of the most common invisible dangers like fatigued employees, poor lighting and temperature control, and even extension cords!
Safety Training Programs

Safety training is essential for workers who want to be continually improving in their safety skill sets. Programs can cover a huge variety of safety topics, and they can be tailored to match your organization’s needs at the moment. In this toolbox talk, you can cover the importance of safety protocol training, which makes workers not only safer but also more productive and effective.
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