

WE ARE PREPARED

FINALFORMS

COVID-19 SAFETY GUIDELINES

STAFF & STUDENT HEALTH & SAFETY CHECKLIST

— PAPERWORK + POLICY MANAGEMENT

- **Physicals**
Review and distribute special state requirements.
- **COVID-19 Waiver**
Distribute required school policies or waivers.

— STAFF MANAGEMENT

- **Mobile Health Screening Tools**
Provide staff with a mobile tool to:
a) Take attendance b) Screen athletes c) Create reports
- **Virtual Coach and Team Meetings**
Conduct informational meetings with coaches and teams.
- **Practice Sessions**
Review national, state, and local guidance to enhance safety.
- **Coach Education**
Review online certification and education options.

— SPORTS EQUIPMENT MANAGEMENT

- **Equipment Reconditioning**
Confirm that your reconditioning resources are up and running.

— HEALTH & SAFETY EQUIPMENT MANAGEMENT

- Infrared thermometers
- Tape or paint for marking safe spaces
- Hand sanitizer, sanitizing wipes, and face masks

— EVENT MANAGEMENT

- Decide who will be allowed to attend
- Review transportation options

— PRE-WORKOUT SCREENING

- Record athlete and coach attendance.
- Screen athletes and coaches for symptoms.
- Record and store screening clearances and symptoms.
- Send anyone with a positive symptom home.
- Urge symptomatic persons to seek medical advice.
- Report all symptoms and illnesses.
- Allow vulnerable persons to participate and oversee.

— LIMITATIONS ON GATHERINGS

- Limit prolonged contact and proximity.
- Limit crowd size and distance groups of attendees.

— FACILITIES CLEANING

- Schedule and implement regular cleaning plans.

— PHYSICAL ACTIVITY AND ATHLETIC EQUIPMENT

- Do not share athletic towels, clothing, or shoes.
- Maintain sanitary facilities, locker rooms, and equipment.

— HYDRATION

- Require athletes bring fluid from home.
- Do not use hydration stations.

Always practice social distancing and good hygiene.



COVID LINKS & RESOURCES

NEED INFO FOR YOUR SCHOOL BOARD?

National Federation of High School Associations (NFHS)

5 Factors That Should Be Considered by Stakeholders
<https://www.finalforms.com/hubfs/FinalForms%20Website/Website%20Images/nfhs-smac-statement-on-risk.pdf>

Centers for Disease Control of Prevention (CDC)

Considerations for Youth Sports Administrators
<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

American Medical Society for Sports Medicine (AMSSM)

Understanding Risk Related to COVID-19 and Youth Sports
https://www.amssm.org/Content/pdf-files/COVID19/UnderstandingRisks_Youth.pdf

American Academy of Pediatrics (AAP)

COVID-19 Interim Guidance: Return to Sports
<https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-interim-guidance-return-to-sports/>

The information provided on this document does not, and is not intended to, constitute professional advice; instead, all information, content, and materials available on this document are for general informational purposes only.

REOPEN WITH A CONSULTANT. THE FINALFORMS TEAM IS HERE TO HELP.

Our licensed superintendents, certified athletic directors, and experienced coaches understand compliance and risk.

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