

## Exceeding Expectations for Patients with Peripheral Neuropathy

By Lauren Suter

**Paul Ross, DPM** is an award-winning podiatrist and Diplomate of the American Board of Podiatric Surgery. His practice, The Podiatry Center with locations in Bethesda, Maryland and Springfield, Virginia, has relieved foot and ankle pain in over 250,000 patients, and Dr. Ross credits his success rate to the leading technologies and techniques used at each location, particularly those applying non or minimally-invasive procedures.

Dr. Ross and his team are committed to staying at the



Dr. Ross and his neuropathy patients saw exceptionally positive results with this laser therapy protocol. However, these results improved further when Dr. Ross started pairing MLS Laser Therapy treatments with the EB-N6<sup>DR</sup> medical food from EBM Medical.

EB-N6<sup>DR</sup> is specially formulated to meet the distinctive nutritional requirements to manage symptoms of neuropathy and help prevent further damage from occurring. With L-meth-

ylfolate calcium, alpha lipoic acid, and Vitamins B1, B6, and B12, the EB-N6<sup>DR</sup> medical food supports essential body functions, including:

- Improving blood flow
- Decreasing inflammation around the nerves
- Eliminating toxins that damage the nerve
- Improving peripheral nerve repair by protecting the myelin sheath

By addressing metabolic deficiencies associated with neuropathy, EB-N6<sup>DR</sup> works synergistically with MLS Laser Therapy to ease pain and inflammation. With cumulative treatments, MLS Laser Therapy has an immediate effect to reduce symptoms. On the other hand, EB-N6<sup>DR</sup> supports nervous system health overtime and may take 3 to 6 months to repair the myelin sheath.

Dr. Ross is confident that this approach can help his patients and, when offering it as a solution, often uses previous cases to explain the possible outcomes that each patient could experience. Neuropathy patients at The Podiatry Center have been openminded to this combination of approaches and eager to experience the benefits.

“MLS Laser Therapy is a game changer. It’s led to a paradigm shift at my practice,” explained Dr. Ross when discussing laser therapy as an adjunctive service.

In addition to medical foods, Dr. Ross and his team have found success in pairing MLS Laser Therapy with other methods and approaches at his practice, including platelet-rich plasma therapy, amniotic injections, and other therapeutic technologies. All these methods have unique benefits and complement one another to expedite results.

With a comprehensive suite of state-of-the-art equipment at his practice, Dr. Ross is able to offer personalized treatment plans for each patient to relieve them of their pain. MLS Laser Therapy is helping Dr. Ross continue to fulfill his mission of exceeding patient expectations with solutions that can help patients minimize their intake of pharmaceuticals and possibly avoid surgery.

*For more information on how your patients could benefit from MLS Laser Therapy from Cutting Edge Laser Technologies, call 800.889.4184 or visit [www.celasers.com/medical](http://www.celasers.com/medical).*

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forefront of podiatric innovation and technology. This commitment led to his decision to incorporate the **Multiwave Locked System® (MLS) Laser Therapy** into his practice to offer patients a drug-free, non-invasive solution for pain management.

MLS Laser Therapy uses a patented emission system to deliver a concentrated beam of light energy to the tissue. A continuous 808nm wavelength promotes blood flow and lymphatic drainage to reduce inflammation. At the same time, a pulsed 905nm wavelength induces analgesia through the production of painkilling chemicals, including endorphins and enkephalin.

When Dr. Ross first added MLS Laser Therapy to his practice, he began offering it to patients with chronic pain, including plantar fasciitis, Achilles’ tendonitis, and arthritic pain, as well as some post-operative patients. As Dr. Ross and his staff grew more comfortable with the technology, they began offering it for a broader range of conditions. Since then, it has become his first option for various sorts of pain and inflammation.

Most recently, Dr. Ross began offering this service to treat more challenging conditions including peripheral neuropathy. With support and training from his Cutting Edge representative, Dr. Ross established a laser therapy protocol for his neuropathy cases. The typical treatment package offered to these patients includes 12 laser therapy sessions over a 6-week period, then 1 maintenance session per month for 12 months afterward.