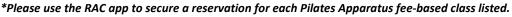
## RAC PILATES APPARATUS CLASSES Summer 2020



The red number indicates the maximum number of participants based on social distancing guidelines.

Mon.	Tues.	Wed.	Thurs.	Fri.
Experienced Reformer				
7:15-8:15am <i>Tom</i>				
3 participants				
Beginner Reformer	Intermediate Reformer	Intermediate Reformer	Intermediate Reformer	
9:15-10:15am	9:15-10:15am	9:15-10:15am	9:15-10:15am	
Норе	Joanne	Joanne	Jeannie	
3 participants	3 participants	3 participants	3 participants	
Regiment Deferment			Intermediate Reformer	Experienced Reformer
Beginner Reformer 11:15-12:15pm			11:15-12:15pm	11:15-12:15pm
Норе			Jeannie	Tom
3 participants			3 participants	3 participants
Beginner Reformer	Intermediate Reformer	Experienced Reformer	Intermediate Reformer	
5:15-6:15pm	5:15-6:15pm	5:15-6:15pm	5:15-6:15pm	
McKay 3 participants	McKay 3 participants	Tom <b>3 participants</b>	Jeannie 3 participants	
3 participants	3 participants	S participants	5 participants	
Intermediate Reformer				
7:15-8:15am				
МсКау				
3 participants				

\*To attend a Pllates Apparatus (reformer) class, a confirmed reservation is required.

\*All 60 minute classes listed on this schedule are fee-based experiences. Participants will be billed \$15.00 per hour session.

\*Please use the RAC app under the RESERVATION tile and the category Live Group Fitness to book a class that starts on the 15.

\*The reservation window opens 72 hours (3 days) prior to class scheduled start time.

\*A maximum of three participants can be trained per Pilates Studio class due to social distancing/capactiy guidelines.

\*When a reservation is booked, a confirmation check mark will be visible. Please present the confirmed reservtion at the RAC Front Desk to gain entry into the club.

\*Cancellations must be submitted via the same RAC app a minimum of four hours prior to class to avoid being billed.

\*Initially, no fee-based Pilates make-ups classes will be available during PHASE 1.

\*If these class options do not serve your fitness needs, please communicate directly with your instructor or contact Sarah Cima at scima@racmn.com