

RAC PILATES APPARATUS CLASSES *Summer 2020*



**Please use the RAC app to secure a reservation for each Pilates Apparatus fee-based class listed.*

The red number indicates the maximum number of participants based on social distancing guidelines.

Mon.	Tues.	Wed.	Thurs.	Fri.
Experienced Reformer 7:15-8:15am Tom 3 participants				
Beginner Reformer 9:15-10:15am Hope 3 participants	Intermediate Reformer 9:15-10:15am Joanne 3 participants	Intermediate Reformer 9:15-10:15am Joanne 3 participants	Intermediate Reformer 9:15-10:15am Jeannie 3 participants	
Beginner Reformer 11:15-12:15pm Hope 3 participants			Intermediate Reformer 11:15-12:15pm Jeannie 3 participants	Experienced Reformer 11:15-12:15pm Tom 3 participants
Beginner Reformer 5:15-6:15pm McKay 3 participants	Intermediate Reformer 5:15-6:15pm McKay 3 participants	Experienced Reformer 5:15-6:15pm Tom 3 participants	Intermediate Reformer 5:15-6:15pm Jeannie 3 participants	
Intermediate Reformer 7:15-8:15am McKay 3 participants				

- *To attend a Pilates Apparatus (reformer) class, a confirmed reservation is required.*
- *All 60 minute classes listed on this schedule are fee-based experiences. Participants will be billed \$15.00 per hour session.*
- *Please use the RAC app under the RESERVATION tile and the category **Live Group Fitness** to book a class that starts on the 15.*
- *The reservation window opens 72 hours (3 days) prior to class scheduled start time.*
- *A maximum of three participants can be trained per Pilates Studio class due to social distancing/capacity guidelines.*
- *When a reservation is booked, a confirmation check mark will be visible. Please present the confirmed reservation at the RAC Front Desk to gain entry into the club.*
- *Cancellations must be submitted via the same RAC app a minimum of four hours prior to class to avoid being billed.*
- *Initially, no fee-based Pilates make-ups classes will be available during PHASE 1.*
- *If these class options do not serve your fitness needs, please communicate directly with your instructor or contact Sarah Cima at scima@racmn.com*