

# RAC PILATES APPARATUS CLASSES DROP IN Schedule 2021

\*Please use the RAC app to secure a reservation for each Pilates Apparatus fee-based class listed.

The red number indicates the maximum number of participants based on social distancing guidelines.



Schedule begins on Monday, January 25, 2021.

Mon.	Tues.	Wed.	Thurs.	Fri.
Experienced Reformer 8:45-9:45am Tom <b>3 participants</b>				
	Intermediate Reformer 9:45-10:45am Joanne <b>3 participants</b>	Intermediate Reformer 9:45-10:45am Joanne <b>3 participants</b>		Reformer Intro Essentials 9:45-10:45am Hope <b>3 participants</b>
Reformer Intro Essentials 10:00-11:00am Hope <b>3 participants</b>				
Intermediate Reformer 11:15-12:15pm Hope <b>3 participants</b>			Intermediate Reformer 11:15-12:15pm Tom <b>3 participants</b>	Experienced Reformer 11:15-12:15pm Tom <b>3 participants</b>
	Intermediate Reformer 5:30-6:30pm McKay <b>3 participants</b>	Experienced Reformer 5:30-6:30pm Tom <b>3 participants</b>		
Intermediate Reformer 6:45-7:45pm McKay <b>3 participants</b>				

- \*To attend a Pilates Apparatus (reformer) class, a confirmed reservation is required.**
- \*All 60 minute classes listed on this schedule are fee-based experiences. Participants will be billed \$15.00 per hour session.**
- \*Please use the RAC app under the RESERVATION tile and the category **Live Group Fitness** to book a Pilates Apparatus (reformer) class.**
- \*The reservation window opens 7 days prior to class scheduled start time.**
- \*A maximum of three participants can be trained per Pilates Studio class due to social distancing/capacity guidelines.**
- \*When a reservation is booked, a confirmation check mark will be visible. Please present the confirmed reservation at the RAC Front Desk to gain entry into the club.**
- \*Cancellations must be submitted via the same RAC app a minimum of four hours prior to class to avoid being billed.**
- \*ALL participants must wear a face covering.**
- \*If these class options do not serve your fitness needs, please communicate directly with your instructor or contact Sarah Cima at [scima@racmn.com](mailto:scima@racmn.com)**