

COVID-19 Management Guidance

With Self-assessment checklist for RMG and footwear factories

VERSION 2 | APRIL 2020



1. Introduction

Since the first reporting by China in December 2019, the coronavirus disease (COVID-19) has become a public health emergency and seized international attention. On March 11th 2020, the World Health Organization (WHO) declared the outbreak of COVID-19 as a pandemic. When it was announced, cases have been reported in 114 countries in total people infected around the world reached 118,000.

In Bangladesh, this number continues to increase as time goes by and the character of the virus transmission is very fast since it was first announced in early March 2020.

In response to this crisis, Better Work Bangladesh (BWB) guideline on COVID-19 helps employers, worker representatives and respective committee members responsible for managing their workplace during COVID-19, protecting workers, and answering some of the workplace and occupational safety and health (OSH) related questions that factories are facing.

This guidance is not a standard or regulation, and it creates no new legal obligations. It contains recommendations as well as descriptions of mandatory safety and health standards. This guidance is intended for planning purposes. Employers and workers in readymade garments (RMG) and footwear factories should use this planning guidance to help identify risk levels in workplace settings and to determine any appropriate control measures to implement. Additional guidance may be needed as COVID-19 outbreak conditions change, including as new information about the virus, its transmission, and impacts become available.



2. Management System to Reduce Risk of Exposure from COVID-19

Better Work advises factories to tackle COVID-19 by using a systematic approach that emphasizes on the joint collaboration of workers and management through active engagement. Following these policies and procedures set out in this guidance will help improve response and preparedness of workplaces in dealing with COVID-19.

2.1 Policy and procedure

2.1.1 Develop an Infectious Disease Preparedness and Response Plan

- Develop a COVID-19 taskforce in the workplace, so this taskforce can lead protective actions against COVID-19. Members of participation committee, safety committees, safety officers, and the medical staff of the factory should be in the committee.
- **L** Ensure proper representation from every section in the taskforce.
- □ The developed policy should clearly define the accountability and responsibility of committee members in writing so the entire workforce is made aware of their responsibility (who is In-charge, who does what?) in terms of prevention, controlling mechanism, and handling suspected COVID-19 cases in the workplace.
- □ Communicating and implementing COVID-19 related policies and procedures with relevant parties in the factory through worker training, and targeted interventions relevant to assigned tasks including but not limited to induction training, training of safety and participation committee or trade union, and posting names of COVID- 19 committee members.
- Regular review, coordination, and updates to the plan as COVID-19 outbreak conditions change, including as new information about the virus, its transmission, and impacts become available.
- Prepare a SOP related to receipt of raw materials, accessories, machines, tools, accessories, and any other goods into factory premises, including what is imported from outside the country. This policy should include a quarantine and checking area for what is brought into factory premises.

2.1.2 Develop, Implement, and Communicate about Workplace Flexibilities and Protections

Ensure that leave policies are flexible and consistent with public health guidance and that floor-level staff such as supervisors, line chiefs and production managers are aware of these policies. Floor-level staff should receive trainings and awareness raising on the COVID-19 related needs of specific workers, including pregnant workers, workers with disabilities and workers with family responsibilities and/or dependents.



- □ Assure workers about their paid leave entitlements and non-retaliation for taking sick leave for showing COVID-19 related symptoms.
- Provide workers with a list of referrals to essential health services including health care facilities treating COVID-19, sexual and reproductive health care (including maternal health care services), and counselling, legal, medical, and shelter services for workers experiencing domestic violence. Ensure that the medical officers and welfare officers are trained to support workers in accessing these services if required.
- Do not require a doctor's prescription or leave certificate for workers who are sick with COVID-19 symptoms to validate their illness or to return to work.
- **□** Educate human resources and leave clerks to ensure the flexible leave policy is practiced.
- Maintain flexible policies that permit employees to stay home if a family member or dependent is exhibiting symptoms of COVID-19 (cough, fever, difficulty breathing). Do not require certification or documentation if workers have to take leave to provide care and support to family or dependents.
- □ Actively encourage sick employees to stay home. Promote awareness raising among line managers to avoid penalization of employees for taking sick leave.

2.1.3 Prepare factory medical staff with resources on COVID-19

- □ Have a detailed meeting with the medical staff to identify the gap in existing medical facility.
- □ Take immediate action to procure what's missing.
- □ Encourage all medical staff to educate themselves on COVID-19 from Ministry of Health and Family Welfare approved <u>online course</u> or <u>WHO online training</u> on COVID-19.

3. Preventive measures

The best way to control COVID-19 is to systematically prevent it from entering the workplace in the first place. In factories where it may not be possible to eliminate the COVID-19 outbreak due to the high density of workers in a small place, the most effective protection measure will be to use the "hierarchy of controls" to select ways of controlling workplace hazards.

There are advantages and disadvantages to each type of control measure. In most cases, a combination of control measures will be necessary to protect workers from exposure to COVID-19

3.1 Engineering Controls

Adjust the layout of the sewing machine so that it provides a physical distancing of at least 2 meters (6 feet) from other people distance between workers who work in the sewing department.



- Ensure similar physical distancing of at least 2 meters (6 feet) in cutting and finishing section by changing job spreading workers in different locations.
- Modify the dining area to be individual space by providing a barrier or provide limits on the distance to the dining area for each worker.
- □ Installing high-efficiency air purifiers especially in areas that are enclosed or airconditioned.
- □ Increasing ventilation in the work environment.
- □ Installing barriers or windows for providing equipment and raw materials from the store.

3.2 Administrative Controls

Preventive measures before stating operation

- Establishing hand wash stations at the main gate with adequate number of liquid soaps; ensuring hand wash/sanitization for all the visitors and employees while entering into the factory.
- □ Ensure at least two meters distance from one tap to another.
- Hand washing stations should have clean, dry cloth, single-use towel or hand drier avoid reusable towels
- □ Checking workers and any visitor's temperature by using infrared thermometer/thermal scanning/ necessary health check-up of every employee who is entering into the factory by the factory medical team.

Disinfection Processes

- □ Factory should complete disinfection prior to workers' entry to the factory.
- □ Using personal protective equipment (PPEs) such as disposable gloves protective suit and mask is mandatory when disinfection processes are implemented.
- Spraying disinfectant throughout the factory; routine cleaning is being continued with more attention to disinfect stairs' handrail, lift button, inside of lift, exit doors' handle, fire doors' handle, photocopy machines, first aid boxes, dining tables, pantry and production tools and equipment (such as trolleys, WIP storage shelves, baskets etc.
- The bottom of shoes should be sprayed with disinfectant while entering to the factory and ensure workers do not remain in bare foot in the production floor. If necessary, provide spare sandals for the production floor.
- U Where possible move spittoons outside the factory building.
- □ All vehicles must be disinfected upon entry.



HR and administrative initiatives to reduce risk of COVID-19

- □ Allowing all employees to visit in-house doctors for any COVID-19 symptom, sending workers away from factory premises with paid leave if they have fevers.
- □ Ensuring social distancing is maintained during visits to the medical room/doctor, and facilities are disinfected after each worker visits.
- □ Establishing more hand wash stations throughout the factory with an adequate number of water tapes and soap to facilitate frequent hand wash.
- Ensuring hand wash items in all the toilets always and encouraging to wash hands very frequently.
- □ Divide the lunch/dinner/prayer break into several shifts to avoid the large number of workers who gather at a time and place the same simultaneously.
- □ Change the working time to shift work; shift work schedules should take into consideration of workers with family responsibilities and their availabilities to take on certain shifts. Depending in safety and security circumstances related to commuting to and from work, factories should ensure that workers, specifically women workers, are not put at risk of violence and harassment.
- □ Change the attendance system of the fingerprint to the use of punch card attendance. If temporary registers are used, then the pens used should be wiped with hand sanitizers after each use.
- Ensure each worker carry individual drinking water bottles and maintain gap between the water tap and bottle.

Awareness and worker management communication

- Arranging awareness training for all employees could be arranged in smaller groups, where each members will be able to maintain social distancing during the session.
 Factory can create awareness on COVID-19 symptoms and preventive actions by PA system or audio clip every couple of hours and during floor meeting so the workers are encouraged to self-report when they are sick or experiencing symptoms of COVID-19.
- Provide trainings on appropriate use of PPE (i.e. how to dispose of gloves safely, how to take on and off masks, how to wash cloth masks)
- Posting awareness poster with several emergency instructions throughout the factory and distributing leaflet on COVID-19, including information related to health services. If possible factory should also use social media, SMS, apps for sharing awareness information with workers.
- Meeting with PC and Safety Committee (not gathering too many people at a time and ensuring meetings keep social distance), to encourage them proactively work to prevent COVID-19.
- □ Motivating all the employees to maintain personal hygiene in their homes also.



- Forming Emergency Response Team to monitor all ongoing safety initiatives and to deal any emergency related to COVID-19. The Team should have both women and men represented, as well as both workers and managers.
- Factory should remove all spittoons and educate workers to use the washroom basin for spitting

3.3 Personal Protective Equipment (PPE)

The factory must ensure the following PPE is available to in-house medical staff:

- Disposable face masks
- Disposable goggles
- Gloves
- □ Medical clothes (including waterproof clothes)
- □ Plastic cover for the feet/shoes

Factory should provide the following PPE and support structures for staff

- □ Face masks for all employees, complemented by training on how to use, take off, and dispose of personal protective equipment properly
- □ Collecting all used PPE in a separate waste bin
- Monitoring by the taskforce, OSH committee, and welfare team of the respective floor with support from the medical team to check that all workers are using masks and all support staff are using mask and gloves properly
- □ Ensure adequate PPE for security guards

How to use PPE correctly

- Before putting on a PPE, wash hands and wrists with alcohol-based hand rub or soap and water for at least 20 seconds
- Cover mouth and nose with mask and make sure there are no gaps between face and the mask - inform men workers they may experience increase risks of spreading and contracting masks as the masks cannot be used efficiently due to facial hair
- Avoid touching the mask while using it especially the front of the mask; if you do, avoid touching your face (especially your eyes) clean your hands with alcohol-based hand rub or soap and water
- Replace the mask with a new one as soon as it is damp and do not reuse single-use masks/PPEs.
- □ To remove the mask: remove it from behind (do not touch the front of mask); discard immediately in a closed bin; wash hands with alcohol-based hand rub or soap and water



How to wash hands properly

- □ Wet hands with safe running water
- Apply enough soap to cover wet hands
- Scrub all surfaces of the hands including backs of hands, between fingers and under nails, and wrists - for at least 20 seconds
- □ Rinse thoroughly with running water
- Dry hands with a clean, dry cloth, single-use towel or hand drier as available.
- □ Wash your hands often, especially before and after eating; after blowing your nose, coughing, or sneezing; going to the bathroom/toilets/latrines and whenever your hands are visibly dirty. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 70% alcohol. Always wash hands with soap and water.

3.4 Preventive measure for child care facility:

- Provide training on COVID-19 prevention for care facility attendants and encourage their use of PPEs
- Provide hand washing point in front of or convenient place of child care facility to ensure proper hand washing before entering the child care room.
- Provide hand sanitizers/adequate soap in the washroom of the childcare room and ensure frequent hand washing.
- □ Change clothes of the children wear from their resident and provide washed dress to wear in the child care room to reduce the risk of infection.
- □ Wash cloths with detergent and dry on sunlight/dryer properly. Encourage mothers to bring at least two dress with them if the factory does not provide dress to the children.
- □ Check the temperature of children and attendants using a thermal scanner.
- □ If mothers/children are feeling uncomfortable/feverish/cold could be discouraged to attend office/child care to avoid more infection. Ensure paid leave for those days.
- □ If possible the factory could arrange a temporary separate room for isolation.
- Awareness training to the childcare attendant (by the in-house trained doctor, welfare officer, Mothers@Work focal person) about breastfeeding and nutritious food intake etc.
- Provide hand washing point in front of or convenient place of breastfeeding rooms.
- □ Ensure proper hand washing, using spray to clean up clothes and sandals/shoes for the parents/attendants who bring the children from home for breastfeeding.
- □ Ensure frequent cleaning of bed sets (bedsheet, pillow cover, towels etc.) and toys in the room.



3.5 Precaution from COVID-19 during Pregnancy and Breastfeeding:

Pregnant people should protect themselves from COVID-19:

- Avoid people who are sick or who have been exposed to the virus.
- **C**lean your hands often using soap and water or alcohol-based hand sanitizer.
- □ Clean and disinfect frequently touched surfaces daily.

Breastfeeding if you have COVID-19

Yes. Women with COVID-19 can breastfeed if they wish to do so. They should:

- Practice respiratory hygiene during feeding, wearing a mask where available;
- □ Wash hands before and after touching the baby;
- **Q** Routinely clean and disinfect surfaces they have touched.

If you are sick and choose to express breast milk:

- Express breast milk to establish and maintain milk supply.
- A dedicated breast pump should be provided.
- Wash hands before touching any pump or bottle parts and before expressing breast milk.
- After each use, cleaning all parts that come into contact with breast milk.
- If possible, consider having someone who is well feed the expressed breast milk to the infant.

4. Identification and Isolation of potential and confirmed cases of COVID-19

4.1 The factory should have a screening system for prompt identification system of COVID-19;

4.2 Prepare a separate room for containment in case of workers are suspected or needed to consult with in-house medical staff(s). Such quarantine areas needs to be isolated from the production floors, medical rooms and common areas.

4.3 The employer must restrict the number of personnel entering isolation areas and protect workers in close contact with (i.e., within six feet of) a sick person or who have prolonged/repeated contact with such persons by using additional engineering and administrative controls, safe work practices and PPE.

4.5 The employer must contact COVID-19 hotline numbers for the necessary diagnosis of the suspected workers.

4.6 In case any confirmed case is found, the factory should provide leave to the workers and proper counselling for self-quarantine. Below points should explain clearly and advise to follow during self-quarantine:



- Do not leave your home.
- Do not allow visitors.
- Only household members who are caring for the person suspected or confirmed of having COVID-19 should stay at home.
- Separate yourself from other people in the household. Use facemasks, if you have one, when in the same room with other people, to protect them.
- □ Stay in a well-ventilated room with a window that can be opened. If a dedicated toilet is not available, the isolated person should clean the toilet thoroughly after each use.
- □ Use separate towels, eating utensils, drinking glasses, bedding or any other household item commonly shared in the family setting.
- If you don't have enough grocery or medicine to last you for two weeks, ask your friends, neighbours, or family members to help you with grocery and medicine shopping. Avoid direct contact when interacting with them, for example, by arranging groceries to be dropped at the door. Wash hands directly before and after any interaction with others.
- □ For workers with household and care responsibilities, inform partners, family members, and dependents about the need to avoid contact, which may reduce the worker's ability to perform their household duties.

4.7 The factory should identify people who have been in contact with them and to instruct them to be in self-quarantine. Anyone who has come within six feet of the suspected individual should be sent home for 14 days, and COVID-19 task force/welfare team should continually follow up with them on each day to ask whether they or someone else in their household has developed symptoms.

4.8 The employer must inform the relevant authorities (e.g. Department of Labour) regarding the confirmed cases.



5. Safe Transportation guideline from COVID-19

Transportation of goods and workers and the staffs is important for smooth operation of the factory, at the same time it represents a threat as they are potential transmitters of the virus. In order to avoid the spread of the virus via transport and supply means, the following precautious measures must be taken:

Transportation of goods

- □ Factory must ensure the disinfection of goods containers prior to arrival to the loading area.
- □ All incoming and outgoing vehicles are sterilized by using detergents and disinfection sprays.
- □ The driver is isolated directly in the decontamination zone.
- □ Ensure that drivers move individually to disinfection zones.
- \Box Raise awareness and precautious measures among drivers on COVID-19.
- Inform the Medical Team immediately if any health symptom appears on the driver in order to attend to necessary medical tests.
- Awareness brochures on COVID-19 virus are distributed to all drivers.
- □ All drivers must be given personal protection equipment which are kept in a special box.

Transportation of workers/staff

- Number of passengers in the vehicle should not exceed 50% of its capacity and should ensure zig-zag sitting arrangements.
- Vehicles must be sterilized every day, in particular doors and windows, handles and all points of contact from inside and outside prior to each trip and after. DO NOT disinfect when passenger are in the vehicle.
- $\hfill\square$ Each passenger must follow hand-cleaning measures while using transport
- □ The driver must disinfect themselves prior to each trip
- $\hfill\square$ Each vehicle should be provided with a hand-cleaning unit.
- Drivers must wear PPE.
- A special log must be used to document daily information about vehicle numbers and trips of all vehicle designated for workers' transport from home to factory and backward. The log must include the number of trips, times, and number of passengers of each trip.
- □ The Transportation coordinator/ COVID-19 task team should ensure follow-up of all safety procedures.



6. Protecting workers at community level from COVID-19

Due to higher rents most of the workers live in shared accommodation which poses a greater risk of getting infected by COVID-19 virus. So factories should educate workers on how to protect their family members or people who they are living with in the community or dormitory from COVID-19.

- □ Leave what is not necessary at work.
- Place work clothes in your dirty clothes bag or directly wash them when you get home.
- Disinfect your phone, name tag or ID card, eyeglasses and keys;
- □ Handle possibly contaminated items (footwear, work bag, work clothes) with care.
- \Box Wash your work clothes and dirty clothes bag with detergent or soap
- Leave your work shoes outside the home.
- □ Keep your home clothes and shoes in a clean and washable bag, separate from your work clothes.
- □ Shower immediately after arriving home.
- Do not leave the house if it is for urgent reasons.
- □ Social gathering and face to face meeting in the neighborhood should be avoided.
- Use simple social distancing tactics like replacing hugs and handshakes with alternatives like wave or smile.

7. Official page and hotline number related to COVID-19

If the worker or enterprise experiences or found cases related to COVID-19, immediately report to the National COVID-19 hotline 333 or 16263 or to the local authority hotline number provided.

Department of Labour Hotline related to COVID-19: 02-8391324

World Health Organization https://www.who.int/

The Department of Inspection for Factories and Establishments (DIFE) has launched a telemedicine service for workers during the coronavirus outbreak. The phone numbers are-

Head office Directorate General of Health Services (DGHS)-01797011919 Dhaka- 01714266843, 01972138530, 01711240390 Gazipur-01847129493 Narayanganj-01722909122, 01787386361 Barishal-01936493427 Chattogram-01712383773 Khulna-01749599797 Sylhet-01914300917



Prevention and Mitigation of COVID-19 at RMG Factories: Checklist Preparation

This checklist is a tool to check the necessary actions to mitigate the spread of COVID-19 pandemic at the RMG factories. Successful implementation of the tool is dependent on the coordination between employers, management and workers to establish an improved response mechanism and preparedness to fight COVID-19. Employers should involve the Participation Committee, Safety Committee, Medical staff and Welfare Officer(s) in the process.

How to use the Checklist?

- Prepare a team including senior management, mid-management, supervisors, medical staff, workers' representatives and safety personnel. Ensure that women and men are represented in this team, particularly from workers' representatives.
- 2. Brief and train the team on the steps to implement the checklist.
- 3. Complete the checklist and plan what action should be taken, by whom and when.
 - ✓ If the measure has already been taken, mark 'Yes', mark 'No' if not started yet, mark 'in-progress' if you have started the action but not completed yet.
 - ✓ Set the 'Target Date' and mention 'Completion Date' after completion, write the responsible personnel (designation preferred)/team.
 - Use the space beside 'Remarks' to add comments, to describe a situation or to add a suggestion.
- 4. Look again at the items you have done already and identify what is necessary to do. Discuss with the team and plan to sustain completed items, complete on-going items and take new actions that necessary.
- 5. Immediately after completion of the checklist, organize a group discussion with the team to prepare suggestions to higher management.
- 6. Continue working on the checklist and track the changes you are doing in the factory.

The team should seek clarification from safety and health authorities of the government regarding COVID-19, DIFE, Employers and Workers Associations.

This list could be modified, as the team should add to the checklist any additional items they consider appropriate to improve response to COVID-19 considering their own factory. Management needs to comply with national legal obligations and directions in establishing their workplace COVID-19 prevention and control plan.

COVID - 19 Safety Checklist

| Factory Name |
|--------------|
|--------------|

| Date: | / | / |
|-------|---|---|
| | | |

| Checkpoint | | Sta | tus | Target | Completion | Responsible | Remarks |
|---|----------|-----|----------|--------|------------|-------------|---------|
| | Yes | No | In | Date | Date | person | |
| | | | progress | | | | |
| A. Policy and Procedure | | | | | | | |
| Develop an Infectious Disease Preparedness and | | | | | | | |
| Response Plan | | | | | | | |
| Form a gender representative COVID-19 task force with | | | | | | | |
| members of safety committee, safety officers and the | | | | | | | |
| medical staff of the factory (If there is no medical staff, | | | | | | | |
| factory can have a temporary contracted medical staff | | | | | | | |
| to provide support in to the factory especially to aware | | | | | | | |
| workers) | | | | | | | |
| Identify role of the response team and medical staff, | | | | | | | |
| welfare officer, safety officer and supervisors' role to | | | | | | | |
| reduce the risk related to COVID-19 | | | | | | | |
| Develop policies to ensure workplace flexibility to | | | | | | | |
| reduce risk of COVID-19 (e. g. flexible sick leave policy, | | | | | | | |
| leave for workers with family responsibilities, work | | | | | | | |
| planning related to multiple shifts) | <u> </u> | | | | | | |
| Consult with Ministry of Health and Family Welfare, | | | | | | | |
| WHO or reliable sources to collect/develop information | | | | | | | |
| materials regarding virus | | | | | | | |

| Checkpoint | | Sta | tus | Target | Completion | Responsible | Remarks |
|--|-----|-----|----------------|--------|------------|-------------|---------|
| | Yes | No | In progress | Date | Date | person | |
| B. Risk Assessment, Management and Communicatio | n | - | | | | | |
| Mapping of the hazards of all sections including utility | | | | | | | |
| Mapping of disproportionate risks facing different | | | | | | | |
| groups of workers (women workers, men workers, | | | | | | | |
| pregnant workers, migrant workers, etc.) | | | | | | | |
| Train management, workers and their representatives | | | | | | | |
| on the adopted measures to prevent risk of exposure to | | | | | | | |
| the virus and on how to act in case of COVID-19 | | | | | | | |
| infection | | | | | | | |
| Update management, workers and their | | | | | | | |
| representatives with latest information regarding | | | | | | | |
| COVID-19 | | | | | | | |
| Assist workers to manage any emerging psychosocial | | | | | | | |
| risks, new forms of work arrangements and social | | | | | | | |
| contacts with friends and family | | | | | | | |
| Frequent meetings with PC and Safety Committee (not | | | | | | | |
| gathering too many people at a time), encouraging | | | | | | | |
| them proactively work to prevent COVID-19 and | | | | | | | |
| engaging them as deems appropriate | | | | | | | |
| Establish a monitoring and evaluation mechanism of | | | | | | | |
| the COVID-19 prevention strategies and plans | | | | | | | |
| (preferably by compliance/admin team) | | | | | | | |
| C. Prevention and Mitigation Measure | | | | | | | |
| Awareness and Motivation of Management and Worke | ers | | | | | | |

| Checkpoint | | Stat | tus | Target | Completion | Responsible | Remarks |
|---|----------|--------|--------------|---------|------------|-------------|---------|
| | Yes | No | In | Date | Date | person | |
| | | | progress | | | | |
| Arranging awareness training for all employees (limited | | | | | | | |
| people at a time), creating awareness on COVID-19 | | | | | | | |
| symptoms and preventive actions by PA system or | | | | | | | |
| audio clip in every couple of hours and floor meeting | | | | | | | |
| Posting awareness poster with several emergency | | | | | | | |
| instructions throughout the factory and distributing | | | | | | | |
| leaflet on COVID-19 | | | | | | | |
| Motivating all the employees to maintain personal | | | | | | | |
| hygiene in their home as well | | | | | | | |
| Encouraging all employees to self-report any state of | | | | | | | |
| illness at any time | | | | | | | |
| Preparing the Medical Centre | | | | | | | |
| Providing appropriate PPE to all the medical staff | | | | | | | |
| Allowing all employees to visit in-house doctor(s) for | | | | | | | |
| any COVID-19 symptom | | | | | | | |
| Maintain a separate register to document suspected | | | | | | | |
| COVID-19 cases or workers who have been sent back to | | | | | | | |
| home | | | | | | | |
| Preparation for Daily Protection Measure in the Facto | ry inclu | ding I | Entry of the | Factory | | | |
| Establishing adequate hand wash stations ensuring at | | | | | | | |
| least two meters distance from one tap to another | | | | | | | |
| throughout the factory including entry gate with | | | | | | | |
| adequate number of water tapes and soap to facilitate | | | | | | | |
| frequent hand wash | | | | | | | |

| Checkpoint | | Stat | tus | Target | Completion | Responsible | Remarks |
|---|-----|------|----------------|--------|------------|-------------|---------|
| | Yes | No | In progress | Date | Date | person | |
| Ensuring adequate distance while hand washing | | | | | | | |
| Spraying disinfectant throughout factory including | | | | | | | |
| common production tools and equipment (such as | | | | | | | |
| trolley) before workers' arrival, during break period and | | | | | | | |
| after workers' departure from the factory; routine | | | | | | | |
| cleaning to be continued with more attention to | | | | | | | |
| disinfect stairs' handrail, lift button, inside of lift, exit | | | | | | | |
| doors' handle, fire doors' handle, photocopy machines, | | | | | | | |
| first aid boxes, dining tables, pantry, and routine | | | | | | | |
| disposal of spittoons' waste | | | | | | | |
| Checking of body temperature of all employees (both | | | | | | | |
| workers and management) during entry | | | | | | | |
| Check in the medical centre or send workers home if the | | | | | | | |
| body temperature is high (see section D) and record in | | | | | | | |
| the COVID-19 register | | | | | | | |
| Spraying disinfectant on entire clothing (if possible) | | | | | | | |
| Arrange hand sanitizer in the gate and different | | | | | | | |
| sections where it is not possible to set hand wash | | | | | | | |
| station | | | | | | | |
| Take adequate safety measures while maintaining | | | | | | | |
| workers' attendance via biometric system, proximity | | | | | | | |
| card or register | | | | | | | |

| Checkpoint | | Sta | tus | Target | Completion | Responsible | Remarks |
|---|-----|-----|----------|--------|------------|-------------|---------|
| | Yes | No | In | Date | Date | person | |
| | | | progress | | | | |
| Making sure that every employee and visitor entering | | | | | | | |
| into the premises puts on mask (provide mask at the | | | | | | | |
| main entry if someone doesn't have or forgets to bring) | | | | | | | |
| Collecting the used mask in separate waste bin if | | | | | | | |
| anyone wishes to change to get a new one | | | | | | | |
| Personal Protective Equipment (PPE) for Workers | | | | | | | |
| Providing mask to the employee who wants to | | | | | | | |
| change/has not been given at the main entry though | | | | | | | |
| he/she forgot to bring) | | | | | | | |
| Collecting the used mask and gloves in separate waste | | | | | | | |
| bin if anyone wishes to change to get a new one | | | | | | | |
| Monitoring by the welfare team and production team of | | | | | | | |
| respective floor and supporting by medical team to | | | | | | | |
| check that all employees are using mask | | | | | | | |
| Providing appropriate PPE to all the medical staff | | | | | | | |
| Making sure the employees who are assigned with | | | | | | | |
| enabling access (i.e. security team), checking body | | | | | | | |
| temperature (i.e. medical team), ensuring hand wash | | | | | | | |
| (i.e. management team), managing que (i.e. security | | | | | | | |
| team), cleaning toilets and floor (i.e. cleaner and | | | | | | | |
| sweeper) has the appropriate PPE | | | | | | | |
| Line Management (Sewing/Finishing/Cutting) | | | | | | | |

| Checkpoint | | Sta | tus | Target | Completion | Responsible | Remarks |
|--|-----|-----|----------------|--------|------------|-------------|---------|
| | Yes | No | In progress | Date | Date | person | |
| Ensuring adequate distancing of workstations i.e. in sewing floors and finishing floors* | | | | | | | |
| Line managers/supervisors are guiding workers to maintain distance | | | | | | | |
| Toilets | | | , | | | | |
| Ensuring hand wash items in all the toilets always and encouraging to wash hands very frequently | | | | | | | |
| Cleaning of toilets with disinfect regularly (if possible once in each our) | | | | | | | |
| Cleaning of sandals provided in the toilets regularly | | | | | | | |
| Keeping provision such as hand tissue or dryer in toilets to avoid using common towels | | | | | | | |
| Drinking Water | | | | | | | |
| Drinking water stations and taps are disinfected and cleaned regularly | | | | | | | |
| Make sure workers are allowed and requested to bring clean and empty bottle for drinking safe water | | | | | | | |
| Aware workers so that they avoid direct contact of their water bottle with the water tape or dispenser | | | | | | | |
| Canteen and Dining | | | | | F | | |
| Rearrangement of sitting to ensure social distance | | | | | | | |
| Take necessary percussions in canteen and dining | | | | | | | |
| (including marking for social distance and scheduling of lunch time) | | | | | | | |

| Checkpoint | | Sta | tus | Target | Completion | Responsible | Remarks |
|--|-----|-----|----------|--------|------------|-------------|---------|
| | Yes | No | In | Date | Date | person | |
| | | | progress | | | | |
| Ensure social distance in the drinking water fountain | | | | | | | |
| and wash stations | | | | | | | |
| Multiple scattered breaks to reduce people flocking for | | | | | | | |
| breaks | | | | | | | |
| Visitor Management | | | | | | - | - |
| Visiting policy/restriction/guideline during COVID-19 | | | | | | | |
| outbreak | | | | | | | |
| Checking of body temperature of all visitors during | | | | | | | |
| entry | | | | | | | |
| Denying access of the visitors if the body temperature | | | | | | | |
| found beyond normal range | | | | | | | |
| Restriction/safety measures for casual/construction | | | | | | | |
| workers and other daily workers in the premise | | | | | | | |
| Transportation of Goods and Materials | | | | | | | |
| Raise awareness among drivers and porters on COVID | | | | | | | |
| - 19 | | | | | | | |
| Making sure drivers and porters have adequate PPE | | | | | | | |
| Making sure drivers and porters are maintaining social | | | | | | | |
| distance while traveling for official reason especially | | | | | | | |
| during transportation of goods | | | | | | | |
| Disinfection of goods containers prior to arrival to the | | | | | | | |
| loading area | | | | | | | |
| Transportation of Workers/Staff | | | | | | | |

| Checkpoint | | Stat | tus | Target | Completion | Responsible | Remarks |
|--|-----|------|----------------|--------|------------|-------------|---------|
| | Yes | No | In progress | Date | Date | person | |
| Number of passengers in the vehicle should not | | | | | | | |
| exceeding 50% of its capacity and using a zigzag sitting | | | | | | | |
| arrangements | | | | | | | |
| Vehicles are sterilized every day, in particular doors, | | | | | | | |
| windows' handles, and all points of contact from inside | | | | | | | |
| and outside prior to each trip and after. Do not disinfect | | | | | | | |
| when passenger are on the vehicle | | | | | | | |
| Making sure drivers and helpers have adequate PPE | | | | | | | |
| Each vehicle provided with a hand-cleaning | | | | | | | |
| unit/sanitizer | | | | | | | |
| Instant health check-up for drivers and helpers if found | | | | | | | |
| with any COVID-19 symptom | | | | | | | |
| If possible arrange accommodation for drivers and | | | | | | | |
| helpers for a time being | | | | | | | |
| Day Care | | | | | | | |
| Encouraging workers to keep their children at home | | | | | | | |
| instead of bringing them to factory (child care) for a | | | | | | | |
| time being if they have someone to take care of | | | | | | | |
| Ensure adequate safety measures (i.e. providing PPE to | | | | | | | |
| the caregivers, conducting regular health check-up for | | | | | | | |
| caregivers as well as for babies, imposing restriction on | | | | | | | |
| visiting child care) if still workers need to keep their | | | | | | | |
| children at child care | | | | | | | |
| Vulnerable Groups | | | | | | | |

| Checkpoint | | Sta | tus | Target | Completion | Responsible | Remarks | |
|--|-----|-----|----------|--------|------------|-------------|---------|--|
| | Yes | No | In | Date | Date | person | | |
| | | | progress | | | | | |
| Ensure pregnant and lactating mothers are kept aloof | ľ | | | | | | | |
| from factory for a time being (if require, by giving them | ľ | | | | | | | |
| extended leave) | | | | | | | | |
| Track aged workers and workers with respiratory | l | | | | | | | |
| problems to provide special attention to reduce risk | l | | | | | | | |
| regarding COVID-19 (if possible, by giving them leave) | | | | | | | | |
| Others | | | | | | | | |
| Make sure workers are allowed and requested to bring | | | | | | | | |
| one pair of sandals/footwear to keep and own use in | | | | | | | | |
| factory | | | | | | | | |
| Avoid using spittoons inside the factory for a time | | | | | | | | |
| being and motivate workers to use toilet for spitting | | | | | | | | |
| Aware workers not to bring betel leaves or any | | | | | | | | |
| munching stuff inside factory which requires frequent | l | | | | | | | |
| spitting | | | | | | | | |
| Encourage workers to avoid cash transactions as much | | | | | | | | |
| as possible and wash hands every time they are in | l | | | | | | | |
| contact with hard cashes | | | | | | | | |
| Ensuring hygienic food supply for the workers by | ſ | | | | | | | |
| requesting food vendors to sell food inside the factory | | | | | | | | |
| by maintaining cleanliness and precautionary measure | | | | | | | | |
| regarding COVID-19 (if possible) if there is no in-house | | | | | | | | |
| food arrangement | | | | | | | | |
| D. Arrangements for Suspected and Confirmed COVID – 19 Cases | | | | | | | | |

| Checkpoint | | Sta | tus | Target | Completion | Responsible | Remarks |
|--|-----|-----|----------|--------|------------|-------------|---------|
| | Yes | No | In | Date | Date | person | |
| Developing a SOP/protocol on how to deal any emergency related to COVID-19 especially suspected/infected worker | | | progress | | | | |
| Arranging adequate logistics (an isolation room**, bed, vehicle for transportation to hospital) for dealing with any suspected/infected case | | | | | | | |
| Sending away immediately with leave if the body temperature is found higher/ any COVID-19 symptom observed | | | | | | | |
| Posting of national helpline in the factory and make workers know about the helpline to seek support. | | | | | | | |
| Motivate workers to share if they have suspected/infected COVID-19 patient in their home | | | | | | | |
| Support system to make sure workers are taken care of if the area are shutdown or worker in isolation | | | | | | | |

* Adequate distancing of workstations can be ensured i.e. re-laying the workstations to maintain distance and/ or reducing workers from similar operations e.g. if there are six single needle operations, remove three and readjust the line flow.

** Isolation room should be away from the medical centre, production area or areas frequently visited by workers - staff and must have easy vehicle access to transfer suspected COVID patient to the hospital.