# KINDERGARTEN READINESS GUIDE



# Is your child ready for Kindergarten?

This Kindergarten Readiness Guide can help you decide. Please keep in mind that all children learn at their own pace. This guide identifies skills, knowledge and behaviors that will help your child be prepared for that special day – going to kindergarten!

# **Social & Emotional Development**

- Shares, takes turns and plays cooperatively with other children
- Expresses basic emotions such as happy, sad, mad or scared
- Uses manners and shows kindness to others

#### **Cognitive Development**

- Identifies and draws basic shapes
- Counts to 30 orally
- Counts 10 objects (one-to-one correspondence)
- Identifies numbers 0-30
- Sorts objects by color, shape or size



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# **Physical Development & Health**

- Gallops, slides, hops, leaps and skips
- Steers a tricycle, balances on beam or sandbox edge
- Catches a ball with both hands
- Tosses or throws balls
- Kicks moving ball while running
- Pours liquids without spilling and builds with Legos® or blocks
- Uses a 3-point finger grip on pencil, crayon or paintbrush
- Makes a variety of lines and shapes such as circle, dash, plus sign, square and triangle.
- Uses scissors correctly to cut simple shapes and pictures
- Buttons, zips, laces and buckles
- Names a variety of foods and begins to classify food items as either fruits or vegetables
- Is aware of safe behavior and follows basic safety rules and routines
- Takes responsibility for personal self-care routines such as hand washing, brushing teeth, dressing and toileting

#### Language Development

- Understands an increasing number and variety of words for objects, for actions, and to describe things
- Comprehends who, what, why and where questions
- Performs up to three-step directions
- Uses four- to six-word sentences
- Tells increasingly detailed stories or ideas
- Communicates clearly enough to be understood by most people



# **Emergent Literacy**

- Listens, tells and engages in story being read
- Participates in singing songs and saying rhymes
- Retells stories from favorite books and personal experiences
- Decides if two words rhyme, for example; cat and bat
- Holds books right side up and turns pages one at a time from front-to-back
- Recognizes print they see in their everyday life (for example, stop signs and logos for Walmart and McDonald's)
- Identifies and names some letters in the alphabet, particularly their own names
- Produces the correct sounds for some of the letters of the alphabet
- Writes some letters correctly, particularly those in own name



# **Mathematical Thinking**

- Counts in sequence up to 20
- Understands and uses terms such as first, second and last
- Counts objects using one number for each object
- Recognizes four objects in a group without counting
- Recognizes numerals 1-10
- Sorts objects by color, shape and size
- Recognizes and repeats patterns such as triangle, square, triangle, square
- Measures and compares height of objects
- Arranges objects from shortest to longest (for example, shoe sizes or different lengths of yarn)
- Recognizes and names familiar shapes such as square, triangle, circle and rectangle
- Understands and uses words such as inside, outside, up, down, over and under

#### Science & Technology

- Asks questions about the world around them (for example, "What do plants need to grow?")
- Recognizes that living things change over time (for example, babies grow and become adults and seeds grow and become plants.)
- Recognizes and identifies at least 10 colors
- Uses simple technology devices such as touch screen, e-book reader or digital camera





# **Social Studies**

- Knows their own first and last name, age, and knows names of family members
- Understands and talks about today, yesterday, tomorrow, after lunch, day and night
- Is aware of familiar buildings and special places in the community such as home, school, grocery store and park



#### **Creativity & Aesthetics**

- Enjoys singing and moving to the beat and speed of music
- Explores drawing with crayons and markers
- Enjoys pretend play (for example, rocking a baby doll, driving a truck or pretending to talk on a toy telephone)



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