

CAHAR VANJLLA















































Gahara Premium Vanilla Bean

The Gahara Vanilla Bean is from Batubulan, Indonesia. Batubulan is a small province located in the renowned Bali Island. In their unique curing process, this community takes the vanilla bean to new higher standards. The cured pods are handpicked after they have reached full maturity. Their high-level of natural vanillin induces an astonishingly sweet and well-rounded flavor.

Vanilla is derived from orchids of the Vanilla planifolia genus (vanilla means "little pod" in Spanish) native to Mexico. Originally cultivated by Pre-Columbian Mesoamerican peoples. Later, cultivation of vanilla beans was on the French Island named Reunion, located off the coast of Africa in the Indian Ocean. The Reunion Island is also known as Bourbon Island and this is where the term was coined, Bourbon Vanilla. Bourbon Vanilla is the common name for the vanilla species, "Vanilla Planifolia" which is also grown in islands of the Indian Ocean, Madagascar, Indonesian, Papua New Guinea and the Comoros.



BUYER BEWARE!

Thick, moist, very plump beans are not an indicator of a bean with more vanilla! The amount of seed content and quality is what a watchful consumer should look for, not the weight of the bean.

Don't be fooled and pay for water weight.



Item#	<u>Description</u>	<u>Unit Size / Case Count</u>
T105	Vanilla Beans Origin: Indonesia Sweet, floral, creamy and delicate aroma	8 oz Beans in Tin Can / 24
T110	Vanilla Beans Origin: Madagascar Traditional vanilla flavor with a hint of alcohol notes	8 oz Beans in Tin Can / 24







Gahara Vanilla Extracts and Gahara Vanilla Pastes

are made from 100% Gahara Indonesian Vanilla Beans. The paste is a rich concentrated puree of the whole vanilla bean. Use the paste when you wish to add flavor and texture.

Both products have a wonderful sweet, floral, creamy flavor note.

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<u>ltem #</u>	<u>Description</u>	<u>Unit Size / Case Count</u>
T106	Vanilla Extract	32 oz Plastic Bottle / 12
T107	Vanilla Extract	1 gal Plastic Jug / 4
T104	Vanilla Paste (made with Indonesian Vanilla Beans)	16 oz Plastic Bottle / 12
GA1000	Vanilla Flavoring Paste (made with Madagascar	3.3 lb Plastic Jar / 4
	Bourbon Vanilla Beans)	
T113	Vanilla Powder (ground dry vanilla beans)	1.76 oz Cryovac / 1















Glace Aux Oeufs Vanille

Rich Vanilla Ice Cream with Eggs and Heavy Cream

1036g Whole Milk

330g Heavy Cream

4 Gahara Vanilla Beans

40g Inverted Sugar

180g Egg Yolks

260g Granulated Sugar100g Powdered Milk

4g Ice Cream Stabilizer





Bring the milk, heavy cream, vanilla beans (cut in half and seeds scraped out) and inverted sugar to a boil.

Make a mixture by combining the sugar, powdered milk and ice cream stabilizer. Whisk the egg yolks with the sugar mixture. Slowly add a little of the hot milk mixture into the sugar egg mixture to temper the eggs, then add back into the hot milk mixture and cook to 85°C / 185°F. Strain the mixture and quickly chill to 3°C / 37°F. Allow the mixture to set for a minimum of 4 hours in the refrigerator. Mix the mixture and churn in an ice cream machine.







TIP 1:

Don't throw away those scraped beans! Make vanilla scented sugar to sprinkle over muffins or cookies before baking.

Add 2 chopped beans (1" pieces) to 2 cups of granulated sugar. Store the vanilla infused sugar in an airtight container (re-use the Gahara canister!) in a dry place. Occasionally shake the sugar mixture. Wait two weeks before using. The vanilla sugar is will last up to one year.

TIP 2:

Store whole or scraped beans in your favorite liquor for a nice vanilla boost.













